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*Linking technology and psychology:
feeding the mind, energy for life*



ABSTRACT BOOK

ECP 2015

Abstract Book

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THE PAIN AND SUFFERING OF CHILDREN WITH SERIOUS ILLNESSES

E13. Health and clinical intervention - Psycho-oncology and psychological support in chronic diseases

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Aim: Assessment of the behavioral, emotional and cognitive aspects in the pediatric pain. This project started in May 2012 and will finish in December 2014. **Design:** Observational study – intergroup – open label – single group for each disease by using these tools: (1) Pain assessment scales: VASn and Wong Backer (rating of intensity) (2) Pediatric Pain Coping Inventory (questionnaire) (3) Projective Drawings Technique (Person, Family, Tree) (4) Short interview and observation. **Participants:** The Children (N=40) were recruited from Pediatric wards of Hospitals of Trento and Rovereto: 15 oncological, 13 rheumatic disease, 7 cystic fibrosis, 5 rare disease (7-10 years N=19; 11-14 years N=21). **Results:** The pain at present is low, but the memory of suffering is placed on medium-high levels for all diseases. Among the strategies of pain management, Social Support (staying with parents...) is the most effective coping strategy and has play an important role in the management of pain in these children. Who has suffered the most has a stronger sense of self: the more you feel emotionally adequate, less strategies are used. The males, in all projective tests, draw themselves less adequate than females.