

Accepted Manuscript

Different oscillatory entrainment of cortical networks during motor imagery and neurofeedback in right and left handers

Mathias Vukelić, Paolo Belardinelli, Robert Guggenberger, Vladislav Royter, Alireza Gharabaghi



PII: S1053-8119(19)30267-8

DOI: <https://doi.org/10.1016/j.neuroimage.2019.03.067>

Reference: YNIMG 15743

To appear in: *NeuroImage*

Received Date: 1 July 2018

Revised Date: 2 March 2019

Accepted Date: 27 March 2019

Please cite this article as: Vukelić, M., Belardinelli, P., Guggenberger, R., Royter, V., Gharabaghi, A., Different oscillatory entrainment of cortical networks during motor imagery and neurofeedback in right and left handers, *NeuroImage* (2019), doi: <https://doi.org/10.1016/j.neuroimage.2019.03.067>.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

1 **Different oscillatory entrainment of cortical networks during motor**
2 **imagery and neurofeedback in right and left handers**

3 **Authors**

4 Mathias Vukelić, Paolo Belardinelli, Robert Guggenberger, Vladislav Royter, Alireza
5 Gharabaghi*

6 **Institution**

7 Division of Functional and Restorative Neurosurgery, and Tuebingen Neuro Campus,
8 Eberhard Karls University Tuebingen, Germany

9

10 ***Correspondence**

11 Professor Alireza Gharabaghi (alireza.gharabaghi@uni-tuebingen.de), Division of
12 Functional and Restorative Neurosurgery, Eberhard Karls University, Otfried-Mueller-
13 Str.45, 72076 Tuebingen, Germany

14

15 **Number of words: 6579 Number of Figures: 6 Number of Tables: 5**

16

17 **Acknowledgements and Funding:**

18 This work was supported by the Baden-Wuerttemberg Foundation [NEU005,
19 NemoPlast]. MV, RG and VR were supported by the Graduate Training Centre of
20 Neuroscience & International Max Planck Research School, and Graduate School of
21 Neural and Behavioral Sciences, Tuebingen, Germany. MV is currently working at
22 the Institute of Human Factors and Technology Management IAT, University of
23 Stuttgart, Germany, and the Fraunhofer Institute for Industrial Engineering IAO,
24 Stuttgart, Germany. PB is currently working at the Department of Neurology &
25 Stroke/Hertie Institute for Clinical Brain Research (University of Tuebingen). AG is

26 supported by the German Federal Ministry of Education and Research [BMBF
27 13GW0119B, IMONAS; 13GW0214B, INSPIRATION; 13GW0270B, INAUDITAS].
28 We thank Christoph Braun and Kevin Kern for helpful comments on the manuscript.
29 Furthermore, we thank Sudarshan Sekhar for technical support during the
30 measurements.

31 **Data availability statement:** The dataset is available for qualified researchers upon
32 reasonable request.

33 **Data code statement:** All data analysis was performed offline with scripts in
34 MATLAB® and available codes from open source toolboxes that are referenced in
35 the paper.

36 **Competing Interests:** The authors report no conflict of interest.

38 **Abstract**

39 Volitional modulation and neurofeedback of sensorimotor oscillatory activity is
40 currently being evaluated as a strategy to facilitate motor restoration following stroke.
41 Knowledge on the interplay between this regional brain self-regulation, distributed
42 network entrainment and handedness is, however, limited.

43 In a randomized cross-over design, twenty-one healthy subjects (twelve right-
44 handers [RH], nine left-handers [LH]) performed kinesthetic motor imagery of left (48
45 trials) and right finger extension (48 trials). A brain-machine interface turned event-
46 related desynchronization in the beta frequency-band (16-22 Hz) during motor
47 imagery into passive hand opening by a robotic orthosis. Thereby, every participant
48 subsequently activated either the dominant (DH) or non-dominant hemisphere (NDH)

49 to control contralateral hand opening. The task-related cortical networks were studied
50 with electroencephalography.

51 The magnitude of the induced oscillatory modulation range in the sensorimotor cortex
52 was independent of both handedness (RH, LH) and hemispheric specialization (DH,
53 NDH). However, the regional beta-band modulation was associated with different
54 alpha-band networks in RH and LH: RH presented a stronger *inter*-hemispheric
55 connectivity, while LH revealed a stronger *intra*-hemispheric interaction. Notably,
56 these distinct network entrainments were independent of hemispheric specialization.
57 In healthy subjects, sensorimotor beta-band activity can be robustly modulated by
58 motor imagery and proprioceptive feedback in both hemispheres independent of
59 handedness. However, right and left handers show different oscillatory entrainment of
60 cortical alpha-band networks during neurofeedback. This finding may inform
61 neurofeedback interventions in future to align them more precisely with the
62 underlying physiology.

63

64 **Keywords:** Brain-robot interface, brain-computer interface, robotic rehabilitation,
65 cortical connectivity, closed-loop stimulation, state-dependent stimulation, stroke

66

67 **Abbreviations:** DH, dominant hemisphere; EEG, electroencephalographic; ERD,
68 event-related desynchronization; ERSP, event-related spectral perturbation; iCOH,
69 imaginary coherence; LH, left-hander; ME, motor execution; MI, motor imagery; NDH,
70 non-dominant hemisphere; PMC, premotor cortex; PSI, phase slope index; RH, right-
71 hander RH

72

73 Introduction

74 Activation of the cortical motor system in the absence of overt movement using motor
75 imagery and brain-machine interface (BMI) assisted feedback is currently being
76 investigated as a potential therapeutic intervention for stroke patients with persistent
77 motor deficits. This approach is based on the rationale that sensorimotor oscillations
78 show typical patterns of event-related desynchronization (ERD) and synchronization
79 (ERS) during both motor execution and imagery [Pfurtscheller and Lopes da Silva,
80 1999]. Notably, these fluctuations were shown to be modified by aging and
81 neurological disorders. During healthy aging, baseline power levels of spontaneous
82 beta oscillations were elevated with a concurrent increase of the magnitude of
83 movement-related ERD, thereby suggesting that a specific beta power threshold
84 needed to be reached for movement execution [Rossiter et al., 2014b; Heinrichs-
85 Graham et al., 2016]. After stroke, the movement-related beta ERD/ERS modulation
86 range was compromised proportionally to the motor impairment level, thereby
87 providing a potential physiological target for therapeutic interventions [Rossiter et al.,
88 2014a; Shiner et al., 2015].

89 Functionally relevant modulations of cortico-muscular coherence in the oscillatory
90 beta-band were, furthermore, detected in patients with long-term, severe motor
91 deficits after BMI assisted rehabilitation training [Belardinelli et al., 2017]. Moreover, a
92 frequency-specific correlation between sensorimotor beta-band dynamics modulated
93 by BMI neurofeedback and subsequent improvements in an actual motor task was
94 recently demonstrated [Naros et al., 2016; Naros and Gharabaghi, 2015]. Such a
95 correlation was, however, not observed between, e.g., alpha activity (another
96 biomarker often used for BMI interventions) and motor performance. Promoting the
97 ability to voluntarily control beta-oscillations on the basis of proprioceptive feedback

98 might, therefore, improve motor control by facilitating the communication between the
99 motor cortex and muscles in the same frequency band [Kraus et al., 2016a; Royter
100 and Gharabaghi, 2016; Romei et al., 2016; Gharabaghi, 2016; Darvishi et al., 2017;
101 Khademi et al., 2018].

102 Beta power neurofeedback tasks might, however, be frustrating even for healthy
103 subjects [Fels et al., 2015] and proved to be particularly challenging to stroke patients
104 due to their compromised modulation range [Gomez-Rodriguez et al., 2011; Brauchle
105 et al., 2015]. Frustration and challenge in these neurofeedback studies may,
106 however, also be related to intrinsic factors such as hemispheric dominance. The
107 participants in previous studies were usually right-handers (RH), but trained either
108 their dominant (left) or non-dominant (right) hemisphere (DH, NDH). Specifically,
109 healthy participants [Fels et al., 2015] and stroke patients [Gomez-Rodriguez et al.,
110 2011; Brauchle et al., 2015] in previous studies trained robotic control of their left
111 upper extremity with the non-dominant right hemisphere. The reported limitations
112 may therefore, at least in part, be related to hemispheric dominance. Along these
113 lines, right-handed healthy subjects in another study performed motor imagery of
114 either hand and showed greater beta desynchronization for right hand motor imagery
115 in the left motor cortex than vice versa [Burianová et al., 2013]. This limited
116 magnitude of imagery-related neural activation in the right hemisphere may be
117 explained by either handedness, i.e., dominance of the left hemisphere in right-
118 handers, or by general hemispheric differences.

119 To test these hypotheses, we investigated the beta modulation range of each
120 hemisphere with a neurofeedback intervention in both right- and left-handers.
121 Furthermore, we studied oscillatory entrainment of cortical network connectivity to
122 elucidate task-related intra- and interhemispheric interactions.

123 **Methods**

124 *Subject recruitment*

125 We recruited 25 healthy subjects (mean age = 25.9 ± 3.7 years, 7 female).
126 Handedness was assessed using the Edinburgh Handedness Inventory [Oldfield,
127 1971]. Subjects were assigned into two groups of either consistent right-handers
128 (score ≥ 70 in the Edinburgh Handedness Inventory) or consistent left-handers
129 (score ≤ -70 in the Edinburgh Handedness Inventory). This resulted in the
130 participation of twelve right-handed (Edinburgh mean score of 84.2 ± 10.8 , maximal
131 score of +100) and nine left-handed (Edinburgh mean score of -86.1 ± 15.3 , maximal
132 score of -100) subjects in this study. Four subjects had to be excluded from the study
133 since they did not fulfill the inclusion criteria with regard to handedness. The motor
134 imagery ability of subjects participating in this study was assessed using the KVIQ
135 [Malouin et al., 2007] and revealed no significant differences between right- and left-
136 handers. Subjects gave their written informed consent before participation and
137 received financial compensation. The study protocol was approved by the ethics
138 committee of the Medical Faculty of the University of Tuebingen.

139 *Data acquisition*

140 All subjects were comfortably seated upright in a chair. Scalp
141 electroencephalographic (EEG) potentials were recorded (Brain Amp, Brain Products
142 GmbH, Germany) from 32 positions in accordance with the international 10-20
143 system (Fig. 1 A): Fp1, Fp2, F3, Fz, F4, FT7, FC5, FC3, FC1, FC2, FC4, FC6, FT8,
144 C5, C3, C1, Cz, C2, C4, C6, TP7, CP5, CP3, CP1, CPz, CP2, CP4, CP6, TP8, P3,
145 P4, POz, with active Ag/AgCl electrodes (acti CAP, Brainproducts GmbH, Germany).
146 FCz was used as a common reference and grounded to AFz. All impedances were

147 kept below 20 k Ω at the onset of each session. EEG data was digitized at 1 kHz,
148 high-pass filtered with a time constant of 10sec, transmitted to the BCI2000 software
149 for online processing and stored for off-line analysis. The code from the toolbox is
150 available online [<http://www.schalklab.org/research/bci2000>; Schalk et al., 2004].

151 [Insert Figure 1A approximately here]

152 *Experimental paradigm*

153 Subjects performed one session with imagery of the right hand and one session with
154 imagery of the left hand, thereby modulating regional brain activity in the dominant
155 and non-dominant hemisphere, respectively.

156 During the task, subjects were attached to a robotic hand orthosis (Amadeo®
157 system, Tyromotion GmbH, Austria). This orthosis was used to open the hand, i.e.,
158 providing closed-loop visual and haptic/proprioceptive feedback contingent to
159 volitional modulation of regional sensorimotor beta (β)-oscillations induced by MI
160 [Vukelić et al., 2014; Gharabaghi et al., 2014]. Contingent feedback to successful
161 volitional modulation meant that as soon as the predefined ERD level was achieved,
162 the participants were rewarded by the robotic opening of the hand which they saw
163 and felt. However, if the targeted brain state could not be sustained, the robotic
164 movement ceased again but could be resumed within the same trial if the predefined
165 brain state was attained again [Naros et al. 2016]. Subjects were instructed to
166 perform kinesthetic MI [Neuper et al., 2005] throughout the MI period. This resulted in
167 event-related desynchronization of β -oscillations (β -ERD) over contralateral
168 sensorimotor regions [Pfurtscheller and Lopes da Silva, 1999]. The subjects were
169 also instructed to observe the robotic hand as it opened. This incorporation of
170 feedback from multiple sensory modalities has been shown to significantly enhance

171 volitional brain control [Suminski et al., 2010; Vukelić and Gharabaghi, 2015a;
172 Brauchle et al., 2015].

173 The sessions were randomized across the subjects. Each session consisted of three
174 runs of four minutes with each run separated into sixteen trials. Each trial consisted
175 of a cued task design with different task epochs, where an auditory cue was used to
176 indicate the beginning of each epoch. Every trial was initiated by a preparatory epoch
177 (2s, indicated by a Right/Left hand auditory cue), followed by a MI epoch of hand
178 opening (6s, indicated by a GO auditory cue), and completed by a rest period (6s,
179 indicated by a Relax auditory cue). The participants performed motor imagery
180 throughout the 6 s MI period. Fig. 1 B provides an overview of the experimental
181 paradigm. For the online classification of successful β -modulation, an adaptive linear
182 classifier was used as described previously [Vukelić et al., 2014; Gharabaghi et al.,
183 2014]. In short, during each trial, the spectral oscillatory power of the preceding 500
184 ms was estimated every 40 ms using an autoregressive model based on the Burg
185 Algorithm with a model order of 32 [McFarland and Wolpaw, 2008]. During each
186 session, we used 9 features for our linear classification consisting of 2-Hz frequency
187 bins (16-22 Hz) and three channels overlying sensorimotor areas contralateral to the
188 movement imagery of right- (FC3, C3, and CP3) or left-hand (FC4, C4, and CP4). A
189 decrease in spectral β -power (β -ERD) during the MI epoch was estimated relative to
190 the average power of the rest and preparation phases of the last 15s.

191 When a predefined (see below) level of β -ERD was classified in five consecutive 40
192 ms epochs (i.e., 200 ms of consistent β -ERD), the robotic orthosis extended the
193 fingers of the hand. When the predefined level of β -ERD was not achieved, the
194 orthosis stopped, thus resulting in contingent closed-loop haptic feedback to MI. At
195 the end of the trial, the orthosis returned to the starting position. To account for

196 different abilities of β -band modulation, we identified the strongest individual β -ERD
197 of each participant by performing one training run for calibration prior to the
198 experiment. From this calibration run, we defined three threshold values representing
199 different difficulty levels, i.e., the 50% (low difficulty), 30% (moderate difficulty), or
200 10% (high difficulty) of the strongest, subject-specific β -ERD, respectively. In the
201 following experimental runs, feedback was provided only when the subjects reached
202 either 50% (first run), 30% (second run), or 10% (third run) of their strongest β -ERD.
203 Thereby, the difficulty level increased subsequently throughout the session, ensuring
204 that the participants remained in the deliberative phase of skill acquisition with high
205 demands for volitional brain modulation [Bauer and Gharabaghi, 2015 a, b; 2017;
206 Bauer et al., 2016 a, b]. To minimize the influence of muscular activity, subjects were
207 instructed not to perform any movements. This was ensured by monitoring online
208 bilateral forearm muscle activity of the Flexor Carpi Radialis (FCR) and Extensor
209 Carpi Radialis (ECR) muscles.

210 [Insert Figure 1 B approximately here]

211 *Data pre-processing*

212 All runs were grouped together, resulting in an EEG data stream of twelve minutes
213 per subject. Artifacts EEG channels, as determined by visual inspection, were
214 removed. Altogether, we excluded eight EEG channels (Fp1, Fp2, FT7, FT8, C5, C6,
215 TP7, and TP8) from offline-analysis to maintain the same number of channels in each
216 subject. We used two temporal windows for the analysis of the cortico-cortical
217 connectivity: rest epoch (6 s) and MI epoch (6 s). Epochs were rejected if they
218 contained a maximum deviation above 60 μ V in any of the EEG channels [Sanei,
219 2007] or if muscular activity (± 0.015 mV) contralateral to movement was detected.
220 The EEG signals were detrended, zero-padded and band-pass filtered between 1 to

221 48 Hz for calculation of imaginary coherence (iCOH) [Nolte et al., 2004] across
222 frequencies. A frequency filter of 6 to 16 Hz was chosen for the calculation of
223 effective connectivity in the alpha (α)-frequency range using the phase slope index.
224 For calculation of event-related spectral perturbation (ERSP), signals were band-
225 pass filtered between 14 to 24 Hz. The filtering procedures were performed with a
226 first order zero-phase lag FIR filter as implemented in the signal processing toolbox
227 of MATLAB®.

228 *Calculation of β -modulation range*

229 The frequency band and the EEG electrodes implemented in self-regulation and
230 neurofeedback were also applied to calculate the individual β -modulation range for
231 each subject as a performance measure of the ability for volitional brain modulation
232 as introduced previously [Vukelić et al., 2014]. We consider the β -modulation range
233 to be a more physiological biomarker for feedback in cognitive and motor domains
234 than ERD alone, since both the down- and the up-regulation of β -oscillations are
235 functionally relevant and linked to GABA-A and GABA-B-mediated processes,
236 respectively [Muthukumaraswamy et al., 2013]. This approach accounted for the
237 inter-individual variability of different spectral β -peaks in the time course of the
238 different task epochs. The individual β -modulation range was based on calculating
239 offline the ERSP between 16 and 22 Hz with a frequency resolution of 0.24 Hz as
240 implemented in the EEGLAB toolbox (Delorme and Makeig, 2004). The code from
241 the toolbox is available online [<https://sccn.ucsd.edu/eeglab/index.php>]. The ERSP
242 was estimated according to

$$ERSP(f, t) = \frac{1}{n} \sum_{k=1}^n |F_k(f, t)|^2$$

243 where n is the number of electrodes used and $F_k(f,t)$ the short-time Fourier
244 transform for electrode k . We calculated the ERSP trial-wise and visualized across
245 time with -8 to -2 sec of rest epoch, -2 to 0 sec of preparatory epoch, and 0 to 6 sec
246 of MI epoch. This ERSP map was averaged over the contralateral feedback
247 electrodes (FC3/C3/CP3 or FC4/C4/CP4) for each frequency bin. Since the online
248 classification consisted of the detection of β -ERD during the MI epoch relative to the
249 average of the rest and preparation epochs, we estimated the individual β -modulation
250 range accordingly. By including the preparatory phase of the task, we could provide
251 feedback to the β -ERS also, thereby enhancing the achievable β -modulation range,
252 i.e., the maximum difference between ERD and ERS. The modulation range was not
253 affected by the baseline selection in the same way as the ERD. Furthermore, this
254 rescaling had the benefit of facilitating the use of a fixed threshold for the feedback
255 throughout the experiment as the power estimate was normalized. Moreover, due to
256 this normalization approach, tonic beta-power changes had less influence on the
257 estimates. By using the very same methodology we could show in our previous work
258 that a brain-machine interface might offer a way to bridge the gap between two
259 distinct abilities and cortical alpha-band networks underlying motor control, i.e., a
260 motor imagery network and a motor execution network [Bauer et al., 2015].

261 More specifically, we estimated the individual frequency bin of the ERSP with the
262 largest difference between the minimum in the MI epoch (describing the maximum
263 desynchronization potential) and the maximum in the rest and preparatory epoch
264 (describing the maximum synchronization potential). This magnitude thus reflected
265 the ability of maximally modulating sensorimotor brain activity during the task. Finally,
266 we averaged the ERSP across trials on an individual basis and across the subject's
267 individual maximum β -modulation range on a group level, resulting in a β -modulation

268 range for MI related modulations of the dominant and the non-dominant hemisphere,
269 respectively.

270 *Estimation of cortico-cortical connectivity*

271 The estimation of the iCOH and PSI functions were based on an estimation of the
272 complex coherency function, with neither of the measures being prone to problems of
273 volume conduction [Nolte et al., 2004; Nolte et al., 2008]. More specifically, iCOH
274 makes it possible to inspect the whole spectrum and represents a robust functional
275 connectivity measure ignoring relations at zero phase lag and therefore indicating
276 only the relative coupling of phases, i.e., the time-lag between two brain processes
277 [Nolte et al., 2004]. iCOH was applied to derive a suitable frequency band for the
278 subsequent analysis with the final outcome measure of our study, i.e., the phase
279 slope index (PSI) [Nolte et al., 2008]. Statistics were therefore calculated for the PSI
280 only. PSI represents a more sophisticated connectivity approach that provides further
281 information about the direction of causal relations among brain processes, i.e.,
282 effective connectivity, by giving an average of the phase slope spectrum between two
283 time series [Nolte et al., 2008].

284 For the estimation of the complex coherency function, each valid epoch was
285 subdivided into segments of 1 sec length with 50% overlap, corresponding to a
286 frequency resolution of $\delta f = 1$ Hz [Nolte et al., 2004; Nolte et al., 2008]. Overlapping
287 the segments increases the dependency between segments. However, this is not an
288 issue for PSI. Overlapping segments are asymptotically unbiased and are able to
289 reduce noise (at the cost of frequency resolution). A smooth spectrum is essential
290 since the linear phase-slope is then less affected by noisy estimates. Furthermore,
291 overlapping segments reduce the loss of data when one segment is rejected due to
292 artifacts.

293 Each segment was multiplied by a Hanning window. A Fourier transformation of the
 294 data resulted in an estimation of the cross-spectra between two time-series [Nolte et
 295 al., 2004; Nolte et al., 2008]. The complex coherency function was defined as the
 296 normalized cross-spectrum for channels i and j , respectively:

$$C_{ij}(f) = \frac{S_{ij}(f)}{\sqrt{S_{ii}(f)S_{jj}(f)}}$$

297 where $S_{ij}(\cdot)$ was the cross-spectrum between channels i and j , and $S_{ii}(\cdot)$, $S_{jj}(\cdot)$
 298 represented the auto-spectra for channels i and j , respectively. Robust estimates of
 299 the probability of stable phase lags across frequencies (likelihood of stable phase
 300 lags, see Figure 3 and 4) were obtained by averaging the absolute value of the iCOH
 301 function across frequencies of the rest and MI epoch, respectively. This established
 302 the probability that certain frequencies show stable phase lags (presence or absence
 303 of neuronal communication) among electrode sites, therefore indicating persistent
 304 and consequently activated connections during both rest and MI epochs,
 305 respectively. Here, we used a corrected version of the iCOH function [Ewald et al.,
 306 2012]. In addition, we separated this phase lag stability from the noise floor as
 307 described by a $1/f$ noise model [Blankertz et al., 2010]. PSI is defined as the
 308 weighted sum of the slope of the phase spectrum of the normalized cross-spectra
 309 [Nolte et al., 2008]. We chose the frequency range between 8 and 14 Hz to estimate
 310 the effective connectivity in the α -range on the basis of a pronounced peak above
 311 noise floor in the probability of observing stable phase lags in this range. PSI was
 312 calculated as originally proposed by [Nolte et al., 2008]:

$$PSI_{ij}(f) = \Im \left(\sum_{f \in F} C_{ij}^*(f) C_{ij}(f + \delta f) \right),$$

313 where C_{ij} was the complex coherency between channels i and j , and δf was the
 314 frequency resolution. $\Im(\cdot)$ denoted the imaginary part of the coherency while F was
 315 the frequency band over which the slope was summed [Nolte et al., 2008]. This
 316 resulted in PSI estimations for all unrejected epochs of the rest and MI phase,
 317 respectively. For the estimation of the complex ordinary coherency, a Welch method
 318 was used as described above. All data analysis was performed offline with custom
 319 written or adapted scripts in MATLAB®. The code for calculating PSI is available
 320 online [<http://doc.ml.tu-berlin.de/causality/>, Nolte et al., 2008]. From this code we
 321 adopted the calculation of the ciCOH as described in detail above.

322 *Statistical evaluation of cortico-cortical effective connectivity*

323 The sign of PSI indicates whether the channel is a transmitter (positive sign) or a
 324 receiver (negative sign), and the sign, but not the magnitude of PSI, is independent
 325 from the power fluctuation of the signals. Averaging the sign of PSI across unrejected
 326 epochs results in a robust estimation of the likelihood of a connection being either a
 327 transmitter or a receiver, which is indicative of a persistent and thus stable direction
 328 of transmission throughout the rest and MI epochs, respectively. Bearing this in mind,
 329 the probability that a connection between two channels i and j is transmitting or
 330 receiving, i.e., the likelihood of phase slope index (LPSI) was calculated as follows:

$$LPSI_{ij}(f) = \frac{\sum_e^E \text{sgn} \left(\Im \left(\sum_{f \in F} C_{ij}^*(f, e) C_{ij}(f, e + \delta f) \right) \right)}{E}$$

331
 332 where e and E represent the number of epochs over which the sign (sgn) was
 333 averaged. This resulted in LPSI scores for the rest and MI epochs, respectively. To
 334 account for the low number of samples and the subsequent possibility of non-
 335 normality, we used an empirical distribution technique, i.e., a surrogate data

336 approach [Kamiński et al., 2001, Babiloni et al., 2005; Haufe et al., 2013]. For the
337 surrogates, we chose the original data, in which the temporal order had been
338 randomly permuted separately for each channel time series and for each unrejected
339 epoch of the subjects. This procedure destroys all the temporal structure within a
340 time series as well as the interdependency between the time series and affords the
341 PSI estimates the opportunity to establish a null distribution. PSI estimates were then
342 calculated from this randomly and independently shuffled time series. The shuffling
343 procedure was performed 1000 times for each subject and epoch (rest and MI
344 separately) and, finally, averages of LPSI scores across the surrogates were taken
345 into consideration. Hence, we were able to perform two sided t-tests on the
346 differences of connectivity scores obtained on original and permuted data [Haufe et
347 al., 2013] assuming an alpha error of $p < 0.05$ as significant, corrected for multiple
348 comparisons by limiting the false discovery rate (FDR) to 5% [Benjamini and
349 Hochberg, 1995].

350

351 **Results**

352 *Beta modulation range in both hemispheres is independent of handedness*

353 Fig. 2 A and B show the ERSP during MI related sensorimotor β -modulations of the
354 dominant hemisphere (DH) and the non-dominant hemisphere (NDH) in RH (upper
355 plots) and LH (lower plots), respectively. The plots illustrate that both groups
356 displayed a strong decrease of β -power over contralateral sensorimotor cortices
357 during the MI epoch in comparison to the rest epoch. Both groups showed their
358 maximal synchronization during the preparatory epoch. Fig. 2C shows the ability for
359 MI- related β -modulations of regional sensorimotor areas for both DH and NDH in RH
360 and LH, respectively. We used a two by two ANOVA to ascertain whether the factors

361 Handedness (RH, LH) or Hemispheric Dominance (DH, NDH) had an influence on
362 the distribution of β -modulation range. The RH/LH by DH/NDH ANOVA revealed no
363 significant effects on the differences of the distribution of β -modulation range (see
364 Table 1).

365 [Insert Figure 2 approximately here]

366 *Cortical networks during motor imagery of dominant hand*

367 We observed an increase in the likelihood of stable phase lags over the noise floor in
368 the α -range (between 8 and 14 Hz) in both RH and LH during the MI and rest epoch
369 (left panel in Fig. 3 A and 3 B). This likelihood decreased with increasing frequency
370 while showing no relevant elevation over the noise floor when monitoring higher
371 frequencies such as β - and γ - activity. The directionality across cortico-cortical sites
372 of these stable phase lags in the α -range was estimated using the PSI function and is
373 illustrated on the right panel in Fig. 3 A and 3 B, separately for the MI (left figures)
374 and rest epoch (right figures) as a global average across RH and LH, respectively.

375 During the MI epoch, RH showed prominent information flow between CP5/CP3/CP1
376 and P3/POz electrodes, referred to as SM (sensorimotor) and POc (parieto-occipital),
377 respectively. It should, however, be borne in mind that the acronyms (e.g., SM) that
378 are applied for the electrode groups in this study are used in a descriptive way only.
379 Furthermore, RH exhibited conspicuous interhemispheric information flow between
380 C1/C3/CP1/CP5 and FC6 electrodes, referred to as SM and vPM (ventral premotor),
381 respectively, as well as between C2/C4 and FC6 electrodes. During the rest epoch,
382 RH indicated information flow between CP3/CP5/CPz and P3/POz electrodes.

383 By contrast, LH exhibited strong bilateral intra-hemispheric coupling during the MI
384 epoch between C2/C4/CP1/CP2/CP4/CP6/CPz and P3/P4/POz electrodes. This

385 effect was more pronounced in the contralateral hemisphere. The bilateral
386 intrahemispheric coupling was similarly activated during the rest epoch in LH.

387 *Cortical networks during motor imagery of non-dominant hand*

388 Sensorimotor β -modulations of the NDH showed a pronounced increase in the
389 likelihood of stable phase lags over the noise floor in the α -range (between 8 and 14
390 Hz) for both RH and LH during the MI and the rest epoch, (left panel in Fig. 4A and
391 B). Furthermore, when monitoring higher frequencies from β - to γ -range, this
392 likelihood showed no relevant elevation over the noise floor. The right panel depicts
393 the topographical causal interactions across cortico-cortical sites in the α -range,
394 separately for the MI epoch (left figures) and the rest epoch (right figures) as a global
395 average across RH and LH, respectively.

396 During the MI epoch, a pronounced information flow was observed in RH between
397 CP4/CP5/CP6 and P3/P4/POz electrodes. Furthermore, F3 and FC5 electrodes,
398 referred to as FR (ipsilateral frontal) and vPM, respectively, received information from
399 C2/C4/CPz/CP2/CP4/CP6 electrodes. During the rest epoch, RH showed
400 contralateral information flow between CP4/CP6 and P4/POz electrodes.

401 On the other side, LH engaged in a strong bilateral intra-hemispheric information flow
402 between CP4/CP5/CP6 and P3/P4/POz electrodes as well as between midline Fz
403 and CP4/CP5/CP6 electrodes during the MI epoch. During the rest epoch, LH
404 exhibited contralateral information flow between CP4/CP5/CP6 and P3/P4/POz
405 electrodes.

406 [Insert Figure 3 approximately here]

407 [Insert Figure 4 approximately here]

408 *Different neuronal strategies*

409 We analyzed the results with a two by two ANOVA to test the factors (RH/LH and
410 DH/NDH) with regard to their impact on the distribution of the likelihood (LPSI scores)
411 of information flow during the MI epoch. Hence, the *inter*-hemispheric and the *intra*-
412 hemispheric information flow were grouped according to regions of interest. In
413 particular, we defined *inter*-hemispheric information flow (communication between the
414 two hemispheres) as crossing midline central electrodes, while *intra*-hemispheric
415 information flow (communication within each hemisphere) was defined as not
416 crossing midline central electrodes, as specified in detail below.

417 We therefore averaged the LPSI scores of transmission from C2/C4/CP2/CP4/CP6
418 (right SM) to F3/FC5 (left FR/vPM) electrodes during the MI epoch for each subject.
419 The probability of interhemispheric SM-FR information (Right SM-Left FR) flow for
420 both RH and LH and for both DH and NDH are summarized in Fig. 5A. The RH/LH by
421 DH/NDH ANOVA is shown in Table 2. RH showed a higher probability of
422 interhemispheric SM-FR information flow than LH (significant main effect for
423 Handedness $F_{(1,38)} = 5.13$, $p = 0.02$). Furthermore, RH showed a higher probability of
424 interhemispheric SM-FR information flow for NDH than for DH (significant main effect
425 Hemispheric Dominance $F_{(1,38)} = 5.8$, $p = 0.02$, post hoc analysis, two sided t-test, p-
426 value = 0.01).

427 We next averaged each subject's LPSI scores of transmission from
428 C1/C3/CP1/CP3/CP5 (left SM) to FC6 (right vPM) electrodes during the MI epoch.
429 The likelihood of interhemispheric SM-vPM information flow (Left SM-Right vPM) for
430 RH and LH and for DH and NDH is shown in Fig. 5B. The RH/LH by DH/NDH
431 ANOVA is shown in Table 3. RH showed a higher likelihood of interhemispheric SM-

432 vPM information flow than LH (significant main effect for Handedness $F_{(1,38)} = 6.67$, p
433 $= 0.01$).

434 We also averaged the LPSI scores of transmission from C1/C3/CP1/CP3/CP5 and
435 C2/C4/CP2/CP4/CP6 (SM) to P3/POz and P4/POz (POc) electrodes, respectively,
436 during the MI epoch for each hemisphere and subject. This value was taken to be an
437 indicator of intra-hemispheric SM-POc communication. The results of the likelihood of
438 left and right intra-hemispheric SM-POc communication (Left SM-POc and Right SM-
439 POc) for both RH and LH and for both DH and NDH are illustrated in Figs. 5C and D,
440 respectively. The RH/LH by DH/NDH ANOVA for the likelihood of left intra-
441 hemispheric SM-POc information flow as a dependent variable is shown in Table 4.
442 LH showed a higher left hemispheric SM-POc likelihood than RH (significant main
443 effect for Handedness $F_{(1,38)} = 8.86$, $p = 0.005$). The RH/LH by DH/NDH ANOVA for
444 the likelihood of right intra-hemispheric SM-POc information flow as a dependent
445 variable is shown in Table 5. Again, LH showed the higher likelihood of right intra-
446 hemispheric SM-POc communication (significant main effect for Handedness $F_{(1,38)}$
447 $= 11.1$, $p = 0.002$).

448 [Insert Figure 5 approximately here]

449 *Ability for volitional β -modulation and the neuronal network correlates*

450 The values of the LPSI scores of inter-hemispheric SM-FR and intra-hemispheric
451 SM-POc are plotted against the β -modulation range for RH and LH, respectively in
452 Fig. 6. The two plots in Fig. 6 A illustrate the relationships of MI related sensorimotor
453 β -modulations of DH for RH (left side) and LH (right side), respectively:

454 In RH, higher likelihoods of *inter-hemispheric* SM-vPM information flow (Left SM-
455 Right vPM) correlated positively with their self-regulation ability (MI related

456 modulations of β -band oscillations of the dominant hemisphere) for the DH
457 (Pearson's correlation coefficient $r_{ps} = 0.65$, p -value = 0.02). This accounted for as
458 much as 43% of the variance in this ability in RH (linear regression analysis, $R^2 =$
459 0.43).

460 In LH, higher likelihoods of *right intra-hemispheric* SM-POc information flow (Right
461 SM-POc) correlated positively with their self-regulation ability (MI related modulations
462 of β -band oscillations of the dominant hemisphere) for the DH (Pearson's correlation
463 coefficient $r_{ps} = 0.70$, p -value = 0.03). This accounted for 42% of the variance in this
464 ability in LH (linear regression analysis, $R^2 = 0.42$).

465 The two plots in Fig. 6B illustrate the relationships between MI-related sensorimotor
466 β -modulations of NDH for RH (left side) and LH (right side), respectively:

467 In RH, higher likelihoods of *inter-hemispheric* SM-FR information flow (Right SM-Left
468 FR) correlated positively with their self-regulation ability (MI related modulations of β -
469 band oscillations of the non-dominant hemisphere) for the NDH (Pearson's
470 correlation coefficient $r_{ps} = 0.61$, p -value = 0.03). This accounted for as much as 36%
471 of the variance in this ability in RH (linear regression analysis, $R^2 = 0.36$).

472 In LH, higher likelihoods of midline Fz to CP1/CPz information flow correlated
473 negatively with their self-regulation ability (MI related modulations of β -band
474 oscillations of the non-dominant hemisphere) for the NDH (Pearson's correlation
475 coefficient $r_{ps} = -0.75$, p -value = 0.02). This accounted for 50% of the variance in this
476 ability in LH (linear regression analysis, $R^2 = 0.50$).

477 [Insert Figure 6 approximately here]

478
479

480 **Discussion**

481 This study revealed that both RH and LH could volitionally modulate regional
482 sensorimotor β -oscillations without any significant difference in the distribution of the
483 β -modulation range. This performance was independent of DH and NDH,
484 respectively (Fig. 2). However, RH and LH showed different patterns of network
485 activity between distributed cortical regions during this task. These coherent
486 communications were specific for the oscillatory α -range (Fig. 3 and 4), in line with
487 the known role of this frequency band for sensorimotor behavior [Jensen et al., 2010;
488 Capotosto et al., 2009; Haegens et al., 2011; Klimesch et al., 2012; Weisz et al.,
489 2014], integration and information coupling of distant cortical regions [Palva and
490 Palva, 2011; Pineda, 2005; Bollimunta et al., 2008; Mo et al., 2011; Palva et al.,
491 2011], and task-specific neurocognitive strategies [Smith et al., 1999, 2001].
492 Moreover, the results supported our previous findings of cross-frequency interactions
493 within the sensorimotor system [Bauer et al., 2014; Vukelić et al., 2014; Vukelić and
494 Gharabaghi, 2015 a, b]. The various cortical regions which were active during self-
495 regulation of regional β -activity in RH and LH corresponded to the different areas
496 involved during both imagined and executed movements [Miller et al., 2010; Wander
497 et al., 2013; Averbeck et al., 2009; Gao et al., 2011; Karabanov et al., 2012; Koch et
498 al., 2007]:

499 In the rest epoch of the task, which included the passive orthotic hand movement to
500 the starting position and the stable rest state, a dominant information flow occurred
501 between contralateral sensorimotor and parieto-occipital regions. This activation of
502 precentral and postcentral regions tallied well with the cortical activation pattern for
503 passive wrist movements found in earlier studies [Szameitat et al., 2012]. The
504 interconnection of these areas with parietal regions is consistent with the view that

505 the parietal cortex acts as an important node for visuomotor and sensorimotor
506 integration, providing information about the current state of the hand by integrating
507 sensory feedback [Gandolla et al., 2014].

508 *Regional event-related modulation of β -power*

509 As anticipated, we observed β -power synchronization in the preparatory and
510 relaxation epoch, and β -power desynchronization in the MI epoch. The
511 desynchronization of β -power has already been reported during both ME and MI
512 [McFarland et al., 2000], reflecting the conjunction of several factors related to
513 sensorimotor and cognitive aspects of motor control, and indicating the activation of
514 the sensorimotor system in association with an increase in cortical and peripheral
515 communication [Kilavik et al., 2013; Baker et al., 2003; Jackson et al., 2002]. The
516 synchronization of β -power during the relaxation epoch following MI is related to the
517 same physiological mechanism as the β -rebound after movement execution
518 [Pfurtscheller and Solis-Escalante, 2009; Solis-Escalante et al., 2012]. This is
519 indicative of an active inhibition of the regional sensorimotor areas following
520 termination of a motor program, i.e., MI of hand movements. By contrast, the β -power
521 increase during the preparatory epoch might reflect regional communication for an
522 efficient preparation or an anticipatory up-regulation of attention in the sensorimotor
523 system before the MI epoch [Kilavik et al., 2013]. Therefore, our results indicate that
524 RH and LH apply similar strategies for the event-timing of regional modulations of β -
525 oscillations for their respective DH and NDH, resulting in the same self-regulation
526 performance regardless of handedness and hemispheric dominance. In future, a
527 combination of this exploration of task-related oscillatory properties with
528 complementary mapping approaches such as refined transcranial magnetic
529 stimulation techniques [Kraus and Gharabaghi, 2015; Mathew et al., 2016] may

530 elucidate how hemispheric similarities in sensorimotor β -self-regulation relate to
531 hemispheric differences of the cortical motor map [Kraus and Gharabaghi, 2016].

532 *Large-scale neuronal signatures underlying self-regulation of regional brain activity in*
533 *right- and left-handers*

534 In the present study on volitional β -band modulation, the maximum elevation of task-
535 related cortical networks above the noise floor, i.e., “likelihood of stable phase lags”,
536 was present in the α -band (Figures 3 and 4). This finding is in line with previous
537 imaging studies based on multi-channel electroencephalography. They revealed
538 several cross-frequency interactions as summarized previously [Gharabaghi, 2016]:
539 The sensorimotor β -band self-regulation and BMI feedback entrained an extended
540 cortical α -network that included frontal and parietal brain areas [Vukelić et al., 2014;
541 Vukelić and Gharabaghi, 2015 a] with distributed but spatially selective and
542 frequency-specific effects on cortico-cortical connectivity that lasted beyond the
543 intervention period [Vukelić and Gharabaghi, 2015 b]. This cross-frequency
544 interaction in the motor network was critically linked to the proprioceptive feedback
545 provided by the BMI [Vukelić and Gharabaghi, 2015 a]. Notably, those subjects who
546 were particularly capable of performing sensorimotor brain self-regulation in the β -
547 band could be predicted by a distributed α -band resting state network measured
548 before the intervention [Bauer et al., 2015].

549 Since subjects needed to volitionally control their current neuronal state, this can be
550 considered a cognitively demanding task that engaged distributed network beyond
551 the motor area [Smith et al., 1999, 2001; Halsband and Lange, 2006]. At the same
552 time, this exercise also bears a certain similarity to a motor task, especially when
553 providing subjects with haptic/proprioceptive feedback in a brain-robot interface
554 environment. In this context, the feedback serves several purposes: explicit learning

555 involving sensory processing, online monitoring, acquisition of motor skills and
556 consolidation of motor memory [Dobkin, 2004; Krakauer and Mazzoni, 2011; Lalazar
557 and Vaadia, 2008]. We intentionally increased the task difficulty in our study to
558 maximize volitional modulation of β -band oscillatory activity over sensorimotor
559 regions. Even though RH and LH showed the same ability for regional brain control of
560 β -oscillations, distinct large-scale signatures of connectivity were found in the α -
561 range during the MI epoch of the task differentiating RH and LH. RH showed a
562 stronger inter-hemispheric connectivity than LH while LH revealed a stronger intra-
563 hemispheric interaction than RH (Figs. 3-5). This might indicate that RH and LH
564 employed different neuronal strategies for regional brain control independent of the
565 self-regulated hemisphere. This is in line with previously reported differences
566 between RH and LH for mental simulations and mental rotation tasks of dominant
567 and non-dominant hand movements [De Nooijer et al., 2013; Gonzalez et al., 2008;
568 Ionta and Blanke, 2009; Ionta et al., 2007]. This is also supported by the correlational
569 analyses (Fig. 6), which were performed in an exploratory way. The respective
570 findings should therefore be interpreted with caution and serve only as an indicator
571 for further studies by pointing to possible links between cortical networks and the
572 sensorimotor modulation range.

573 In our study, RH integrated the information flow between sensorimotor and parieto-
574 occipital regions in the contralateral hemisphere as well as between sensorimotor,
575 frontal and premotor regions of both hemispheres. The information flow between
576 these regions was not influenced by hemispheric dominance, i.e., the connectivity
577 pattern remained unchanged regardless of whether the dominant or the non-
578 dominant hemisphere was modulated. The interhemispheric communication during
579 the control of the dominant hemisphere might indicate that neurocognitive strategies
580 that rely on recall of motor memory related networks are at work [Halder et al., 2011;

581 Suzuki, 2007]. The two premotor cortices (PMC) are responsible for different aspects
582 of motor learning [Hardwick et al., 2013]. The right PMC is mainly involved in
583 advanced stages of learning and during recall of motor sequences of familiar motor
584 sequences, while the left PMC is primarily involved in the acquisition of new motor
585 sequences, particularly of unfamiliar movements [Hardwick et al., 2013; Schubotz
586 and von Cramon, 2003]. Furthermore, a dorso-ventral gradient for leg and foot, arm
587 with hand and, finally, face representations in PMC exists that is akin to the
588 topological representation in primary sensorimotor cortices [Graziano et al., 2002 a,
589 b]. The human ventral PMC (vPMC) is proportionally much larger than the dorsal
590 PMC (dPMC) [Schubotz and von Cramon, 2003], and the activation of vPMC is
591 consistently involved in paradigms requiring MI and movement observation
592 [Szameitat et al., 2012; Buccino et al., 2001; Jeannerod, 2001].

593 Hence, when RH volitionally modulated the *dominant hemisphere*, the information
594 flow between left sensorimotor and right vPMC plausibly represented the integration
595 of the imagined movement of the own hand with the current state of sensorimotor
596 features, i.e., interpreting and comparing inflow of haptic/proprioceptive information
597 with the memory of past familiar movements [Christensen et al., 2007; Vahdat et al.,
598 2011]. On the other hand, when RH volitionally modulated the *non-dominant*
599 *hemisphere*, the information flow between right sensorimotor to left vPMC and frontal
600 cortices might indicate short-term storage of sensorimotor information [Eliassen et al,
601 2000; Shadmehr and Holcomb, 1997].

602 By contrast, LH employed synchronized sensorimotor and parieto-occipital
603 communication of each hemisphere, with the information flow showing unchanged
604 activity patterns when volitionally modulating either the dominant or the non-dominant
605 hemisphere. This observed topography of information flow might serve different

606 purposes. On the one hand, the interconnection of sensory regions with parietal
607 regions is important for sensorimotor integration, providing as it does information
608 about the current state of the hand, while the sensory feedback comprises feed-
609 forward information that is important for motor learning [Gandolla et al., 2014;
610 Hardwick et al., 2013]. On the other hand, the motor-parietal connection might be
611 related to greater visuomotor integration, where higher states of coupling are possibly
612 linked to a greater capacity for visuomotor integration [Karabanov et al., 2012; Wu et
613 al., 2014; Beuter and Modolo, 2009; Feurra et al., 2011; Ma et al., 2011]. Moreover,
614 information flow from motor regions might have a top-down-related predictive
615 influence of sensory consequences upon somatosensory and parietal regions
616 [Gandolla et al., 2014] by matching haptic / proprioceptive feedback and volitional
617 control. Such a modular representation of hand and finger gestures are known to
618 exist in the circuitry of the motor cortex [Krakauer and Mazzoni, 2011].

619 There are several possible explanations for the bihemispheric activation between
620 sensorimotor and parieto-occipital regions shown by LH. One possibility is that LH
621 and RH have different anatomical connectivity patterns [Galaburda et al., 1978;
622 Witelson, 1985]. Moreover, LH show less functional asymmetries of interhemispheric
623 inhibition or facilitation between homologous sensorimotor regions [De Gennaro et
624 al., 2004; Brouwer et al., 2001; Bernard et al., 2011; Civardi et al., 2000; Netz et al.,
625 1995; Reid and Serrien, 2014]. Moreover, LH generally use their non-dominant (right)
626 hand to adapt to a preferentially right-handed world. The original hand dominance is
627 modified by an environmental factor, such that LH might not be able to fully express
628 their hand dominance and therefore do not lateralize as extensively as RH [Willems
629 et al., 2014]. However, this study revealed that, regardless of handedness, the large-
630 scale oscillatory signatures for self-regulation of brain activity remained unaffected by
631 hemispheric specialization. Even though we did not detect gender-specific effects,

632 future studies will need to evaluate this question in greater detail also [Cantillo-
633 Negrete et al., 2014].

634 Albeit acquired in healthy subjects, the findings presented here may inform
635 interventions in stroke survivors with different treatment outcomes due to their
636 respective hand dominance [Harris and Eng, 2006; Langan and van Donkelaar,
637 2008; McCombe et al., 2005; Rinehart et al., 2009]. The findings of this study suggest
638 that inherent characteristics such as hemispheric specialization and handedness do
639 not limit the application of this neurofeedback approach for patient populations. When
640 the β -modulation range is compromised after stroke right- and left-handers may,
641 however, utilize different cortical α -networks for compensation and/or relearning.
642 Addressing these neurophysiological substrates of volitional modulation of oscillatory
643 activity more specifically may enable us to develop these neurofeedback approaches
644 into more effective tools for neurorehabilitation and functional restoration.

645 When designing interventions based on brain self-regulation, individual α -band
646 networks could thus serve as more specific neuronal substrates for volitional
647 modulation than the regional sensorimotor rhythms that are presently in use.
648 Moreover, these neurophysiological profiles might provide the target for even more
649 individualized rehabilitation approaches, addressing the described network dynamics
650 with additional state-dependent interventions such as neuromodulation [Naros and
651 Gharabaghi, 2017; Kraus et al., 2016b, 2018; Gharabaghi et al., 2014].

652 **Conclusion**

653 In healthy subjects, sensorimotor β -band activity can be robustly modulated by motor
654 imagery and proprioceptive feedback in both hemispheres independent of
655 handedness. However, right and left handers show different oscillatory entrainment of

656 cortical alpha-band networks during neurofeedback. This finding may inform
657 neurofeedback interventions in future to align them more precisely with the
658 underlying physiology.

659

660 **References**

661 Averbeck, B. B., Battaglia-Mayer, A., Guglielmo, C. and Caminiti, R., 2009. Statistical
662 analysis of parieto-frontal cognitive-motor networks. *J. Neurophysiol.* 102, 1911–20.

663 Babiloni, F., Cincotti, F., Babiloni, C., Carducci, F., Mattia, D., Astolfi, L., Basilisco, A.,
664 Rossini, P. M., Ding, L., Ni, Y., Cheng, J., Christine, K., Sweeney, J. and He, B.,
665 2005. Estimation of the cortical functional connectivity with the multimodal integration
666 of high-resolution EEG and fMRI data by directed transfer function. *NeuroImage.* 24,
667 118–31.

668 Baker, S. N., Pinches, E. M. and Lemon, R. N., 2003. Synchronization in monkey
669 motor cortex during a precision grip task. II. effect of oscillatory activity on
670 corticospinal output. *J. Neurophysiol.* 89, 1941–53.

671 Bauer R, Fels M, Vukelić M, Ziemann U, Gharabaghi A. (2015) Bridging the gap
672 between motor imagery and motor execution with a brain-robot interface.
673 *Neuroimage.* 2015 Mar;108:319-27.

674 Bauer, R. and Gharabaghi, A. 2015a. Reinforcement learning for adaptive threshold
675 control of restorative brain-computer interfaces: a Bayesian simulation. *Front*
676 *Neurosci.* 9, 36.

677 Bauer, R. and Gharabaghi, A. 2015b. Estimating cognitive load during self-regulation
678 of brain activity and neurofeedback with therapeutic brain-computer interfaces. *Front*
679 *BehavNeurosci.* 9, 21.

680 Bauer, R., Fels, M., Royter, V., Raco, V. and Gharabaghi, A. 2016a. Closed-loop
681 adaptation of neurofeedback based on mental effort facilitates reinforcement learning
682 of brain self-regulation. *Clin. Neurophysiol.* 127, 3156–3164.

683 Bauer, R., Vukelić, M. and Gharabaghi, A. 2016b. What is the optimal task difficulty
684 for reinforcement learning of brain self-regulation? *Clin. Neurophysiol.* 127, 3033–
685 3041.

686 Bauer, R. and Gharabaghi, A. 2017. Constraints and Adaptation of Closed-Loop
687 Neuroprosthetics for Functional Restoration. *Front. Neurosci.* 11, 111.

688 Belardinelli, P., Laer, L., Ortiz, E., Braun, C. and Gharabaghi, A. 2017. Plasticity of
689 premotor cortico-muscular coherence in severely impaired stroke patients with hand
690 paralysis. *NeuroImage. Clin.* 14, 726–733.

- 691 Benjamini, Y. and Hochberg, Y., 1995. Controlling the False Discovery Rate: A
692 Practical and Powerful Approach to Multiple Testing. *J. R. Stat. Soc. Ser. B*
693 *Methodol.*57, 289–300.
- 694 Bernard, J. A., Taylor, S. F. and Seidler, R. D., 2011. Handedness, dexterity, and
695 motor cortical representations. *J. Neurophysiol.*105, 88–99.
- 696 Beuter, A. and Modolo, J., 2009. Delayed and lasting effects of deep brain
697 stimulation on locomotion in Parkinson's disease. *Chaos.*19, 026114.
- 698 Blankertz, B., Sannelli, C., Halder, S., Hammer, E. M., Kübler, A., Müller, K.-R.,
699 Curio, G. and Dickhaus, T., 2010. Neurophysiological predictor of SMR-based BCI
700 performance *NeuroImage.*51, 1303–9.
- 701 Bollimunta, A., Chen, Y., Schroeder, C. E. and Ding, M., 2008. Neuronal mechanisms
702 of cortical alpha oscillations in awake-behaving macaques. *J. Neurosci.*28, 9976–88.
- 703 Brauchle, D., Vukelić, M., Bauer, R. and Gharabaghi, A. 2015. Brain state-dependent
704 robotic reaching movement with a multi-joint arm exoskeleton. Combining brain-
705 machine interfacing and robotic rehabilitation. *Front. Hum. Neurosci.* 9, 564.
- 706 Brouwer, B., Sale, M. V. and Nordstrom, M. A., 2001. Asymmetry of motor cortex
707 excitability during a simple motor task: relationships with handedness and manual
708 performance. *Exp. Brain Res.*138, 467–76.
- 709 Buccino, G., Binkofski, F., Fink, G. R., Fadiga, L., Fogassi, L., Gallese, V., Seitz, R.
710 J., Zilles, K., Rizzolatti, G. and Freund, H. J., 2001. Action observation activates
711 premotor and parietal areas in a somatotopic manner: an fMRI study. *Eur. J.*
712 *Neurosci.*13, 400–4.
- 713 Burianová, H., Marstaller, L., Sowman, P., Tesan, G., Rich, A. N., Williams, M., ... &
714 Johnson, B. W., 2013. Multimodal functional imaging of motor imagery using a novel
715 paradigm. *Neuroimage*, 71, 50-58.
- 716 Cantillo-Negrete J, Gutierrez-Martinez J, Carino-Escobar RI, Carrillo-Mora P, Elias-
717 Vinas D. An approach to improve the performance of subject-independent BCIs-
718 based on motor imagery allocating subjects by gender. *Biomed Eng Online.* 2014 Dec
719 4;13:158.
- 720 Capotosto, P., Babiloni, C., Romani, G. L. and Corbetta, M., 2009. Frontoparietal
721 cortex controls spatial attention through modulation of anticipatory alpha rhythms. *J.*
722 *Neurosci.*29, 5863–72.
- 723 Christensen, M. S., Lundbye-Jensen, J., Geertsen, S. S., Petersen, T. H., Paulson,
724 O. B. and Nielsen, J. B., 2007. Premotor cortex modulates somatosensory cortex
725 during voluntary movements without proprioceptive feedback. *Nat. Neurosci.*10, 417–
726 9.
- 727 Civardi, C., Cavalli, A., Naldi, P., Varrasi, C. and Cantello, R., 2000. Hemispheric
728 asymmetries of cortico-cortical connections in human hand motor areas. *Clin.*
729 *Neurophysiol.* 111, 624–9.

- 730 Darvishi S, Gharabaghi A, Boulay CB, Ridding MC, Abbott D, Baumert M. 2017.
731 Proprioceptive Feedback Facilitates Motor Imagery-Related Operant Learning of
732 Sensorimotor β -Band Modulation. *Front Neurosci* 2017;11:60
- 733 De Gennaro, L., Cristiani, R., Bertini, M., Curcio, G., Ferrara, M., Fratello, F., Romei,
734 V. and Rossini, P. M., 2004. Handedness is mainly associated with an asymmetry of
735 corticospinal excitability and not of transcallosal inhibition. *Clin. Neurophysiol.* 115,
736 1305–12.
- 737 De Nooijer, J. A., van Gog, T., Paas, F. and Zwaan, R. A., 2013. When left is not
738 right: handedness effects on learning object-manipulation words using pictures with
739 left- or right-handed first-person perspectives. *Psychol. Sci.* 24, 2515–21.
- 740 Delorme, A. and Makeig, S., 2004. EEGLAB: an open source toolbox for analysis of
741 single-trial EEG dynamics including independent component analysis *J. Neurosci.*
742 *Methods* 134, 9–21.
- 743 Dobkin, Bm H., 2004. Strategies for stroke rehabilitation *Lancet Neurol.* 3 528–36.
- 744 Eliassen, J. C., Baynes, K. and Gazzaniga, M. S., 2000. Anterior and posterior
745 callosal contributions to simultaneous bimanual movements of the hands and fingers
746 *Brain J. Neurol.* 123 Pt 12, 2501–11.
- 747 Ewald, A., Marzetti, L., Zappasodi, F., Meinecke, F. C. and Nolte, G., 2012.
748 Estimating true brain connectivity from EEG/MEG data invariant to linear and static
749 transformations in sensor space *NeuroImage* 60, 476–88.
- 750 Fels, M., Bauer, R., & Gharabaghi, A., 2015. Predicting workload profiles of brain–
751 robot interface and electromyographic neurofeedback with cortical resting-state
752 networks: personal trait or task-specific challenge? *Journal of neural engineering,*
753 12(4), 046029.
- 754 Feurra, M., Bianco, G., Polizzotto, N. R., Innocenti, I., Rossi, A. and Rossi, S., 2011.
755 Cortico-Cortical Connectivity between Right Parietal and Bilateral Primary Motor
756 Cortices during Imagined and Observed Actions: A Combined TMS/tDCS Study
757 *Front. Neural Circuits* 5, 10.
- 758 Galaburda, A. M., LeMay, M., Kemper, T. L. and Geschwind, N., 1978. Right-left
759 asymmetries in the brain *Science* 199, 852–6.
- 760 Gandolla, M., Ferrante, S., Molteni, F., Guanziroli, E., Frattini, T., Martegani, A.,
761 Ferrigno, G., Friston, K., Pedrocchi, A. and Ward, N. S., 2014. Re-thinking the role of
762 motor cortex: Context-sensitive motor outputs? *NeuroImage* 91C, 366–74.
- 763 Gao, Q., Duan, X. and Chen, H., 2011. Evaluation of effective connectivity of motor
764 areas during motor imagery and execution using conditional Granger causality
765 *NeuroImage* 54, 1280–8.
- 766 Gharabaghi, A., Kraus, D., Leão, M. T., Spüler, M., Walter, A., Bogdan, M.,
767 Rosenstiel, W., Naros, G. and Ziemann, U., 2014. Coupling brain-machine interfaces
768 with cortical stimulation for brain-state dependent stimulation: enhancing motor cortex
769 excitability for neurorehabilitation *Front. Hum. Neurosci.* 8, 122.

- 770 Gharabaghi, A. 2016. What Turns Assistive into Restorative Brain-Machine
771 Interfaces? *Front. Neurosci.* 10, 456.
- 772 Gomez-Rodriguez, M., Peters, J., Hill, J., Schölkopf, B., Gharabaghi, A. and Grosse-
773 Wentrup, M., 2011. Closing the sensorimotor loop: haptic feedback facilitates
774 decoding of motor imagery *J. Neural Eng.*8, 036005.
- 775 Gonzalez, C. L. R., Ganel, T., Whitwell, R. L., Morrissey, B. and Goodale, M. A.,
776 2008. Practice makes perfect, but only with the right hand: sensitivity to perceptual
777 illusions with awkward grasps decreases with practice in the right but not the left
778 hand *Neuropsychologia*46, 624–31.
- 779 Graziano, M. S. A., Taylor, C. S. R. and Moore, T., 2002. Complex movements
780 evoked by microstimulation of precentral cortex *Neuron*34, 841–51.
- 781 Graziano, M. S. A., Taylor, C. S. R., Moore, T. and Cooke, D. F., 2002. The cortical
782 control of movement revisited *Neuron*36, 349–62.
- 783 Haegens, S., Nácher, V., Luna, R., Romo, R. and Jensen, O., 2011. α -Oscillations in
784 the monkey sensorimotor network influence discrimination performance by rhythmical
785 inhibition of neuronal spiking *Proc. Natl. Acad. Sci. U. S. A.*108, 19377–82.
- 786 Halder, S., Agorastos, D., Veit, R., Hammer, E. M., Lee, S., Varkuti, B., Bogdan, M.,
787 Rosenstiel, W., Birbaumer, N. and Kübler, A., 2011. Neural mechanisms of brain-
788 computer interface control *NeuroImage*55, 1779–90.
- 789 Halsband, U. and Lange, R. K., 2006. Motor learning in man: a review of functional
790 and clinical studies *J. Physiol. Paris*99, 414–24.
- 791 Hardwick, R. M., Rottschy, C., Miall, R. C. and Eickhoff, S. B., 2013. A quantitative
792 meta-analysis and review of motor learning in the human brain *NeuroImage*67, 283–
793 97.
- 794 Harris, J. E. and Eng, J. J., 2006. Individuals with the dominant hand affected
795 following stroke demonstrate less impairment than those with the nondominant hand
796 affected *Neurorehabil. Neural Repair*20, 380–9.
- 797 Haufe, S., Nikulin, V. V., Müller, K.-R. and Nolte, G., 2013. A critical assessment of
798 connectivity measures for EEG data: a simulation study *NeuroImage*64, 120–33.
- 799 Heinrichs-Graham, E., Arpin, D. J., and Wilson, T. W., 2016. Cue-related temporal
800 factors modulate movement-related beta oscillatory activity in the human motor
801 circuit. *Journal of cognitive neuroscience*, 28(7), 1039-1051.
802
- 803 Ionta, S. and Blanke, O., 2009. Differential influence of hands posture on mental
804 rotation of hands and feet in left and right handers *Exp. Brain Res.*195, 207–17.
- 805 Ionta, S., Fourkas, A. D., Fiorio, M. and Aglioti, S. M., 2007. The influence of hands
806 posture on mental rotation of hands and feet *Exp. Brain Res.*183, 1–7.

- 807 Jackson, A., Spinks, R. L., Freeman, T. C. B., Wolpert, D. M. and Lemon, R. N.,
808 2002. Rhythm generation in monkey motor cortex explored using pyramidal tract
809 stimulation *J. Physiol.*541, 685–99.
- 810 Jeannerod, M., 2001. Neural simulation of action: a unifying mechanism for motor
811 cognition *NeuroImage*14, S103–9.
- 812 Jensen, O. and Mazaheri, A., 2010. Shaping functional architecture by oscillatory
813 alpha activity: gating by inhibition *Front. Hum. Neurosci.*4, 186.
- 814 Kamiński, M., Ding, M., Truccolo, W. A. and Bressler, S. L., 2001. Evaluating causal
815 relations in neural systems: granger causality, directed transfer function and
816 statistical assessment of significance *Biol. Cybern.*85, 145–57.
- 817 Karabanov, A., Jin, S.-H., Joutsen, A., Poston, B., Aizen, J., Ellenstein, A. and
818 Hallett, M., 2012. Timing-dependent modulation of the posterior parietal cortex-
819 primary motor cortex pathway by sensorimotor training *J. Neurophysiol.*107, 3190–9.
- 820 Khademi, F., Royter, V., Gharabaghi, A., 2018. Distinct Beta-band Oscillatory Circuits
821 Underlie Corticospinal Gain Modulation. *Cereb Cortex.* 28(4):1502-1515.
- 822 Khanna, P., & Carmena, J. M., 2017. Beta band oscillations in motor cortex reflect
823 neural population signals that delay movement onset. *eLife*, 6.
- 824 Kilavik, B. E., Zaepffel, M., Brovelli, A., MacKay, W. A. and Riehle, A., 2013. The ups
825 and downs of β oscillations in sensorimotor cortex *Exp. Neurol.*245, 15–26.
- 826 Klimesch, W., 2012. Alpha-band oscillations, attention, and controlled access to
827 stored information *Trends Cogn. Sci.*16, 606–17.
- 828 Koch, G., Fernandez Del Olmo, M., Cheeran, B., Ruge, D., Schippling, S.,
829 Caltagirone, C. and Rothwell, J. C., 2007. Focal stimulation of the posterior parietal
830 cortex increases the excitability of the ipsilateral motor cortex *J. Neurosci. Off. J. Soc.*
831 *Neurosci.*27, 6815–22.
- 832 Krakauer, J. W., and Mazzoni, P., 2011. Human sensorimotor learning: adaptation,
833 skill, and beyond *Curr. Opin. Neurobiol.*21, 636–44.
- 834 Kraus, D., and Gharabaghi, A., 2015. Projecting Navigated TMS Sites on the Gyrus
835 Anatomy Decreases Inter-subject Variability of Cortical Motor Maps. *Brain Stimul.* 8,
836 831–837.
- 837 Kraus, D., and Gharabaghi, A., 2016. Neuromuscular Plasticity. Disentangling Stable
838 and Variable Motor Maps in the Human Sensorimotor Cortex. *Neural*
839 *plasticity.*7365609.
- 840 Kraus, D., Naros, G., Bauer, R., Leão, M.T., Ziemann, U. and Gharabaghi, A., 2016a.
841 Brain-robot interface driven plasticity. Distributed modulation of corticospinal
842 excitability. *NeuroImage.* 125, 522–532.
- 843 Kraus, D., Naros, G., Bauer, R., Khademi, F., Leão, M.T., Ziemann, U. and
844 Gharabaghi, A., 2016b. Brain State-Dependent Transcranial Magnetic Closed-Loop

- 845 Stimulation Controlled by Sensorimotor Desynchronization Induces Robust Increase
846 of Corticospinal Excitability. *Brain Stimul.* 9, 415–424.
- 847 Kraus, D., Naros, G., Guggenberger, R., Leão, M.T., Ziemann, U. and Gharabaghi,
848 A., 2018. Recruitment of additional corticospinal pathways in the human brain with
849 state-dependent paired associative stimulation. *J Neurosci.* 38, 1396-1407.
- 850 Lalazar, H. and Vaadia, E., 2008. Neural basis of sensorimotor learning: modifying
851 internal models *Curr. Opin. Neurobiol.* 18, 573–81.
- 852 Langan, J. and van Donkelaar, P., 2008. The influence of hand dominance on the
853 response to a constraint-induced therapy program following stroke *Neurorehabil.*
854 *Neural Repair* 22, 298–304.
- 855 Ma, L., Narayana, S., Robin, D. A., Fox, P. T. and Xiong, J., 2011. Changes occur in
856 resting state network of motor system during 4 weeks of motor skill learning
857 *NeuroImage* 58, 226–33.
- 858 Malouin F, Richards CL, Jackson PL, Lafleur MF, Durand A, Doyon J. The
859 Kinesthetic and Visual Imagery Questionnaire (KVIQ) for assessing motor imagery in
860 persons with physical disabilities: a reliability and construct validity study. *J Neurol*
861 *Phys Ther* 2007;31:20–9.
- 862 Mathew, J., Kübler, A., Bauer, R. and Gharabaghi, A., 2016. Probing Corticospinal
863 Recruitment Patterns and Functional Synergies with Transcranial Magnetic
864 Stimulation. *Front. Cell. Neurosci.* 10, 175.
- 865 McCombe Waller, S. and Whitall, J., 2005. Hand dominance and side of stroke affect
866 rehabilitation in chronic stroke *Clin. Rehabil.* 19, 544–51.
- 867 McFarland, D. J. and Wolpaw, J. R., 2008. Sensorimotor rhythm-based brain-
868 computer interface (BCI): model order selection for autoregressive spectral analysis
869 *J. Neural Eng.* 5, 155–62.
- 870 McFarland, D. J., Miner, L. A., Vaughan, T. M. and Wolpaw, J. R., 2000. Mu and beta
871 rhythm topographies during motor imagery and actual movements *Brain Topogr.* 12,
872 177–86.
- 873 Miller, K. J., Schalk, G., Fetz, E. E., den Nijs, M., Ojemann, J. G. and Rao, R. P. N.,
874 2010. Cortical activity during motor execution, motor imagery, and imagery-based
875 online feedback *Proc. Natl. Acad. Sci. U. S. A.* 107, 4430–5.
- 876 Mo, J., Schroeder, C. E. and Ding, M., 2011. Attentional modulation of alpha
877 oscillations in macaque inferotemporal cortex *J. Neurosci. Off. J. Soc. Neurosci.* 31,
878 878–82.
- 879 Muthukumaraswamy SD, Myers JFM, Wilson SJ, Nutt DJ, Lingford-Hughes A, Singh
880 KD, et al. The effects of elevated endogenous GABA levels on movement-related
881 network oscillations. *Neuroimage* 2013;66:36–41.
- 882 Naros, G. and Gharabaghi, A. 2015. Reinforcement learning of self-regulated β -
883 oscillations for motor restoration in chronic stroke. *Front. Hum. Neurosci.* 9, 391.

- 884 Naros, G., Naros, I., Grimm, F., Ziemann, U. and Gharabaghi, A. 2016.
885 Reinforcement learning of self-regulated sensorimotor β -oscillations improves motor
886 performance. *NeuroImage*. 134, 142–152.
- 887 Naros, G. and Gharabaghi, 2017. A. Physiological and behavioral effects of β -tACS
888 on brain self-regulation in chronic stroke. *Brain Stimul.* 10, 251-259.
- 889 Netz, J., Ziemann, U. and Hömberg, V., 1995. Hemispheric asymmetry of
890 transcallosal inhibition in man *Exp. Brain Res. Exp. Hirnforsch. Expérimentation*
891 *Cérébrale* 104, 527–33.
- 892 Neuper, C., Scherer, R., Reiner, M. and Pfurtscheller, G., 2005. Imagery of motor
893 actions: Differential effects of kinesthetic and visual–motor mode of imagery in single-
894 trial EEG *Cogn. Brain Res.* 25, 668–77.
- 895 Nolte, G., Bai, O., Wheaton, L., Mari, Z., Vorbach, S. and Hallett, M., 2004.
896 Identifying true brain interaction from EEG data using the imaginary part of coherency
897 *Clin. Neurophysiol. Off. J. Int. Fed. Clin. Neurophysiol.* 115, 2292–307.
- 898 Nolte, G., Ziehe, A., Nikulin, V. V., Schlögl, A., Krämer, N., Brismar, T. and Müller, K.-
899 R., 2008. Robustly Estimating the Flow Direction of Information in Complex Physical
900 Systems *Phys Rev Lett* 100, 234101.
- 901 Oldfield, R. C., 1971. The assessment and analysis of handedness: the Edinburgh
902 inventory *Neuropsychologia* 9, 97–113.
- 903 Palva, S. and Palva, J. M., 2011. Functional roles of alpha-band phase
904 synchronization in local and large-scale cortical networks *Front. Psychol.* 2, 204.
- 905 Palva, S., Kulashekhar, S., Hämäläinen, M. and Palva, J. M., 2011. Localization of
906 cortical phase and amplitude dynamics during visual working memory encoding and
907 retention *J. Neurosci. Off. J. Soc. Neurosci.* 31, 5013–25.
- 908 Pfurtscheller, G. and Lopes da Silva, F. H., 1999. Event-related EEG/MEG
909 synchronization and desynchronization: basic principles *Clin. Neurophysiol. Off. J.*
910 *Int. Fed. Clin. Neurophysiol.* 110, 1842–57.
- 911 Pfurtscheller, G. and Solis-Escalante, T. 2009., Could the beta rebound in the EEG
912 be suitable to realize a “brain switch”? *Clin. Neurophysiol. Off. J. Int. Fed. Clin.*
913 *Neurophysiol.* 120, 24–9.
- 914 Pineda, J. A., 2005. The functional significance of mu rhythms: translating “seeing”
915 and “hearing” into “doing” *Brain Res. Brain Res. Rev.* 50, 57–68.
- 916 Reid, C. S. and Serrien, D. J., 2014. Primary motor cortex and ipsilateral control: a
917 TMS study *Neuroscience* 270, 20–6.
- 918 Rinehart, J. K., Singleton, R. D., Adair, J. C., Sadek, J. R. and Haaland, K. Y., 2009.
919 Arm use after left or right hemiparesis is influenced by hand preference *Stroke J.*
920 *Cereb. Circ.* 40, 545–50.
- 921 Romei, V., Thut, G., and Silvanto, J., 2016. Information-based approaches of
922 noninvasive transcranial brain stimulation. *Trends in neurosciences*, 39(11), 782-795.

- 923 Rossiter, H. E., Boudrias, M.-H. and Ward, N. S., 2014a. Do movement-related beta
924 oscillations change following stroke? *J. Neurophysiol.* 112(9),2053-8.
- 925 Rossiter, H.E., Davis, E.M., Clark, E.V., Boudrias, M.H., Ward, N.S., 2014b. Beta
926 oscillations reflect changes in motor cortex inhibition in healthy ageing. *NeuroImage*
927 91, 360–365.
- 928 Royter, V. and Gharabaghi, A. 2016. Brain State-Dependent Closed-Loop Modulation
929 of Paired Associative Stimulation Controlled by Sensorimotor Desynchronization.
930 *Front. Cell. Neurosci.* 10, 115.
- 931 Sanei, S., 2007. *EEG signal processing* (Chichester, England ; Hoboken, NJ: John
932 Wiley & Sons).
- 933 Schalk, G., McFarland, D.J., Hinterberger, T., Birbaumer, N., Wolpaw, J.R., 2004. BCI2000:
934 a general-purpose brain-computer interface (BCI) system. *IEEE Trans Biomed Eng* 51,
935 1034–1043.
- 936 Schubotz, R. I. and von Cramon, D. Y., 2003. Functional-anatomical concepts of
937 human premotor cortex: evidence from fMRI and PET studies *NeuroImage*20 Suppl
938 1, S120–31.
- 939 Serrien, D. J., Ivry, R. B. and Swinnen, S. P., 2006. Dynamics of hemispheric
940 specialization and integration in the context of motor control *Nat. Rev. Neurosci.*7,
941 160–6.
- 942 Shadmehr, R. and Holcomb, H. H., 1997. Neural correlates of motor memory
943 consolidation *Science*277, 821–5.
- 944 Shiner, C., Tang, H., Johnson, B., McNulty, P., 2015. Cortical beta oscillations and
945 motor thresholds differ across the spectrum of post-stroke motor impairment, a
946 preliminary MEG and TMS study. *Brain Res.* 1629:26-37.
- 947 Smith, M. E., Gevins, A., Brown, H., Karnik, A. and Du, R., 2001. Monitoring Task
948 Loading with Multivariate EEG Measures during Complex Forms of Human-Computer
949 Interaction *Hum. Factors J. Hum. Factors Ergon. Soc.*43, 366–80.
- 950 Smith, M. E., McEvoy, L. K. and Gevins. A., 1999. Neurophysiological indices of
951 strategy development and skill acquisition *Brain Res. Cogn. Brain Res.*7, 389–404.
- 952 Solis-Escalante, T., Müller-Putz, G. R., Pfurtscheller, G. and Neuper, C., 2012. Cue-
953 induced beta rebound during withholding of overt and covert foot movement *Clin.*
954 *Neurophysiol. Off. J. Int. Fed. Clin. Neurophysiol.*123, 1182–90.
- 955 Suminski, A. J., Tkach, D. C., Fagg, A. H. and Hatsopoulos, N. G., 2010.
956 Incorporating feedback from multiple sensory modalities enhances brain-machine
957 interface control *J. Neurosci. Off. J. Soc. Neurosci.*30, 16777–87.
- 958 Suzuki, W. A., 2007. Integrating associative learning signals across the brain
959 *Hippocampus*17, 842–50.

- 960 Szameitat, A. J., Shen, S., Conforto, A. and Sterr, A., 2012. Cortical activation during
961 executed, imagined, observed, and passive wrist movements in healthy volunteers
962 and stroke patients *NeuroImage*62, 266–80.
- 963 Vahdat, S., Darainy, M., Milner, T. E. and Ostry, D. J., 2011. Functionally specific
964 changes in resting-state sensorimotor networks after motor learning *J. Neurosci. Off.*
965 *J. Soc. Neurosci.*31, 16907–15.
- 966 Vukelić, M., Bauer, R., Naros, G., Naros, I., Braun, C. and Gharabaghi, A., 2014.
967 Lateralized alpha-band cortical networks regulate volitional modulation of beta-band
968 sensorimotor oscillations *NeuroImage*87, 147–53.
- 969 Vukelić, M., and Gharabaghi, A.,2015a. Oscillatory entrainment of the motor cortical
970 network during motor imagery is modulated by the feedback modality. *NeuroImage.*
971 111, 1–11.
- 972 Vukelić, M., and Gharabaghi, A.,2015b. Self-regulation of circumscribed brain activity
973 modulates spatially selective and frequency specific connectivity of distributed resting
974 state networks. *Front. Behav. Neurosci.* 9, 181.
- 975 Wander, J. D., Blakely, T., Miller, K. J., Weaver, K. E., Johnson, L. A., Olson, J. D.,
976 Fetz, E. E., Rao, R. P. N. and Ojemann, J. G., 2013. Distributed cortical adaptation
977 during learning of a brain-computer interface task *Proc. Natl. Acad. Sci. U. S. A.*110,
978 10818–23.
- 979 Weisz, N., Wühle, A., Monittola, G., Demarchi, G., Frey, J., Popov, T. and Braun, C.,
980 2014. Prestimulus oscillatory power and connectivity patterns predispose conscious
981 somatosensory perception *Proc. Natl. Acad. Sci.*111, E417–25.
- 982 Willems, R. M., der Haegen, L. V., Fisher, S. E. and Francks, C., 2014. On the other
983 hand: including left-handers in cognitive neuroscience and neurogenetics *Nat. Rev.*
984 *Neurosci.*15, 193–201.
- 985 Witelson, S. F., 1985. The brain connection: the corpus callosum is larger in left-
986 handers *Science*229, 665–8.
- 987 Wu, J., Srinivasan, R., Kaur, A. and Cramer, S. C., 2014. Resting-state cortical
988 connectivity predicts motor skill acquisition *NeuroImage*91C, 84–90.
- 989
- 990

991 **Figure Captions**

992 **Fig. 1 A)** Map of EEG channels' location with FR, vPM, SM, and POC referring to
993 electrode locations projecting to frontal, ventral premotor, sensorimotor and parieto-
994 occipital areas, respectively. **B) Experimental paradigm:** Time course of the
995 experimental paradigm, with two randomized sessions of brain self-regulation, one
996 with the volitional control of the dominant hemisphere and the other with the volitional
997 control of the non-dominant hemisphere.

998 **Fig. 2 Event-related spectral perturbation (ERSP) and the respective β -**
999 **modulation range. A) and B)** show the results of motor imagery-related β -
1000 modulations of the dominant hemisphere (DH) and of the non-dominant hemisphere
1001 (NDH), respectively. The upper two plots represent the results for the right-handers
1002 (RH) and the lower two plots depict the results for the left-handers (LH). The plots
1003 show the time course of the event-related spectral perturbation (ERSP) of the β -
1004 oscillations. The abscissa represents the time axis, with the rest epoch from -8 to -2
1005 s (dashed black line), the preparation epoch from -2 to 0 s (dashed gray line), and
1006 the motor imagery epoch from 0 to 6 s. The black line (contralateral sensorimotor
1007 electrodes) shows the group level results as an average, both across trials on an
1008 individual level and across the subject's individual maximum β -modulation range
1009 (visualized on a standard deviation (std) scale, and normalized with respect to the
1010 rest baseline). Shades represent \pm SEM. **C)** The figure shows the mean of the β -
1011 modulation range for the two groups (RH and LH) and for both motor imagery-related
1012 β -modulations of DH and NDH. Error bars represent \pm SEM.

1013 **Fig. 3 and 4 Cortical networks during motor imagery of the dominant (Figure 3)**
1014 **and non-dominant hemisphere (Figure 4): A) and B)** depict the results of right-
1015 handers and left-handers, respectively. The figures on the left represent the likelihood

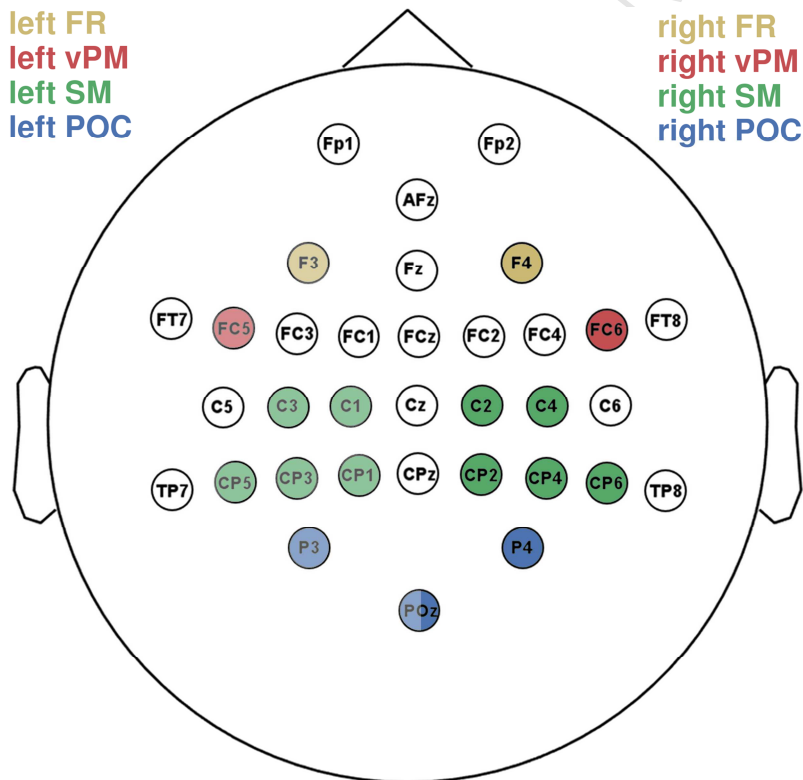
1016 of stable phase lags across frequencies (abscissa). The solid black lines represent
1017 the mean global (average across all connections) iCOH as an average over all
1018 subjects during the motor imagery (left side) and rest epoch (right side), respectively.
1019 The dashed black lines represent the estimated noise floor as explained by a 1/f
1020 noise model [45]. Shades represent \pm SEM. The maximum elevation over the noise
1021 floor of phase lag stability is located in the α -band (between 8 and 14 Hz). The two
1022 figures on the right illustrate the stable topographical causal interactions (arrows
1023 indicate significant cortical information flow, $p < 0.05$ FDR corrected for multiple
1024 comparison) of the α -band networks as a global average across all subjects during
1025 the motor imagery (left side) and rest epoch (right side), respectively.

1026 **Fig. 5 Different neuronal strategies; A):** The mean likelihood (LPSI scores) of
1027 interhemispheric sensorimotor-frontal (Right SM-Left FR) communication during the
1028 motor imagery epoch is shown. * indicates significant effects (see Table 2). Error
1029 bars represent \pm SEM. **B):** The figure shows the mean likelihood (LPSI scores) of
1030 interhemispheric sensorimotor-ventral premotor (Left SM-Right v PM) communication
1031 during which the motor imagery epoch. * indicates significant effects (see Table 3).
1032 Error bars represent \pm SEM. **C):** The figure represents the mean likelihood (LPSI
1033 scores) of left intrahemispheric sensorimotor-parieto-occipital (Left SM-POc)
1034 communication during which the motor imagery epoch. * indicates significant effects
1035 (see Table 4). Error bars represent \pm SEM. **D):** The figure depicts the mean likelihood
1036 (LPSI scores) of right intrahemispheric sensorimotor-parieto-occipital (Right SM-POc)
1037 communication during which the motor imagery epoch. * indicates significant effects
1038 (see Table 5). Error bars indicate \pm SEM. DHI and NDHI indicate dominant hand
1039 imagery and non-dominant hand imagery, respectively.

1040 **Fig. 6 Ability of volitional β -modulation and its relation to effective connectivity**
1041 **in the α -range: A) Motor imagery-related β -modulations of the dominant**
1042 **hemisphere and their neuronal network correlates.** The left scatter plot
1043 represents the neuronal network correlates for the right-handed subjects. The β -
1044 modulation range is represented on the ordinate where the abscissa indicates the
1045 likelihood (LPSI scores) of interhemispheric sensorimotor-ventral premotor (Left SM-
1046 Right vPM) communication during the motor imagery epoch. The gray line is the
1047 result of a robust regression analysis of the β -modulation range on the likelihood of
1048 interhemispheric SM-vPM communication using iteratively reweighted least squares
1049 with a bisquare weighting function [Pearson's correlation coefficient $r_{ps} = 0.65$, p-value
1050 = 0.02, $R^2 = 0.43$, partial correlation (corrected for hand dominance) $pr = 0.66$, $p =$
1051 0.02]. The gray dot overlying the black indicates two different subjects. The right
1052 scatter plot shows the neuronal network correlates for the left-handed subjects.
1053 Again, the ordinate illustrates the β -modulation range and the likelihood (LPSI
1054 scores) of right hemispheric sensorimotor-parietooccipital (Right SM-POc)
1055 communication during the motor imagery epoch is depicted on the abscissa. The
1056 gray line is the result of a robust regression analysis of the β -modulation range onto
1057 the likelihood of right hemispheric SM-POc communication using iteratively
1058 reweighted least squares with a bisquare weighting function [$r_{ps} = 0.70$, p-value =
1059 0.03, $R^2 = 0.42$, partial correlation (corrected for hand dominance) $pr = 0.61$, $p =$
1060 0.04]. **B) Motor imagery-related β -modulations of the non-dominant hemisphere**
1061 **and their neuronal network correlates.** The result of the neuronal network
1062 correlates for the right-handers is illustrated on the left scatter plot. Ordinate shows
1063 the β -modulation range and abscissa the likelihood (LPSI scores) of interhemispheric
1064 sensorimotor-frontal (Right SM-Left FR) communication during the motor imagery
1065 epoch. The gray line is the result of a robust regression analysis of the β -modulation

1066 range onto the likelihood of interhemispheric SM-FR communication using iteratively
 1067 reweighted least squares with a bisquare weighting function [$r_{ps}=0.61$, p -value = 0.03,
 1068 $R^2 = 0.36$, partial correlation (corrected for hand dominance) $pr = 0.63$, $p = 0.03$]. The
 1069 right scatter plot illustrates the neuronal network correlates of the left-handers. While
 1070 the β -modulation range is shown on the ordinate, the likelihood (LPSI scores) of
 1071 midline fronto-sensorimotor (Midline FR-SM) communication (Fz, to CPz, and CP1) is
 1072 shown on the abscissa. The gray line is the result of a robust regression analysis of
 1073 the β -modulation range onto the likelihood of midline FR-SM communication using
 1074 iteratively reweighted least squares with a bisquare weighting function [$r_{ps}=-0.75$, p -
 1075 value = 0.02, $R^2 = 0.50$, partial correlation (corrected for hand dominance) $pr = -0.75$,
 1076 $p = 0.03$]. The gray dot overlying the black indicates two different subjects.

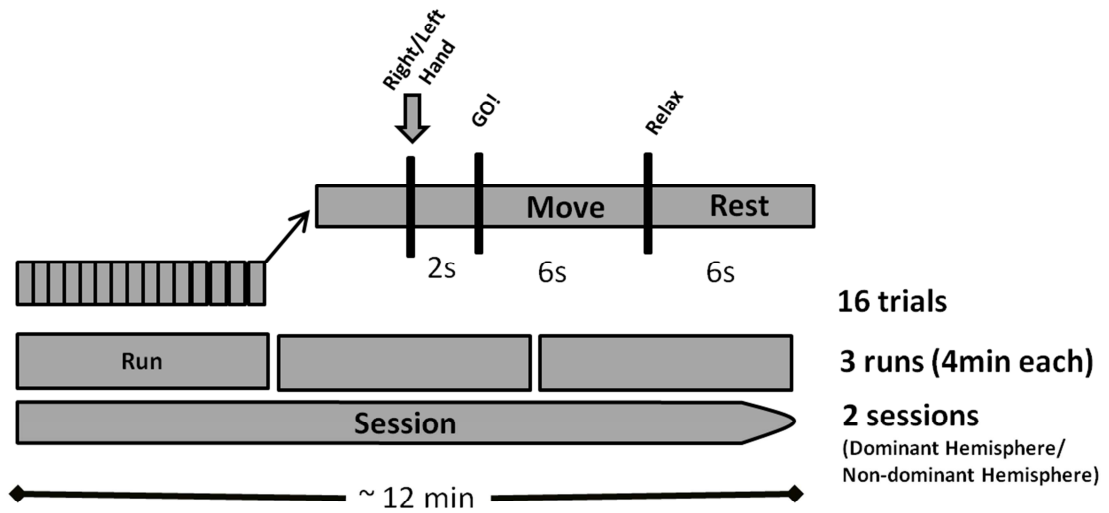
1077
 1078 **Figures**



1079

1080 **Figure 1A**

Time course of Experimental Paradigm

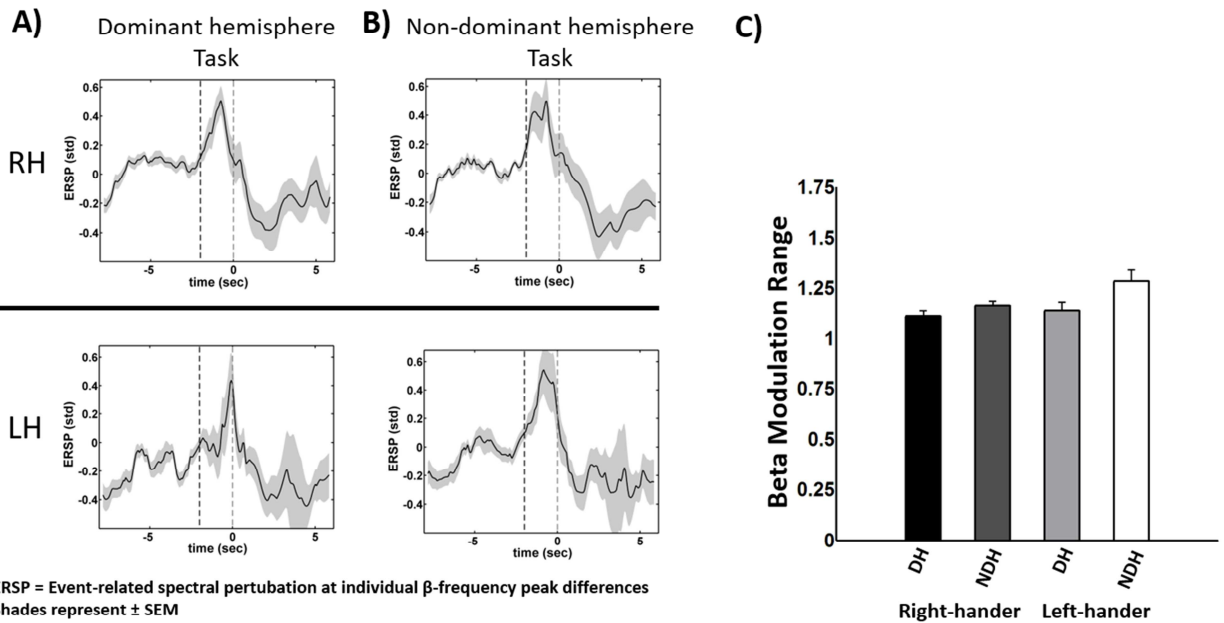


1081

1082 **Figure 1B**

1083

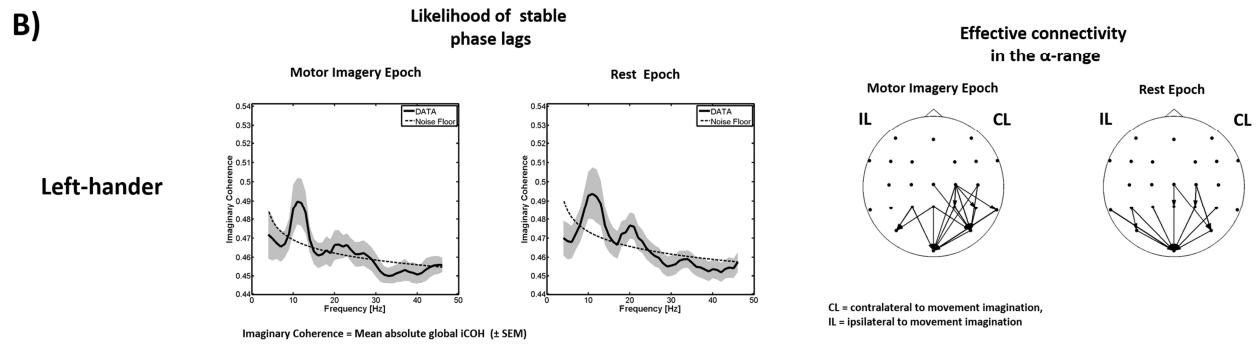
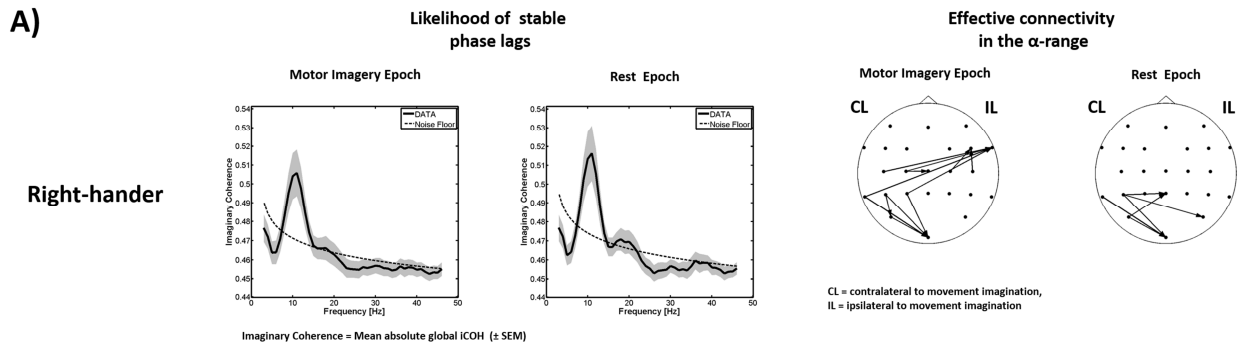
1084



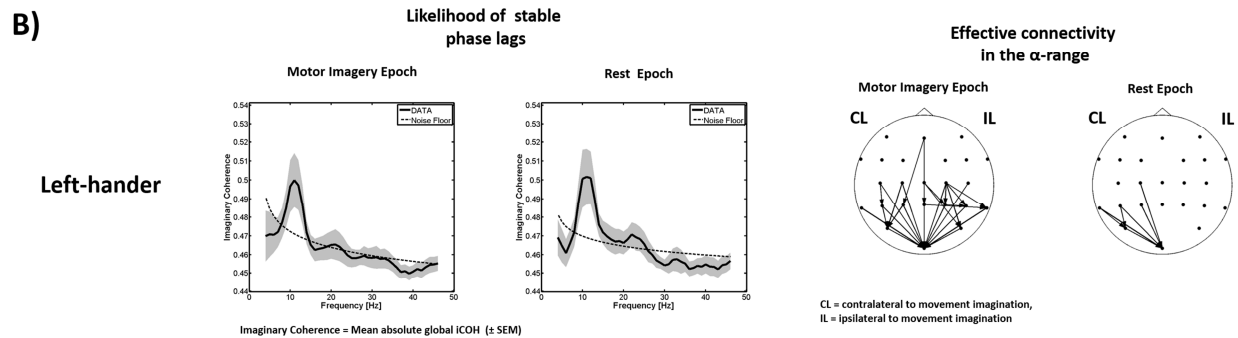
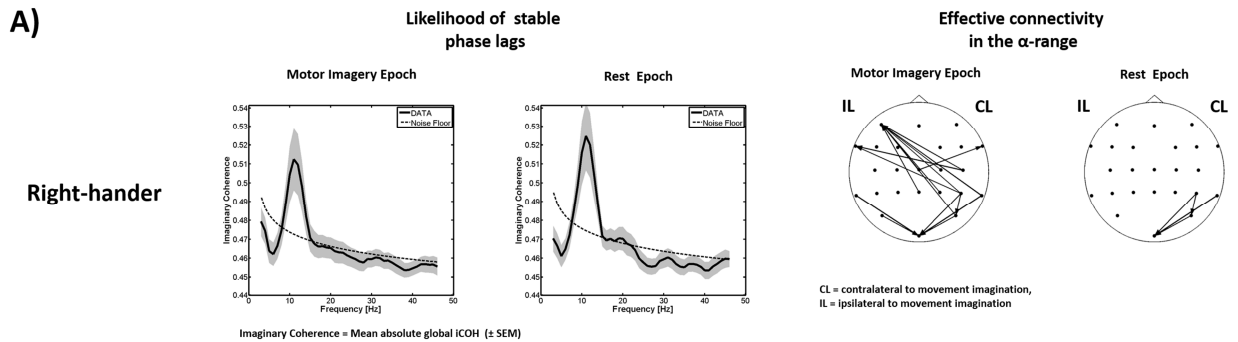
1085

1086 **Figure 2**

1087

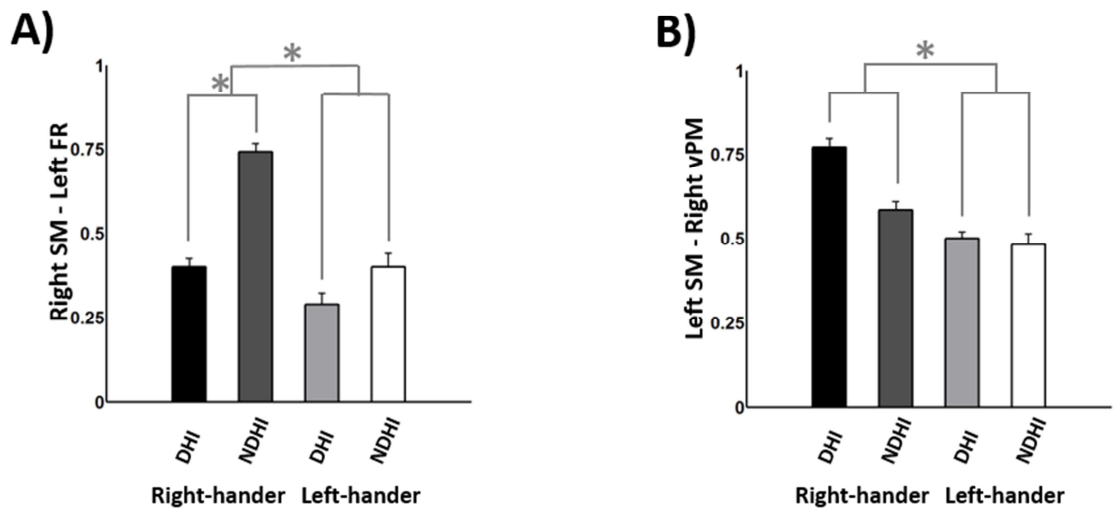
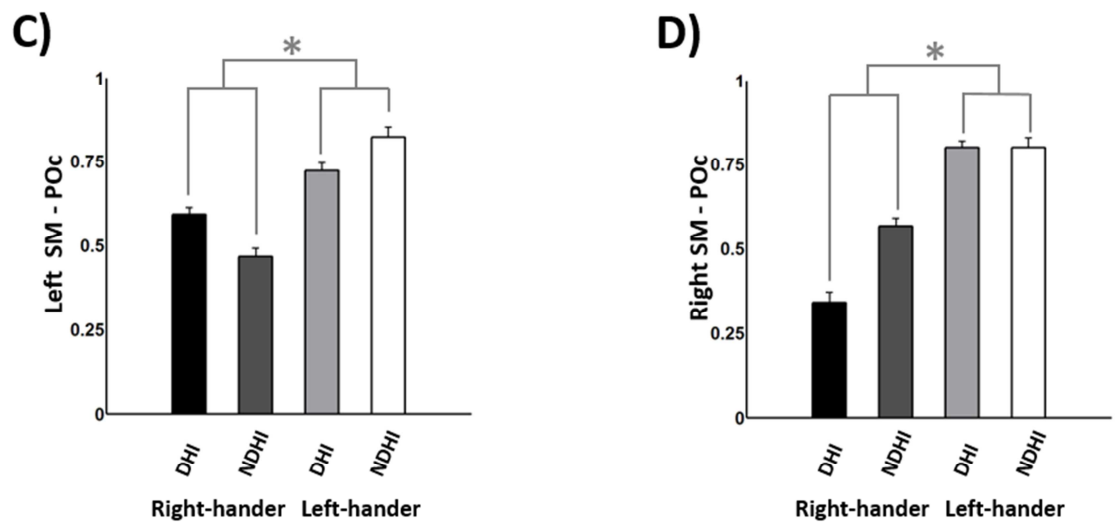
Cortical networks during motor imagery of *dominant* hand

1088

1089 **Figure 3**Cortical networks during motor imagery of *non-dominant* hand

1090

1091 **Figure 4**

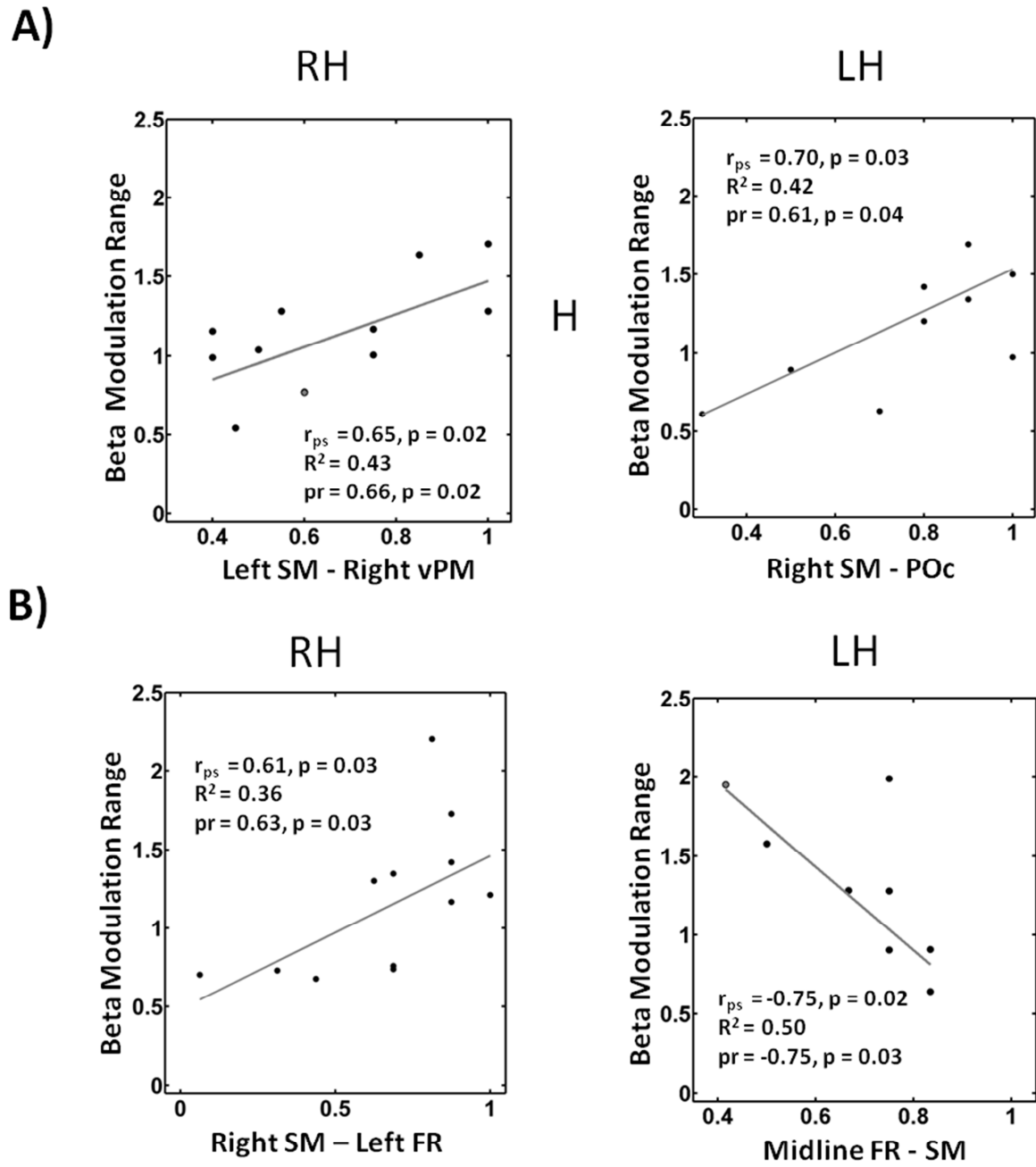
Inter-hemispheric*Intra-hemispheric*

1092

1093 **Figure 5**

1094

1095



1096

1097 **Figure 6**

1098

1099

1100 **Tables**

Effect	DF(n,d)	F	Prob>F
Handedness	(1,38)	0.86	0.36
Hemispheric Dominance	(1,38)	1.23	0.27
Handedness* Hemispheric Dominance	(1,38)	0.55	0.46

1101

1102 **Table 1** Two by two ANOVA with the factors Handedness (RH and LH) and Hemispheric
 1103 Dominance (DH and NDH) and with β -modulation range as dependent variable.

1104 RH and LH have the same ability for volitional modulation of regional sensorimotor β -
 1105 oscillations for both the DH and the NDH (see Figure 2).

1106

Effect	DF(n,d)	F	Prob>F
Handedness	(1,38)	5.13	0.02
Hemispheric Dominance	(1,38)	5.8	0.02
Handedness* Hemispheric Dominance	(1,38)	0.12	0.73

1107

1108 **Table 2** Two by two ANOVA with the factors Handedness (RH and LH) and Hemispheric
 1109 Dominance (DH and NDH) and with *likelihood (LPSI scores) of right sensorimotor to left*
 1110 *frontal (SM-FR) information flow during the motor imagery epoch* as dependent variable.

1111 RH show a higher likelihood of interhemispheric SM-FR communication than LH.
 1112 Furthermore, RH show a higher likelihood of interhemispheric SM-FR communication when
 1113 comparing DH and NDH (see Figure 5A). *Post hoc* analysis consisted of a two-sided t-test
 1114 (p -value = 0.01).

1115

Effect	DF(n,d)	F	Prob>F
Handedness	(1,38)	6.67	0.01
Hemispheric Dominance	(1,38)	0.26	0.61
Handedness* Hemispheric Dominance	(1,38)	2.24	0.14

1116

1117 **Table 3** Two by two ANOVA with the factors Handedness (RH and LH) and Hemispheric
 1118 Dominance (DH and NDH) and with *likelihood (LPSI scores) of left sensorimotor to right*
 1119 *ventral premotor (SM-vPM)* information flow during the motor imagery epoch as dependent
 1120 variable.

1121 RH shows a higher likelihood of interhemispheric SM-vPM communication than LH (see
 1122 Figure 5B).

1123

Effect	DF(n,d)	F	Prob>F
Handedness	(1,38)	8.86	0.005
Hemispheric Dominance	(1,38)	0.02	0.88
Handedness* Hemispheric Dominance	(1,38)	1.9	0.18

1124

1125 **Table 4** Two by two ANOVA with the factors Handedness (RH and LH) and Hemispheric
 1126 Dominance (DH and NDH) and with *likelihood (LPSI scores) of left sensorimotor to left*
 1127 *parieto-occipital (SM-POc)* information flow during the motor imagery epoch as dependent
 1128 variable.

1129 LH show a higher likelihood of left hemispheric SM-POc communication than RH (see Figure
 1130 5C).

1131

Effect	DF(n,d)	F	Prob>F
Handedness	(1,38)	11.1	0.002
Hemispheric Dominance	(1,38)	1.71	0.19
Handedness* Hemispheric Dominance	(1,38)	0.94	0.33

1132

1133 **Table 5** Two by two ANOVA with the factors Handedness (RH and LH) and Hemispheric
 1134 Dominance (DH and NDH) and with the *likelihood (LPSI scores) of right sensorimotor to right*
 1135 *parieto-occipital (SM-POc)* information flow during the motor imagery epoch as dependent-
 1136 variable.

1137 LH show a higher likelihood of right hemispheric SM-POc communication than RH (see
 1138 Figure 5D).

1139