# AN INVESTIGATION ON HUMANS' SENSITIVITY TO ENVIRONMENTAL TEMPERATURE



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## BACKGROUND

- → Rich literature about local skin thermal sensitivity<sup>[1]</sup>
- → What is our **sensitivity** to environmental temperature (Exp 1)?
- → Evidence in favour of the Hue-Heat effect<sup>[2]</sup>
  - → Can visual stimuli alter thermal judgments (Exp 2)?

# METHODS



52 participants (26 each experiment) 50% females

18 - 65 years old 18.5 < BMI < 24.9

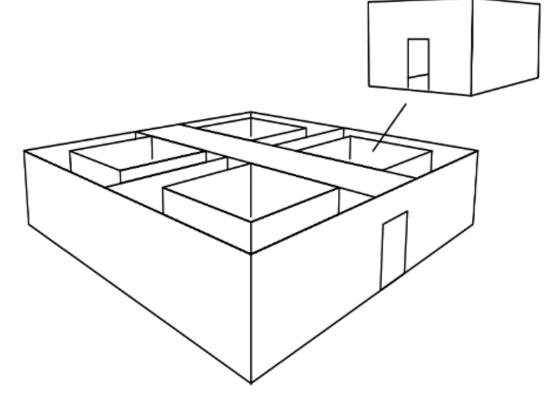


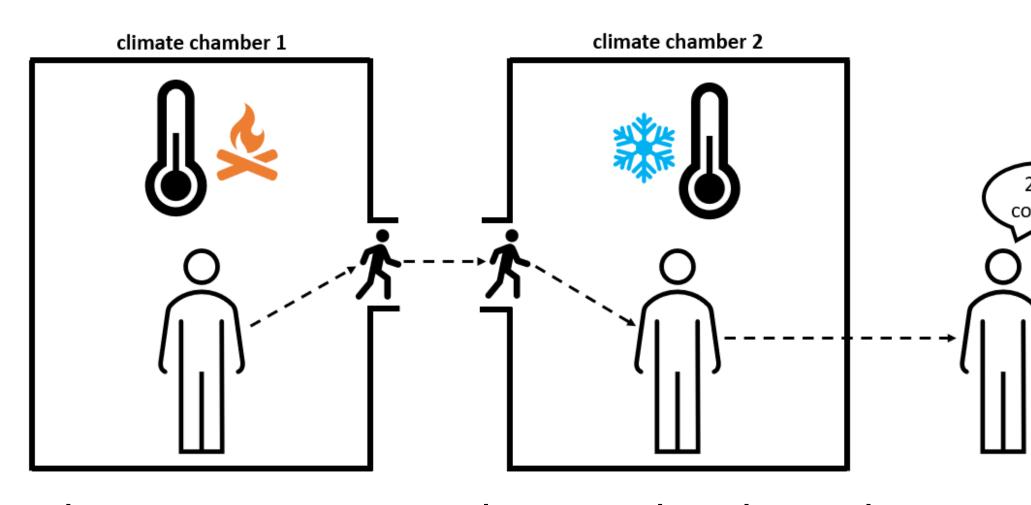
Same clothes: long jeans t-shirts

Questionnaires: ETSRS + EQ + BPQ + GPAQ



Facility: 4 climate chambers connected through an air-lock Precise control of temperatures



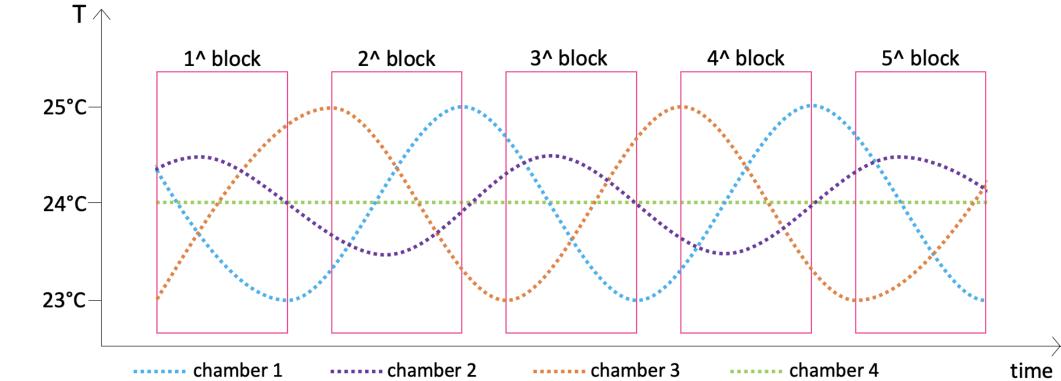


# **Exp 1:**

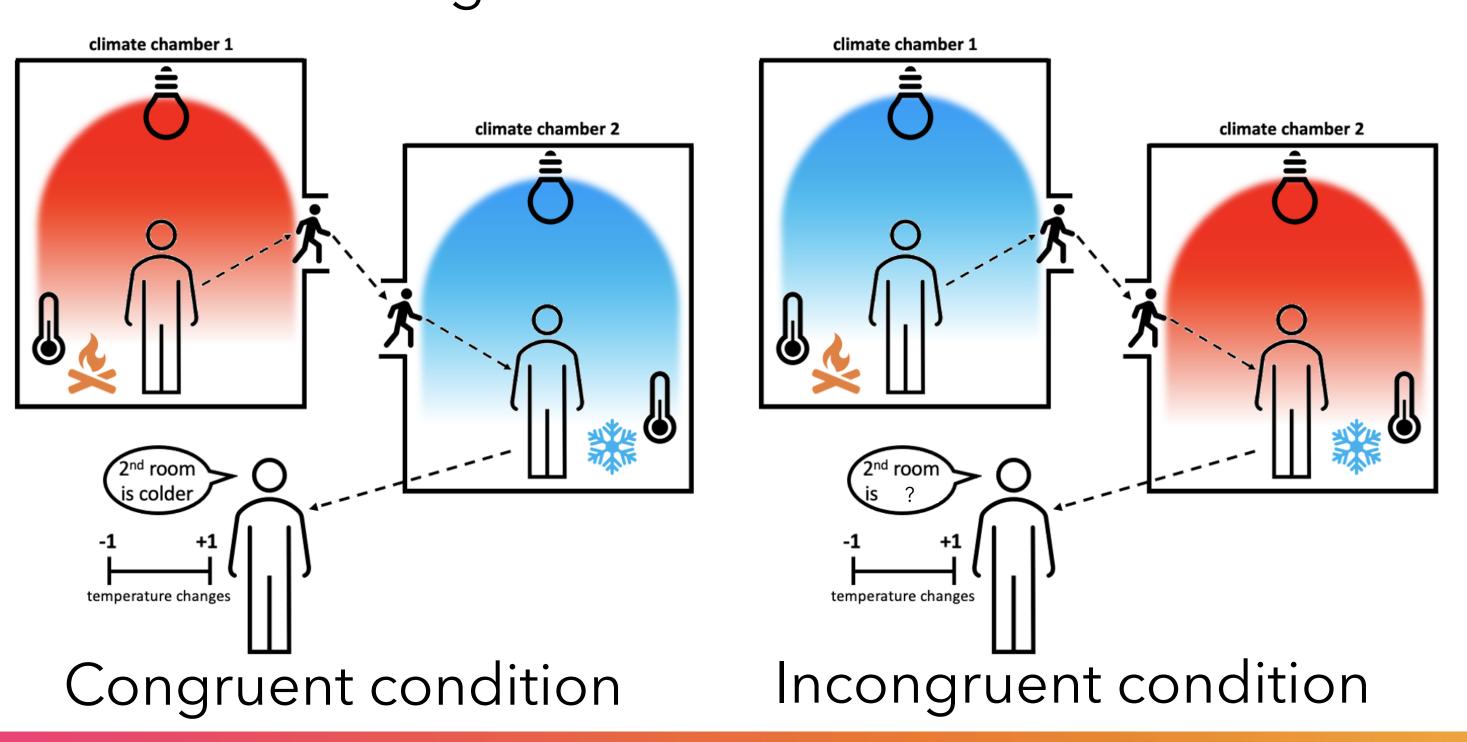
participants stay in one chamber for 5 seconds, then they move to

the next one and say whether the second chamber is warmer / colder than the first one

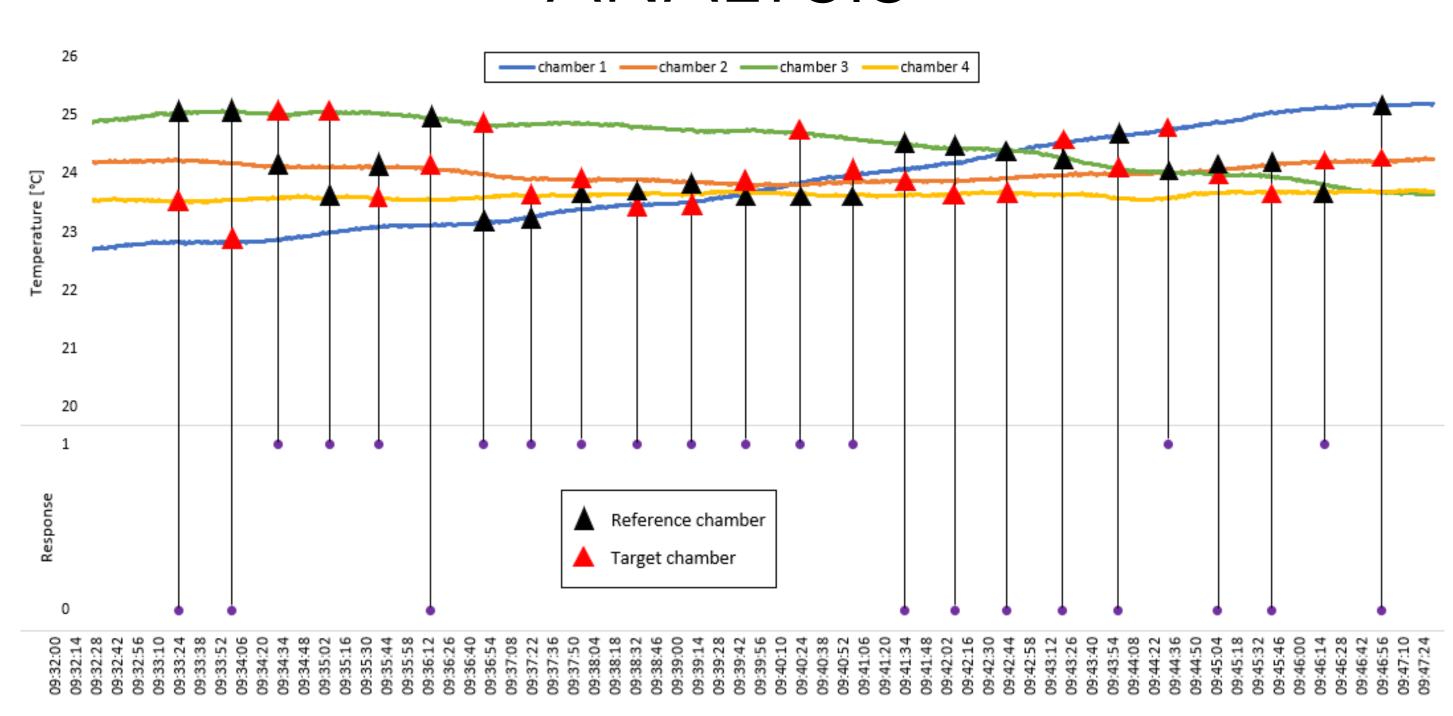
Procedure: Temperature varies inside each block between 23°C and 25°C



# **Exp 2:** same as Exp 1 except for different colours of the lights



#### ANALYSIS

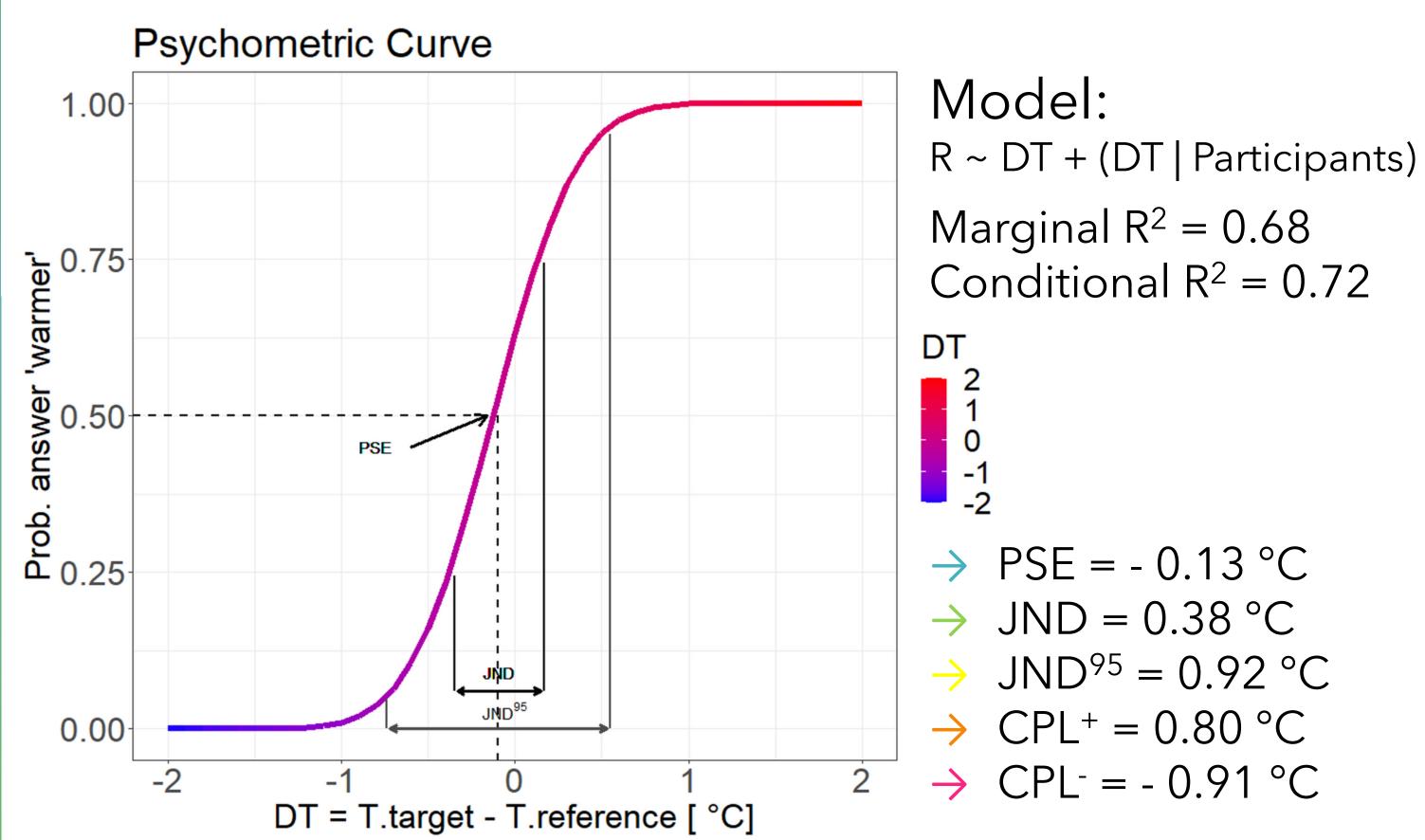


We calculated the  $\Delta$ Ts between the target chambers and reference ones and we associated their answers (1 = "warmer"; 0 = "colder")

We used GLMM for both experiments and calculated the PSE, JND, JND<sup>95</sup> and CPLs

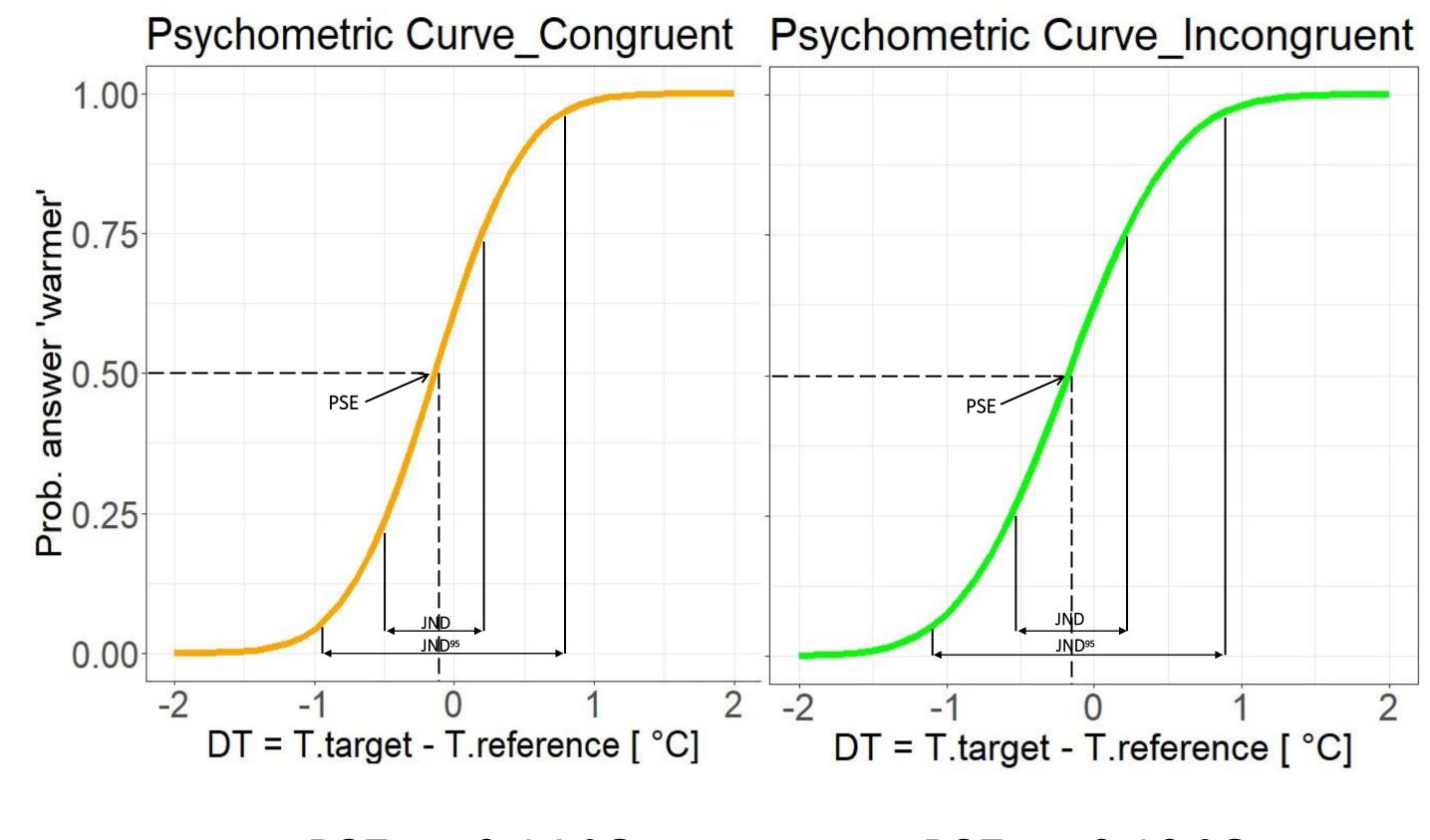
## RESULTS

#### Experiment 1



#### Experiment 2

Model: R ~ DT + Condition + (DT + Condition | Participants) Marginal  $R^2 = 0.47$  Conditional  $R^2 = 0.49$ Significance of effect of condition = 0.52



 $\rightarrow$  PSE = - 0.14 °C

→ JND $^{95}$  = 1.21 °C

- $\rightarrow$  PSE = 0.18 °C  $\rightarrow$  JND = 0.50 °C
  - $\rightarrow$  JND = 0.57 °C
    - $JND^{95} = 1.39 \, ^{\circ}C$

[1] Filingeri (2016). Neurophysiology of Skin Thermal Sensations. Comprehensive Physiology, 6(3), 1429 REFERENCES: [2] Mogensen, M. F., & English, H. B. (1926). The apparent warmth of colors. The American Journal of Psychology