

1 River network saturation hypothesis: factors influencing biogeochemical demand of entire
2 river networks relative to supply

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45

46 **Abstract**

47 River networks are important controllers of material transfer from land to ocean.
48 Understanding the factors regulating this function for different gaseous, dissolved, and
49 particulate constituents is critical as we seek to quantify the local and global effects of
50 climate and land use change. We propose the River Network Saturation (RNS) hypothesis
51 as a generalization of how river network regulation of material fluxes changes with flow
52 conditions due to imbalances between supply and demand at network scales. Demand for
53 a constituent across connected surface waters is broadly defined as any process that
54 removes a constituent from the downstream flux. In contrast to terrestrial ecosystems,
55 saturation of river networks is highly variable in time due to the considerable variation in
56 the supply of constituents associated with changes in flow. All river networks become
57 saturated under very high flow conditions, but the flow thresholds under which saturation
58 occurs depends on the inherent process rates for a given constituent, the presence of
59 saturating kinetics, and the abundance of lentic waters such as lakes, ponds, reservoirs, and
60 fluvial wetlands within the river network. As supply increases, saturation at network
61 scales is initially limited by previously unmet demand in downstream aquatic ecosystems.
62 We explore the RNS hypothesis in the context of different river networks, including, urban,
63 agricultural, lake-abundant, and intermittent. We also explore implications for the gaseous,
64 dissolved, and particulate components of the freshwater carbon cycle at network scales.
65 New approaches using nested *in situ* high-frequency sensors and spatially extensive
66 synoptic techniques offer the potential to test the RNS hypothesis in different river
67 networks. Better understanding of when and where river networks saturate for different
68 constituents will allow for the extrapolation of aquatic function to broader spatial scales,
69 providing information on the influence of river function on continental element cycles, and
70 help identify management priorities.

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76 **1. Introduction**

77 Continental freshwater ecosystems are characterized by physical, chemical, and
78 biological processes that influence the flux of materials from land to ocean. Sediment,
79 nitrogen, phosphorus, and carbon can all be retained (temporarily or permanently) or
80 transformed during downstream transport relative to the amount and forms entering from
81 land. This capacity has long been known for some constituents such as sediments and
82 reactive nutrients (e.g. Walling 1983, Alexander et al. 2000, Peterson et al. 2001), but for
83 others such as carbon this phenomenon has become a more recent research focus (Cole et
84 al. 2007). However, the control of constituent fluxes by surface waters is highly variable in
85 time depending on hydrologic conditions (Doyle 2005, Wollheim et al. 2008a, Hall et al.
86 2009a). The underlying importance of flow has recently been formalized as the Pulse-
87 Shunt concept for carbon (Raymond et al. 2016), but is also generally applicable to all
88 constituents transported by water (e.g. Wollheim et al. 2008a, Alexander et al. 2009).
89 Although flow is a primary control, other factors also determine the influence of the river
90 network on constituent fluxes. A general theory of the capacity of river networks to
91 influence constituent fluxes has not previously been explored. We propose the River
92 Network Saturation (RNS) hypothesis as a conceptual basis for understanding the capacity
93 of entire river networks to remove, retain, and/or transform inputs from land. We
94 demonstrate how the RNS can apply across form - particulate, dissolved, or gaseous - and
95 across constituent - sediment, pathogen, nutrient, organic matter or inorganic carbon. We
96 further suggest that the RNS can be used to elucidate the emergent functional behavior of
97 whole river networks across space and time.

98 The centrality of hydrology as a control on downstream fluxes is highlighted in the
99 Pulse-Shunt Concept (Raymond et al. 2016). Hydrology controls the amount of material
100 supplied to surface waters, and under elevated flows (the pulse) this material is
101 transported farther downstream (the shunt) because residence times are insufficient to
102 attenuate material inputs. That which is not shunted is retained, removed, or transformed
103 into another form, which may at some later time also be shunted downstream (or retained,
104 removed or further transformed). The underlying physical basis for this dynamic on a
105 stream reach scale has long been understood via the stream spiraling concept (Webster
106 1979, Newbold et al. 1981). The keys to understanding the capacity of river networks to

107 regulate fluxes are the processes that control removal, retention, or transformation,
108 henceforth referred to as demand.

109 The balance between the supply of a particular constituent to a river network and
110 the demand for that constituent throughout the river network determines net export to the
111 river mouth. Demand can include biological, chemical, and physical processes. We make
112 the simplifying assumption in this analysis that internal sources are minimal and view
113 demand as a net demand term, as in previous river network studies (Alexander et al. 2001,
114 Helton et al. 2010, Wollheim et al. 2006). All processes can be defined by a net reaction
115 rate, as either a per time constant (time^{-1}), a settling/piston/uptake velocity (length time^{-1})
116 or areal or volumetric rates (e.g. $\text{mass length}^{-2} \text{time}^{-1}$) (Boyer et al. 2006, Ensign and Doyle
117 2006). Reaction rates of these demand processes vary over orders of magnitude depending
118 on form, from very high (sediments, ammonium, phosphate, simple sugars), to moderate
119 (nitrate, fresh leaf leachate), to low or non-reactive (refractory dissolved organic carbon,
120 chloride) (Table 1). The combination of net reaction rates and hydrologic conditions
121 control the proportion of incoming flux transported further downstream. The RNS
122 considers these interactions in terms of supply and demand of different constituents at the
123 river network scale, which integrate over the many smaller streams that hierarchically
124 combine to form larger streams and rivers within a watershed.

125 The RNS hypothesis builds on the nitrogen (N) saturation hypothesis from forest
126 watershed systems (Aber et al. 1989) and applies this to river networks. The forest N
127 saturation hypothesis suggested that N limited forests leach little N until deposition
128 increases to sufficient levels and/or demand for N for growth diminishes. Over a long
129 enough period under which inputs exceed net demand, leaching accelerates. Lovett and
130 Goodale (2011) placed the forest N saturation hypothesis in a mass balance context that
131 considers percent of inputs leached as the balance between supply and demand. Forests
132 retain the vast proportion of N entering the system via atmospheric deposition when N
133 deposition is low (supply \ll demand) or when forests are in early stages of regrowth
134 (demand \gg supply). As N deposition increases, or net demand decreases as forests mature,
135 they pass through various stages until supply \gg demand. Lovett and Goodale (2011)
136 distinguish kinetic N saturation, in which the rate of N input (supply) exceeds the rate of N

137 sink (demand), from capacity N saturation, in which demand = 0. The RNS hypothesis
138 explores how the saturation concept can be applied to entire river networks.

139 Future climate in many regions is projected to become more variable, including a
140 greater frequency of extremely high precipitation events and extended dry periods (Melillo
141 et al. 2014). Thus the flow regime of river systems is projected to change in response to
142 meteorological change when floods are no longer considered stationary (Villarini et al.
143 2009). Because supply and demand of constituents are strongly influenced by flow
144 conditions (Doyle 2005), the ability of river networks to regulate fluxes will likely also
145 change. It is critical to understand this altered function in order to project the changing
146 continental-marine linkages within the Earth system. The RNS attempts to provide a
147 framework to improve understanding of the transport and fate of different constituents by
148 integrating supply and demand across the continuum of flow conditions, including extreme
149 events, and how these processes may differ across watersheds.

150 A major issue for broad macro-scale questions regarding aquatic function is how to
151 test predictions at the scale of entire river networks. At network scales it is difficult to
152 characterize loading due to the vast number of supply points (e.g. a large number of small
153 streams) that can vary considerably over time. Further, the effects of aquatic processes
154 accumulate along the entire flow path, and their sink strength may fluctuate in space and
155 time, making measurements of network scale removal difficult. Fortunately, a new
156 generation of *in situ*, high-frequency sensors is becoming more affordable and widely
157 deployed, offering the potential for empirical characterization of the variability of both
158 supply and demand within and across watersheds (Rode et al. 2016, Pellerin et al. 2016,
159 Miller et al. 2016). We will demonstrate how such tools can be used to test the RNS.

160 Here we present the River Network Saturation (RNS) hypothesis, building on
161 previous conceptual work such as the Pulse Shunt Concept, the Stream Spiraling Concept,
162 and the forest N saturation hypothesis. In particular we 1) emphasize the response of
163 demand at network scales (=cumulative processes) relative to terrestrial/landscape supply,
164 which inherently requires a representation of river network topology and geometry, and
165 encapsulates upstream-downstream linkages; 2) use simple models to explore factors that
166 influence river network saturation; 3) provide case studies of how RNS differs in urban,
167 agricultural, lentic, and intermittent river dominated networks, and an example focused on

168 the carbon cycle; and 4) discuss potential approaches for validation of network scale
169 demand for different constituents across flow conditions.

170

171 **2. River Network Saturation Hypothesis: The Balance between Supply and Demand** 172 **at Network Scales.**

173 The River Network Saturation (RNS) hypothesis states that the capacity of river
174 network to retain, remove, or transform a constituent entering from land declines with
175 increasing flow due to increasing imbalances between supply and demand for a constituent
176 at network scales (Figure 1a). Further, the flow condition at which saturation occurs is a
177 function of the reactivity of the constituent and characteristics of the river network. To
178 illustrate the RNS hypothesis, we initially assume that reaction rates remain constant
179 throughout the river network, and are not affected by flow conditions. Although a
180 reasonable first approximation (Ensign and Doyle 2006), this simplified condition is not
181 realized in actual river networks. Below, we explore conditions that relax this assumption.

182 Source/sink behavior of constituents is determined by river network size and
183 structure. River network size fundamentally determines the total surface area and/or
184 volume of lotic and lentic ecosystems where demand processes occur. River network
185 structure determines the delivery of materials to different components of the river
186 network (i.e. initial inputs to headwaters vs. tributaries vs. mainstem; flow path distance
187 through the network; interaction with lake/wetland/riparian systems). Thus, hydrologic
188 connectivity of different river network components, and demand within these components,
189 is also an important factor.

190 At the network scale, the proportion of a constituent shunted (=exported) across
191 flow conditions is determined by cumulative supply and demand curves for an entire river
192 network (Figure 1a). When demand remains flat with increasing supply, or changes much
193 more slowly than supply, the river system is considered saturated. The RNS hypothesizes
194 that for reactive constituents as flows increase, both supply and demand at network scales
195 also increases, but that demand increases more slowly than supply. The proportion of a
196 constituent that is shunted increases as the river network approaches saturation for the
197 process that retains or transforms the constituent. These dynamics translate to very high
198 percent retention of a constituent at low flows (possibly approaching 100%), and declining

199 retention with increasing flow (Figure 1b). We demonstrate why a logistic curve emerges
200 at network scales below.

201 Aquatic ecosystems have differing demand (or more generally, processing potential)
202 for various constituents. Examples of major processes include: assimilatory uptake (NH_4 ,
203 NO_3 , orthophosphate), dissimilatory uptake (denitrification of NO_3), microbial oxidation
204 (nitrification of NH_4 , DOC), photodegradation (photo reactive DOC), sorption
205 (orthophosphate, organic matter), sedimentation (TSS, particulate organic matter),
206 precipitation (dissolved minerals), and gas exchange (O_2 , CO_2 , CH_4 , N_2O). Some of these
207 processes transform one constituent to another (NH_4 to NO_3 , DOC to CO_2), or may be
208 temporary (TSS deposited in rivers that is resuspended under high flows, assimilation of
209 nutrients that are eventually remineralized, dissolution of precipitants). Other processes
210 result in permanent removal, e.g. denitrification, microbial and photochemical oxidation of
211 DOC, gas exchange, or sediment burial in lakes. Here we focus on processes that result in
212 permanent removal (or periods of net uptake). However, we also suggest that the RNS
213 conceptual framework is applicable for temporary storage with remobilization considered
214 as an additional internal supply.

215 The influence of aquatic processes on the amount of constituent transport
216 downstream in a particular water body is defined by the following equation, based on
217 commonly used formulations of aquatic demand in models (Boyer et al. 2006), which
218 clearly identifies the balance between supply and demand (Wollheim 2008a, 2016):

$$219 \quad R = 1 - \exp\left(-\frac{UWL}{QC}\right) = 1 - \exp\left(-\frac{\text{demand}}{\text{supply}}\right) \quad \text{Equation 1}$$

220 where R is the proportion of a constituent removed by a water body (unitless), U is areal
221 process rate ($\text{mass length}^{-2} \text{ time}^{-1}$), W is mean channel width (length), L is longitudinal
222 reach length (length), Q is discharge ($\text{length}^3 \text{ time}^{-1}$), and C is constituent concentration
223 (mass length^{-3}). In a lake or other lotic water body, WL in Equation 1 can be replaced with
224 surface area. If water column processes dominate, then the numerator in Equation 1
225 becomes (UDWL) where U is instead a volumetric process rate ($\text{mass length}^{-3} \text{ time}^{-1}$), and D
226 is depth (length). The numerator represents the demand for the constituent, whereas the
227 denominator represents the supply. The ratio of demand/supply is also equivalent to the
228 Damköhler number (Gu et al. 2007). For modeling purposes, U/C in Equation 1 is often

229 replaced with the uptake velocity, v_f , because it allows U to vary with C under the
230 assumption that removal rate is a first order reaction (an assumption not always met,
231 which can also be accommodated using this framework, e.g., Wollheim et al. 2008a).
232 Uptake velocity (often applied to dissolved constituents) is equivalent to a settling velocity
233 (applied to particles), or piston velocity (applied to gases), and assumes that processes
234 occur at interfaces, which is the case for many aquatic processes including particle settling,
235 sorption, gas evasion, photo-degradation, and processes that predominantly occur in
236 sediments such as denitrification or microbial respiration. Uptake velocities (v_f in m yr^{-1})
237 in water bodies (biotic or abiotic) can range from 0 for conservative solutes like chloride, to
238 extremely high values ($> 1000 \text{ m yr}^{-1}$) for reactive nutrients like NH_4 and orthophosphate,
239 simple organic carbon molecules, large particles or evasion of gases in turbulent waters
240 (Table 1).

241 The RNS applies Equation 1 to individual water bodies (stream and river reaches,
242 lakes, ponds, etc.) throughout the river network, which are linked by flows. Upstream
243 demand alters downstream supply. Individual stream or river reaches are typically
244 dominated by throughputs as opposed to internal cycling or removal especially at
245 moderate to high flows (supply \gg demand), whereas many individual lakes and most
246 terrestrial systems are dominated by internal cycling over throughputs (Essington and
247 Carpenter 2001). However, at the scale of river networks, even without ponded waters,
248 supply and demand are closer to balanced because most biogeochemical inputs occur in
249 the headwaters (Alexander et al. 2006), and surface water flow paths interact with
250 considerable surface area where processes occur en route to the basin mouth.

251 Supply of a given constituent to any given river network generally increases with
252 increasing discharge ($Q * C$ in Equation 1). Some constituent concentrations consistently
253 increase with discharge (e.g. TSS or turbidity, DOC; Raymond and Saiers 2010), so the rate
254 of increase in the constituent load (= supply) will be greater than the increase in discharge.
255 Other constituent concentrations typically exhibit dilution with increases in discharge (e.g.
256 nitrate in urban areas, geogenically derived SRP; Hensley et al. 2017, Koenig et al. In Press),
257 but even under these conditions, supply increases with increases in discharge, because the

258 extent of concentration dilution rarely offsets the discharge increase (i.e. flux is dominated
259 by Q term; Godsey et al. 2009, Basu et al. 2010).

260 The distribution of constituent supply from the landscape in a river network context
261 is skewed towards smaller streams. The total length of streams in a watershed is always
262 dominated by small streams (Leopold and Maddock 1954, Bishop et al. 2008). Small
263 streams intersect most of the landscape, and therefore intercept a disproportionately large
264 proportion of constituent inputs from land (Alexander et al. 2007). River network
265 geomorphology (fractal) theory describes the distribution and connection of streams and
266 rivers through a network (Rodriguez-Iturbe and Rinaldo 1997). Some small streams
267 bypass intermediate sized rivers and discharge directly into larger rivers. The probabilities
268 are predicted through analytical solutions of river network fractal geometry. The
269 exception to this pattern is point sources due to human activities, which generally enter
270 directly via outfalls to larger rivers (e.g., for N, P, labile organic matter).

271 The RNS hypothesis considers how demand changes relative to supply. The
272 response in demand to changes in flow is determined by three mechanisms that influence
273 the numerator in Equation 1, manifested as changes in river width, river length, or uptake
274 (here represented as $U/C = v_f$) as flow increases. River length likely changes minimally
275 (though see discussion of intermittent streams below), while river width increases with
276 hydraulic response to changes in flow depending on channel morphology. Widths tend to
277 increase relatively little with initial increases in storm flow (Leopold and Maddock 1953,
278 Knighton 1998), until bank full thresholds are exceeded and floodplains become connected
279 (which is also explored below). Finally, for now we assume that U relative to C in Equation
280 1 ($= v_f$) remains constant with changes in Q to demonstrate the emergent behavior of
281 entire river networks to changes in supply. In reality, reaction rates vary depending on
282 kinetic responses to concentration (zero order, first order, or higher order), light,
283 temperature, or microbial communities, but to demonstrate river network function we
284 initially ignore these.

285 Three types of network scale saturation can occur: capacity saturation, kinetic
286 saturation (Lovett and Goodale 2011), and spatial saturation. Capacity saturation occurs
287 when there is no net demand, so inputs equal outputs. Kinetic saturation occurs when

288 some net demand (removal) occurs but inputs > outputs. These concepts can be applied to
289 individual water bodies or at river network scales. Spatial saturation is an additional form
290 of saturation we define that emerges at river network scales through connectivity of a
291 series of ecosystems. At some low level of supply, the entire quantity of a constituent may
292 be retained near its point of input to the network. Because loading to river networks is
293 delivered predominantly to small headwater streams, only a small quantity of a constituent
294 is available downstream under low flows. As flow increases, more of the constituent tends
295 to be transported downstream. Essentially there is unrealized demand in downstream
296 reaches under low flows that can be met as excess supply is transported from upstream
297 under higher discharge. We will demonstrate spatial saturation and how it is affected by
298 flow, reaction rates, and other factors.

299

300 **3. Stages of Network Scale Saturation Response**

301 Four stages of network-scale constituent removal describe the spatial saturation
302 response of entire river networks (Figure 1b). These stages are essentially defined by a
303 logistic response curve. Stage 1 is characterized by complete removal at network scale
304 because demand is so great that constituents are immediately processed as they enter the
305 network. Demand can even exceed external supply if internal sources are available. In this
306 stage, network-scale demand exceeds supply with most removal occurring in headwater
307 streams. Stage 2 continues to show near complete removal at the network scale, but under
308 this condition, demonstrated below, retention by downstream reaches prevents any
309 leakage from the overall network. At the overall network scale, demand continues to keep
310 pace with supply. Stage 3 is characterized by rapid declines in the proportion of constituent
311 removed, resulting in increased breakthrough and export from the river network as loads
312 continue to increase with a slowing increase of the commensurate demand. In Stage 4, the
313 river network essentially has little or no attenuation of input fluxes, because supply
314 overwhelms demand. The rate at which different constituents move through these stages
315 (or remain in a particular stage) depends on hydrological and geomorphological conditions,
316 as well as physical or biological processes that influence the constituent. We demonstrate
317 the mechanisms by which the logistic response curve occurs below.

318

319 **4. Demonstration of River Network Saturation (RNS) Hypothesis**

320 We use two modeling approaches to demonstrate the RNS hypothesis (Table 2).
321 The first is a statistical model based on river network fractal geometry that accounts for
322 hydraulic characteristics and removal by different river orders, the distribution of direct
323 inputs (i.e., terrestrial sources that first enter the river network) relative to river order, and
324 the flow path water takes from source to basin mouth (Wollheim et al. 2006, Raymond et al.
325 2016). This model implements Equation 1 and is applied to a hypothetical seventh order
326 river network to explore how flow conditions, reaction rates, and kinetic assumptions
327 affect river network saturation in channel networks (Scenarios 1-3, Table 2). This
328 approach focuses only on the channel network. The second modeling approach uses the
329 Framework for Aquatic Modeling of the Earth System, a spatially distributed routing model
330 previously applied to channel networks (Wollheim et al. 2008a,b, 2015, Stewart et al. 2011,
331 2013, Samal et al. In Press), modified to account for the role of lakes/reservoirs, beaver
332 ponds, and floodplains to heuristically demonstrate how river network saturation is
333 affected by lentic water bodies (Scenarios 4-8, Table 2). The second model approach is
334 fully spatially explicit, based on the conditions in the Ipswich River network, MA (Wollheim
335 et al. 2008a). We assume chemostatic loading conditions (i.e., loading concentrations
336 remain constant with changing runoff/flow) and that v_f is not affected by water body type.

337 For each scenario, we present the response curve of percent of total inputs that are
338 removed by the river network vs. flow (Figure 1b). The scenarios include the effect of
339 increasing flow, increasing uptake velocity, increasing concentrations (with kinetic
340 response of uptake velocity), and increasing aquatic habitat (Table 2). In all scenarios
341 except the kinetic response scenarios, we assume first order kinetics (i.e. U increases
342 linearly with C , so v_f stays constant). In all scenarios, network scale removal follows a
343 logistic curve with increasing flow. Variation in each term within Equation 1 shifts the
344 logistic curve in Figure 1b to the right or left depending on whether removal proportions
345 are increased or decreased, respectively.

346

347 **4.A. River Network Saturation Depends on Runoff/Flow (Scenario 1)**

348 As flow increases, supply of a given constituent to the river network increases and
349 demand is eventually overwhelmed so that the percent removal by the river network
350 declines. At network scales, the balance between supply and demand declines non-linearly
351 between low and high flow, resulting in the logistic removal curve. For v_f typical of
352 denitrification during summer (Scenario 1 in Table 2, $v_f = 35 \text{ m yr}^{-1}$ in Figure 2), removal of
353 nonpoint inputs to the river network is near 100% through flows equivalent to about 10%
354 of the mean annual flow. Percent removal decreases rapidly to 34% at mean annual flow,
355 and further declines to < 5% at flows 10-fold higher than the mean annual. The lack of
356 responsiveness below a certain flow threshold (Stage 1 and 2 in Figure 1) indicates excess
357 demand relative to supply at network scales that continues to be met as supply initially
358 increases. The range of flows covered by Stage 1 and 2 is defined in part by the inherent
359 process rates associated with each constituent (section 4.C). The mechanism for this
360 limited response across Stages 1 and 2 is further described in section 4.B.

361 The rapid decline in constituent removal as flows continue to increase (Stage 3)
362 occurs because once downstream source limitation is removed (at the end of Stage 2),
363 network-scale demand changes slowly with further increases in flow, while supply
364 increases rapidly. In channel-only river networks (Scenario 1), habitat area increases
365 slowly with increases in discharge (width at-a-site exponent typically ~ 0.1 , Table 2), while
366 depth and velocity increase rapidly (Leopold and Maddock 1953, Knighton 1998). As a
367 result, all else being equal, demand increases slowly ($\sim Q^{0.1}$) while supply increases rapidly
368 ($\sim Q^1$). This pattern is equivalent to the effect of declining residence time, but placed in a
369 supply and demand context (note that the terms in Equation 1 are equivalent to $k * \tau$,
370 where τ is residence time; Wollheim 2016). The rate of decline during Stage 3 may differ
371 from that portrayed in this scenario (assuming channel only) because it assumes that new
372 habitat made available with increasing flow ($w \sim Q^{0.1}$) has the same reaction rate as the
373 previously inundated area, but this may not always be the case (e.g. biota may take time to
374 recolonize previously dried habitat). Process rates may decline in channels following
375 storms, e.g. when depth and/or turbidity increases, impeding light or scouring biota on the
376 stream bottom, and reducing demand for nutrients. However, rate of decline in Stage 3
377 may also slow if connectivity with floodplains or other reactive ecosystems increases (see

378 4.E). Furthermore, newly inundated habitat area may also serve as a source of some
379 constituents (e.g. SRP, Jones et al. 2015).

380

381 **4.B. River Network Saturation is Initially Limited by Downstream Systems (Scenario** 382 **1)**

383 Network scale saturation does not occur across a range of low flow conditions when
384 non-point sources are relatively low (Scenario 1) because large rivers within the network
385 are initially source-limited and buffer increases in supply. Most runoff and non-point
386 sources enter the network initially in low order streams (dashed line Figure 3, Alexander et
387 al. 2007), so these components of the network are first to process most inputs. In the river
388 network considered in Figures 2 and 3, which is constructed using typical geomorphic
389 ratios (drainage area, number, and length ratios, Wollheim et al. 2006), 60% of inputs
390 occur to first and second order streams. At low flows (< 2% of mean annual), supply to
391 these small streams is similar to demand (even at relatively low reaction rates, $v_f = 35 \text{ m yr}^{-1}$,
392 so very little constituent is exported downstream (RO=2% line in Figure 3a). Removal
393 occurs essentially as soon as the constituent enters the network (i.e. removal and direct
394 input curve are similar for $Q < 2\%$ of mean annual Q , Stage 1 in Figure 1b).

395 As constituent supply increases as flows increase, local demand in low order rivers
396 is overwhelmed and a greater proportion is transferred downstream. Because most inputs
397 in river networks occur in smaller streams, large rivers process little of the constituent
398 under lowest flow conditions. Assuming that v_f is constant throughout the river network,
399 larger rivers have unmet demand at low flow (Koenig et al. 2017). As flow increases,
400 demand in larger rivers can be met, and high network removal proportions maintained.
401 Under these conditions, downstream systems are connected to sufficient supply of the
402 constituent. Integration under the supply curve (dotted line) and under the removal curve
403 in Figure 3 indicates the percent removal of the constituent at the network scale. At 2%
404 mean annual Q , removal by 1st and 2nd order streams is slightly less than their direct
405 inputs, while removal by larger order streams is greater than their direct inputs, because
406 they are also removing excess constituent transported from upstream (Stage 2, Figure 1B).

407 The contribution of intermediate sized streams to overall network function
408 increases with increasing flows. Over certain flow conditions, the contribution of these
409 intermediate streams actually dominates at network scales (Figure 3a, flows = 10% of
410 mean annual flow). As flows and associated constituent supplies continue to increase,
411 greater breakthrough from intermediate streams occurs, increasing the role of the largest
412 river segments. At higher flows (> 200% of mean annual flow), overall network control of
413 flux declines, but the remaining removal capacity is dominated by the largest rivers. The
414 integration under each curve in Figure 3a corresponds with the total network removal in
415 Figure 2 during the particular flow conditions (with $v_f = 35 \text{ m yr}^{-1}$). The specific pattern of
416 response to increasing supply will vary depending on the hydraulic assumptions
417 (downstream width exponent), as well as constituent reaction rates (Wollheim et al. 2006).

418

419 **4.C. River Network Saturation Depends on Uptake Velocity (Scenario 2)**

420 The previous examples focused on network dynamics at a relatively low reaction
421 rate (Scenario 1, $v_f = 35 \text{ m yr}^{-1}$). In Scenario 2, we explored the effect of changes in v_f on the
422 removal capacity of river networks (Table 2). As v_f increases across the range of possible
423 values previously observed for different constituents (Table 1), the capacity of the network
424 to remove constituents increases considerably. The higher the v_f , the broader the range of
425 flows under which network demand is in Stage 1 and 2. At reaction rates typical for
426 ammonium (assimilation plus nitrification, $v_f = 1000 \text{ m yr}^{-1}$, Ensign and Doyle 2006),
427 network scale removal remains at essentially 100% through mean annual flow (Koenig et
428 al. 2017). Even at the very highest flow (15-fold higher than the mean annual), removal
429 approaches 60% of inputs. Over most of the flow range, constituent removal is
430 predominately in the low order rivers, but again, at the highest flows large rivers dominate
431 network scale function (Figure 3b). This pattern is consistent with observations that
432 ammonium is rarely observed at concentrations much above the analytical detection limits
433 unless located immediately downstream of a pollution source or in proximity to a reducing
434 environment. Other constituents may have very low reaction rates (e.g. chloride which is
435 conservative). Relatively conservative constituents are therefore always in Stage 4, where
436 removal is minimal and thus hydrological export is equivalent to supply. The constituents

437 summarized in Table 1 have a range of v_f values and their potential fates under different
438 flow conditions can be quickly assessed using Figure 2.

439

440 **4.D. River Network Saturation Depends on Uptake Kinetics (Scenario 3)**

441 Under the assumption of first order kinetics, as often invoked in water quality
442 models, the concentration of the constituent itself does not influence removal proportions
443 (the balance between supply and demand) because uptake increases linearly with
444 concentration and reaction rates remain constant. Thus, if supply increases due to
445 increasing concentration (Equation 1; e.g., with land use change), there would be no
446 response to increased loading, and the response curves in Figure 2 would remain
447 unchanged. However, for some constituents such as nutrients (e.g. NH_4 , NO_3), reaction rates
448 (as v_f) can be concentration dependent (Mulholland et al. 2008, Dodds et al. 2002). In this
449 case, uptake (U, demand) will respond non-linearly to concentration (C, supply) depending
450 on the reaction kinetics. This can be described by saturating (Michaelis-Menten) or
451 efficiency loss kinetics (Dodds et al. 2002, O'Brien et al. 2007, Hall et al. 2009b). We can
452 readily model this scenario by considering v_f as a function of concentration (as in
453 Mulholland et al. 2008, Wollheim et al. 2008a).

454 Assuming a scenario with efficiency loss of uptake typical of denitrification (leading
455 to permanent removal) applied in the hypothetical 7th order river network (Table 2,
456 Scenario 3), increasing concentrations lead to a shift in the removal curve vs. flow to the
457 left, reducing the capacity of the network to remove nitrate (Figure 4). The range of flows
458 over which the network retains most of the inputs (Stage 1 and 2) declines, and the range
459 over which the network has little or no influence increases (Stage 4). In effect, under the
460 assumption of concentration-dependent v_f kinetics, increases in supply are exacerbated by
461 a declining capacity of the network to remove the constituent. Further, removal in
462 upstream reaches has the added benefit of enhancing removal efficiency by downstream
463 reaches as constituent concentrations decline with distance downstream (Mulholland et al.
464 2008). Thus, higher order water bodies become relatively more important at network
465 scales. Concentration dependence of reaction rates will likely not be a factor for

466 constituents like TSS and possibly DOC, but will likely be important for highly reactive
467 constituents (PO_4 , NH_4 , NO_3).

468

469 **4.E. River Network Saturation Depends on Abundance of Lakes, Ponds, and Wetlands.**

470 The scenarios so far have only addressed channel networks, and provide a
471 perspective on the underlying role of river network structure and the stream continuum.
472 Actual networks are highly heterogeneous in space and time. In the final set of scenarios,
473 we varied the habitat term in Equation 1, $W \times L$, by incorporating different water bodies.
474 As noted above, Equation 1 can be revised for volumetric processes by replacing U with a
475 volumetric uptake, and $\text{habitat} = W \times D \times L$. Although some processes may become more
476 important in the water column of lentic waters, for simplicity we continue to apply the
477 assumption that processes at interfaces dominate (benthic, or air-water). Fluvial wetlands,
478 ponds, lakes, reservoirs and floodplains all introduce additional removal/transformation
479 capacity. Connectivity of fluvial wetlands and floodplains can vary significantly through
480 time depending on Q , as well as due to human activities (e.g. levees). Thus, this final set of
481 scenarios only demonstrates tendencies.

482 We ran four scenarios for the Ipswich River watershed in Massachusetts (MA), USA,
483 across a range of flow conditions (Scenarios 4-8, Table 2). Scenario 4 assumes only a
484 channel network, as before (cumulative channel surface area = 1.1 km^2 at mean annual
485 flow). Scenario 5 considers lakes/reservoirs as identified by existing GIS layers (surface
486 area = 10.9 km^2). Lakes replace all river channels within their boundaries, and the lake
487 attribute for surface area ($W \times L$ in Equation 1) defines each lakes removal capacity,
488 assuming their area changes little relative to flow. Scenario 6 considers beaver ponds in
489 addition to lakes and channels (surface area = 0.9 km^2). Beaver ponds are assumed to
490 occur randomly throughout the landscape at densities of $0.8 \text{ ponds km}^{-1}$ (PIE LTER
491 unpublished data), with individual surface areas to be 10-fold greater than mean annual
492 channel width they replace. Finally, Scenario 7 considers the activation of floodplains at 2-
493 fold the mean annual flow in stream orders 4 and 5, assuming floodplain width is 5-fold the
494 channel width (surface area = 3.9 km^2). In each case, we assume biological activity of the
495 non-channel water body is the same as in river channels (benthic $U/C = 35 \text{ m yr}^{-1}$).

496 A similar logistic curve occurs for each scenario, but constituent removal as a
497 function of flow shifts to the right as additional types of lentic water bodies are considered
498 (Figure 5). The addition of lakes and beaver ponds modestly increases the range of flows in
499 Stage 1 and 2, and reduces the range of flows in Stage 4. At mean annual flows, removal
500 increases from 28% in Scenario 4 to 52% in Scenario 6. Floodplains in 4th and 5th order
501 rivers elevate removal proportions at higher flows, though the difference declines as flow
502 continues to increase. Thus, lentic water bodies add considerable demand, particularly in
503 networks with high loading and reduce the range of flow at which saturation occurs.

504

505 **5. Case Studies**

506 The following case studies explore the balance between network supply and
507 demand for various constituents and networks with different land use or hydrological
508 regime. We describe how the RNS would apply to help understand four case studies of
509 river network function where the 1) watershed is agriculture-dominated, 2) watershed is
510 urban-dominated, 3) river network is lentic-dominated, and 4) river network dominated by
511 intermittent streams. We also apply the RNS in a fifth case study to understand factors
512 controlling the carbon cycle at river network scales for gaseous, dissolved, and particulate
513 forms.

514

515 **5.A. N₂O Emissions in Agricultural River Networks**

516 In agricultural regions, excess fertilizer or animal waste enter the stream network
517 from non-point runoff with negative consequences such as stream eutrophication and
518 nitrous oxide emissions (N₂O). NH₄ and NO₃ are the two major sources of N₂O through
519 coupled nitrification-denitrification (Mulholland et al. 2004). N₂O is generated mainly via
520 microbial denitrification of NO₃ (Seitzinger 1988; Beaulieu et al. 2010) and is an important
521 greenhouse gas (GHG) (Syakila and Kroeze 2011) that is 289 times more potent than CO₂
522 (IPCC, 2014) and is responsible for stratospheric ozone destruction (Ravishankara et al.
523 2009). In this section we explore how agricultural networks respond to alteration of supply
524 of dissolved inorganic nitrogen (DIN= NH₄ + NO₃) and how this could impact N₂O emissions
525 during high versus low flow conditions.

526 Supply of DIN increases considerably in agricultural watersheds due to excess
527 fertilizer applications. Storm flows can quickly transport excess DIN to streams, especially
528 where tile drainage exists, because of lower residence times in soils and bypassing of
529 reactive soils. Thus, both increases in Q and C lead to increasing supply. The fate of NH_4
530 and NO_3 once in surface waters differs. Uptake velocities, and hence demand, are higher for
531 NH_4 than for NO_3 (Ensign and Doyle 2006, Table 1) due to preferred incorporation of NH_4^+
532 into biomass and nitrification, with the latter creating in stream sources of NO_3 (Koenig et
533 al. 2017). Further, NO_3 uptake rates follow saturation kinetics such that v_f declines as NO_3
534 increases (Mulholland et al. 2008). As a result, at network scales, removal remains in Stage
535 1 and 2 for a larger range of flows for NH_4 than NO_3 (Figure 2,3). Since N_2O emissions are
536 proportional to NO_3 concentration (Beaulieu et al. 2010), under low flows that characterize
537 Stage 1 N_2O emissions will be source limited in larger rivers and most N_2O emissions will
538 occur in low order streams (Figure 3). As flows increase, DIN supply increases relative to
539 demand (Stage 3 and 4), downstream source limitation will be lessened and N_2O emissions
540 will increase at network scales (spatial saturation).

541 Field measurements corroborate these dynamics. During low flow conditions
542 (supply < demand) canal ditches and other lower order streams represent the part of the
543 stream network with a major role in N_2O emissions (Garnier et al. 2009, Beaulieu et al.
544 2011, Marzadri et al. 2017). As flow and associated NO_3 supply increase, intermediate
545 sized and higher order streams begin to contribute higher N_2O emissions (Garnier et al.
546 2009, Marzadri et al. 2017). However, rates in larger streams under higher flows remain
547 lower than those in small streams at low flows because surface to volume ratio decline with
548 increasing flow, and bottom sediments are where N_2O production occurs (Stewart et al.
549 2011, Zarnetske et al. 2011, Marzadri et al. 2012). Further, under increasing flow the role
550 of the hyporheic zone in controlling N_2O production declines relative to the water-
551 sediment interface and the water column with an overall reduction in N_2O emissions
552 (Marzadri et al., 2017). As a result, imbalances in supply and demand with increasing flow
553 will lead to greater changes in nitrate export fluxes than in network scale N_2O emissions.

554

555 **5.B. Urban River Networks**

556 Supply and demand of carbon, nitrogen, and other constituents are greatly altered
557 in urban stream networks compared to networks with less anthropogenic impact (Kaushal
558 et al. 2014, Kaushal et al. 2017), potentially shifting river network saturation curves to the
559 right or the left. Engineered flow paths alter both supply and demand through their impact
560 on flow rates and the efficiency of transport (Elmore and Kaushal 2008). Stream networks
561 may expand into the landscape creating new zero order streams consisting of gutters,
562 storm drains, culverts, pipes etc. (Kaushal and Belt 2012) (increasing L in Equation 1).
563 These new "channels" can behave as a biogeochemical transporter, leading to more supply
564 since terrestrial sites of transformation are bypassed, or a transformer of some processes,
565 depending on flow and seasonality (Kaushal and Belt 2012). In non-engineered stream
566 channels, there is often considerable simplification of channel structure due to wood
567 removal and floodplains are more likely disconnected, reducing biogeochemical demands.

568 Urban stream networks relative to their natural counterparts may have altered
569 demand because of elevated water temperatures associated with urban heat island effects
570 and lower riparian canopy cover (Kaushal et al. 2010), higher nutrient inputs from chronic
571 groundwater contamination (Kaushal et al. 2011), increased proportions of bioavailable
572 organic matter of microbial origin (Hosen et al. 2014), and increased light availability due
573 to riparian deforestation (Kaushal et al. 2014, Smith and Kaushal 2015). These changes can
574 enhance biological demand (U relative to C) for some constituents (Kaushal et al. 2014,
575 Smith and Kaushal 2015). For example, gross primary production can increase 5-fold and
576 organic carbon lability can increase 4-fold compared to nearby forest reference streams
577 leading to high network retention at baseflows (Kaushal et al. 2014). However, increasing
578 concentrations can also lead to lower removal proportions at network scales due to
579 efficiency loss when U declines relative to C (e.g., NO_3 , Mulholland et al. 2008, Figure 4).

580 During storm flows in urban watersheds, large pulses of constituents may occur
581 (Kaushal et al. 2014, Smith and Kaushal 2015, Pennino et al. 2016) and sources can change,
582 leading to changes in both supply and demand. For example, nitrogen sources can shift
583 from sewage to atmospheric sources (Kaushal et al. 2011, Pennino et al. 2016, Burns et al.
584 2009), and organic carbon sources can shift from in-stream to terrestrial detrital materials
585 (Smith and Kaushal 2015, Pennino et al. 2016). These may lead to declines in uptake
586 relative to concentration (lower v_f) compared to lower flows, causing shifts in removal

587 curves to the left (Figure 2). Stream burial can further decrease N uptake and demand
588 along urban stream networks. For example, nitrate is transported approximately 18 times
589 farther downstream in buried than in open streams before being retained, suggesting
590 widespread burial will also shift network scale retention to the left (Beaulieu et al. 2015).

591 Urban stream hydrology also impacts the microbial community processing of
592 constituents. Urbanized stream microbial communities are subject to higher rates of
593 scouring during storm events than forested systems, leading to decreased uptake (Larsen
594 and Harvey 2017, Reisinger et al. 2017). However, rapid recovery of urban stream biofilms
595 occurs following storms, which enhances nutrient uptake and demand along urban stream
596 networks (Smith and Kaushal 2015, Reisinger et al. 2017). The result is a microbial
597 community that is less resistant to adverse impacts during high flows, but more resilient
598 following such events.

599 Given the importance of storm contributions to annual N loads, many efforts to
600 retain N along urban stream networks have focused on enhancing N uptake using in-
601 channel stream restoration (Craig et al. 2008, Newcomer Johnson et al. 2016) or floodplain
602 reconnection (Kaushal et al. 2008, Newcomer Johnson et al. 2014, 2016, Scenario 7 in
603 Figure 5). These strategies should be integrated with stormwater management to regulate
604 supply (timing and amount of inputs during storms) relative to demand (benthic surface
605 area) to enhance network removal across flow conditions (Newcomer Johnson et al. 2014;
606 Section 4.E.) for multiple constituents, including particulate carbon and TSS (Filoso et al.
607 2015, Larsen et al. 2015, Larsen and Harvey 2017). Engineered ponds and wetlands may
608 also increase urban greenhouse gas fluxes, in addition to their service in nutrient retention
609 (Smith et al. 2017). These observations warrant further study. Overall, the size of the
610 restoration effort matters in regulating supply vs. demand and these management
611 strategies must consider the balance at network scales.

612

613 **5.C. Lentic Dominated River Network**

614 Fluvial wetlands can delay river network saturation by increasing demand relative
615 to supply (Fig. 5). This can be especially important in intensively managed agricultural or
616 urban watersheds where supply rates to the network of reactive nitrogen, suspended
617 sediment and phosphorus are often high and difficult to control (Section 5.A and 5.B).

618 Flow-through wetlands increase total river network demand by increasing surface area,
619 material residence time, demand rate, and total biological demand.

620 Wetlands and other lentic waters have, by definition, inherently larger water
621 storage volumes than channels of a similar length due to their shape, which increases
622 residence time ($W \times L \times D / Q$). Surface areas and residence times in wetlands and other
623 lentic waters are typically orders of magnitude greater than in channels (Roa-Garcia and
624 Weiler 2010, Rueda et al. 2006). For example, using Equation 1 and assuming a constant
625 removal rate of $30 \text{ mg N m}^{-2} \text{ hr}^{-1}$, nitrate concentration of 20 mg L^{-1} (resulting $v_f = 13.1 \text{ m}$
626 yr^{-1}), Q of 200 L s^{-1} , and a reach length of 300 m, a 300 m wide wetland along this reach
627 would remove 20% of incoming NO_3 compared to 0.2% removed in a 3m wide channel.
628 Residence time is related to both supply and demand (e.g. $\tau = L/v$ or $W \times D \times L / Q$, where
629 W and L also affect the demand, while Q determines the supply). However, under low flow
630 conditions demand tends to be high in comparison to supply in wetlands potentially
631 leading to source limitation that is maintained over a broader range of flows (Stage 1). As
632 discharge increases, supply increases faster than demand, and material may be transported
633 through lentic waters to downstream reaches (Stage 2). Wetland volume increases during
634 extreme events and reduce the magnitude of peak discharge in downstream portions of the
635 network. This reduction in peak discharge reduces the material supply rate to downstream
636 systems and network demand may keep pace with supply (so flows in Stages 3 and 4 are
637 less frequent).

638 Total biological demand and areal biological demand rates are high in wetlands and
639 other lentic waters. Due to their width, flow-through wetlands have inherently larger
640 inhabitable benthic surface area than channels ($W \times L$ in Equation 1) and thus, potentially
641 higher total biomass and total biological demand. Generally, biological demand in fluvial
642 wetlands (U/C or v_f) is higher per unit area than in channels (Wollheim et al. 2014), which
643 further enhances nutrient removal in lentic-influenced systems at network scales. Many
644 wetlands are characterized by high vegetative cover, which provides a number of benefits.
645 Vegetation enhances demand rates by direct nutrient assimilation and fuels microbial
646 removal processes through the production of organic carbon (Blodau 2002, Alldred and
647 Baines 2016). Excess organic carbon can enhance nitrate removal via denitrification in

648 downstream channels of the network as well as internal to the wetland (Hansen et al.
649 2016). Vegetation and its detritus also provide inhabitable surface area, which supports
650 high microbial biomass and thus enhances demand (Power et al. 2009). Lentic waters thus
651 generally delay saturation and move removal curves to the right (Figure 5).

652

653 **5.D. Intermittent River Networks**

654 Intermittent river networks are commonly found in regions where infrequent
655 monsoonal systems result in extreme events. Intermittent river networks exhibit a highly
656 dynamic hydrological regime that includes periods with no running water and the
657 alternation of wet and dry phases. Wet and dry cycles affect network-scale supply and
658 demand through impacts on terrestrial inputs, hydrologic transport, and stream processes
659 (e.g., Acuña et al. 2004, Datry et al. 2014). We hypothesize that the shape of the network
660 scale removal vs. flow relationship (Figure 1b) in intermittent river networks will exhibit a
661 hysteresis response depending on whether the network is wetting (flow increasing) or
662 drying (flow decreasing). We expect lower demand at a given flow or supply level during
663 the wetting phase than during the drying phase because biotic function has to recover from
664 declines following the dry period.

665 During the transition from wet to dry conditions (contraction phase), the shape of
666 the retention curve (Figure 1B) will likely be similar to those in other river networks
667 because biotic function has been established. As dry conditions become extreme, aquatic
668 microbial communities become detrimentally impacted. Gross primary production is
669 disproportionately suppressed compared to heterotrophic respiration (Timoner et a. 2014,
670 Acuña et al. 2015), meaning that net removal of organic matter can increase during
671 network contraction even if overall microbial metabolic activity is decreasing. Intermittent
672 river networks enter into Stage 1 as flow declines, but then gradually disconnect from
673 terrestrial ecosystems and some proportion of the network evolves towards dessication
674 (Bernal and Sabater 2012). Stream segments that retain water are disconnected from each
675 other such that hydrological connectivity across longitudinal, lateral, and horizontal axes
676 becomes extremely low and spatially variable (Bernal et al. 2013). Segments with surface
677 water continue to require constituents, so demand in these patches remains high relative
678 to supply (Martí et al. 1997, Valett et al. 1996) resulting in high network scale removal

679 (Stage 1, Figure 1). These studies suggest that $U \times W \times L$ decrease at a slower rate than $Q \times C$
680 (Equation 1) during the contraction phase, although there can be spatial heterogeneity in
681 this balance (Acuña et al. 2007; von Schiller et al. 2011, Datry et al. 2014).

682 After a dry summer period, heavy rainfalls in autumn lead to a resumption of
683 surface flow, and increasing supply of nutrients and organic matter from land and internal
684 stream bed sources from material that has accumulated during dry conditions (Butturini et
685 al. 2003, Vázquez et al. 2007, Loecke et al. 2017). During the initial transition from dry to
686 wet conditions, flow is relatively low compared to mean annual flows, while the
687 concentration of nutrients and dissolved organic matter in stream water can increase
688 several-fold (Bernal et al. 2005, von Schiller et al. 2015). So both Q and C in equation 1
689 increase during the wetting phase. At the same time microbial activity is initially delayed
690 during rewetting but recovers relatively quickly as microbes are stimulated by an influx of
691 new resources (Romani and Sabater 1997, Sabater et al. 2016). Nutrient supply initially
692 overwhelms nutrient demand after rewetting, especially in low order streams. As a result,
693 demand relative to supply is initially low, causing lower removal efficiencies and a removal
694 vs. flow curve shifted to the left compared to the drying phase (Figure 1b).

695

696 **5.E. Carbon Cycle and Network Saturation**

697 The carbon cycle in inland waters provides an excellent opportunity to demonstrate
698 the generality of the RNS hypothesis. Like other elements, carbon occurs in different forms
699 in surface water, including dissolved gases (carbon dioxide, methane), dissolved inorganic
700 and organic carbon (DOC, DIC), and particulate inorganic and organic carbon (POC, PIC). All
701 are subject to supply, transport, and uptake processes, but the rates of uptake or
702 transformation, as well as the ability of river networks to transport and mobilize each of
703 these carbon forms varies tremendously (Table 1). Thus, the balance between supply and
704 demand and the resulting stage of network saturation (Figure 1) likely also differ
705 considerably among carbon forms. Supply can also include sources that are produced *in*
706 *situ*, e.g. DOC leached from aquatic vegetation, CO_2 produced in sediments (Hotchkiss et al.
707 2015, Vidon and Serchan 2016, Werner et al. 2012), or resuspension of previously
708 deposited POC during high flows.

709 Dissolved gases in excess of saturation can enter river systems from terrestrial
710 ecosystems via runoff or from production within aquatic systems. At network scales,
711 "demand" (in this case, exchange across the water-air interface) is high relative to supply,
712 because gas exchange rates are relatively high (Table 1), particularly in steeper sloped
713 headwater streams. For gas inputs from terrestrial ecosystems, the network remains in
714 Stage 1 or 2 for a wide range of flows (Figure 1). Abril et al. (2014) explored how far
715 downstream CO₂ from a source location is advected before it is lost to the atmosphere via
716 gas exchange. Their approach can be reformulated in terms of supply and demand using
717 Equation 1 by considering R as the proportion of excess pCO₂ that is degassed across the
718 air-water interface in a water body ($R_{pCO_2_excess}$), which is a function of the piston velocity
719 (v_f), W, L, and Q. Here "demand" in terms of areal flux of CO₂ emitted from a water body is
720 in part a function of concentration (excess above saturation), so concentration influences
721 both the demand and the supply, and as supply increases, so generally does the demand.
722 While Abril et al. (2014) consider the effect of depth and velocity, in the RNS conceptual
723 model and Equation 1 these are represented by the equivalent Q/W.

724 Gas loss accumulates along the surface water flow path as determined by how each
725 factor in Equation 1 changes (C in terms of excess CO₂, v_f , W/Q, and L). In their exercise,
726 Abril et al. (2014) estimated that CO₂ could be transported 10-100 km downstream
727 depending on the gas transfer velocity similar to effects shown in Figure 2. Interestingly
728 for gases, as Q increases during storms both velocity times depth (= Q/W) and v_f increase,
729 which leads to simultaneous and offsetting increases in both supply and demand (Raymond
730 et al. 2012), resulting in increased terrestrial CO₂ emissions from surface waters of a
731 network (Beaulieu et al. 2008; Butman and Raymond 2011). Most streams remain
732 oversaturated for GHG despite high loss rates, suggesting that in-stream production offsets
733 gas evasion with distance downstream (Werner et al. 2012, Vidon and Serchan 2016).

734 The process is more complex for DOC. Demand for DOC is driven by biological
735 activity (microbial mineralization), physical processes (flocculation, adsorption), as well as
736 photochemical oxidation (Lu et al. 2013, Cory et al. 2014). DOC occurs in a variety of forms,
737 each with their own reactivity, which again can be represented by v_f (Mineau et al. 2016,
738 Table 1). The predominant forms of DOC, and hence reactivity, vary over space and time.

739 Generally DOC concentrations increase with runoff, so supply increases nonlinearly with
740 flow (Wilson et al. 2013, Raymond et al. 2010, Hu et al. 2016). If v_f remains constant, then
741 the pattern in Figure 1 will be followed (Jin et al. 2015), and level of v_f determines the flow
742 at which networks become saturated (Figure 2). However the predominant form of
743 terrestrial DOC can change during storms as different soil pools are connected to stream
744 flow (Creed et al. 2015), which because v_f varies with form, can result in altered demand
745 for DOC during storms. Previous studies have reported both increases and decreases in
746 DOC bioavailability in streams as flow (and supply) increases (Holmes et al. 2008; Fellman
747 et al. 2009; McLaughlin and Kaplan, 2013; Wiegner et al, 2009). Thus during storms,
748 removal may transition from one removal curve (in Figure 2) to another depending on how
749 predominant composition and v_f change.

750 However, because sediments likely contribute substantially to DOC reactivity at
751 whole reach scales (Sobczak et al. 2003), and the proportional exchange between water
752 column and sediments declines with increasing flow (Battin et al. 2008), reach-scale v_f
753 should also tend to decline with increasing flows (the role hyporheic zones is implicit in
754 reach-scale v_f , Mulholland and Deangelis 2000). Since DOC uptake is modulated by biology,
755 v_f will also be dependent on temperature, with generally lower v_f in cold months compared
756 to warm months. Thus DOC exported during a snow melt event would be expected to have
757 lower demand relative to supply than DOC exported during a summer rainstorm. However,
758 if the biological lability of DOC is higher during these months (e.g. because of lower
759 reactivity in soils) (Holmes et al. 2008), then aquatic reactivity could increase, offsetting to
760 some degree colder temperatures.

761 Thus, a complex set of factors interacts to determine what proportion of DOC
762 entering river networks is removed (oxidized) or exported, likely affecting the shape of the
763 removal curve. Relatively little reach-scale research has explored the variability of DOC v_f
764 throughout river networks. Although the effects of water temperature, light, microbial
765 communities, flow regime, nutrient regime, and local DOC form have all been documented
766 (Hall et al. 2016, Thomas et al. 2005, Griffiths et al. 2012, Mineau et al. 2016),
767 understanding the controls on DOC v_f will require additional research.

768 The dynamics of POC highlight another degree of complexity. Unlike DOC, POC can
769 be stored in depositional features such as pools, meander bars, lentic waters and
770 floodplains. In-stream storage sites can become important sources during storms (Dhillon
771 and Inamdar 2014). Similar to CO₂, the distance that POC will be transported from a
772 discrete source will depend on water turbulence but also the physical characteristics of the
773 particle (together affecting net sedimentation rate, v_f). Once deposited, the fate of POC will
774 be determined by its reactivity (per time biological decay), conditions of the depositional
775 zone and the potential for re-entry into the water column due to future turbulent events
776 (mobilization of internal sources).

777 To integrate these three major forms of carbon (POC, DOC, CO₂), we expect the
778 following: 1) the majority of terrestrial inputs of CO₂ and CH₄ will evade in most river
779 networks of larger watersheds across flow conditions because "demand" increases with
780 supply (Stage 1 or 2); 2) terrestrial inputs of most POC will be deposited somewhere within
781 the river network due to high settling velocities, particularly in networks with abundant
782 lentic water bodies and connected floodplains (Stage 1 and 2); 3) POC deposited within the
783 stream network will contribute to net heterotrophy, and is therefore a source of CO₂ that is
784 also rapidly evaded, and/or DOC leachate that is transported downstream; and 4)
785 terrestrial DOC is shunted through the network across flow conditions when lability
786 (demand) is low (Stage 3 and 4) but is removed when lability is high (Stages 1 and 2).

787

788 **6. Validation Approaches**

789 The RNS hypothesis describes network scale function. While river network models
790 are helpful for understanding these potential dynamics, observations of function at the
791 network scale would facilitate testing of models and allow empirical comparison of
792 function of different river networks and how they respond over time and space. Typically,
793 observations of flow and concentrations are collected at basin mouths to test the
794 predictions of river network models (Wollheim et al. 2008a, Alexander et al. 2009).
795 However, such measurements do not isolate the effects of loading and river network
796 transformation. As a result models can simulate the right answer for the wrong reason. As
797 high frequency, *in situ* nutrient sensors become more affordable the potential arises to

798 deploy them in ways that address network scale function. Researchers are beginning to
799 use *in situ* sensors for these purposes. For example, Miller et al. (2016) used a single
800 station approach to estimate network scale retention of NO₃ over the course of a year in the
801 Potomac R. watershed. The sensor was deployed at the watershed outlet, and winter
802 concentrations were assumed to reflect loading from land, on the assumption that biotic
803 processes are low during winter. This approach also assumed that inputs from land are
804 derived from two sources, groundwater and soil runoff, which varied as determined
805 through a hydrograph separation approach. Each of these sources was held constant over
806 the year, an assumption not likely to hold in many cases. Such an approach could be
807 improved through more detailed characterization to temporal and spatial variation of the
808 NO₃ sources, which would require a network of sensors

809 An alternative approach is to deploy a network of sensors in both headwaters and at
810 the basin mouth and estimate network removal using an end member mixing analysis
811 involving both reactive and conservative solutes (Wollheim et al. In Press). With this
812 approach, storm event scale flux of both reactive nitrate and conservative chloride vs. total
813 storm runoff in multiple headwaters are used to derive the anthropogenic end member.
814 The end members for anthropogenic and non-anthropogenic land uses can then be used to
815 predict the nitrate:chloride flux ratio at the basin mouth based on land use fractions
816 assuming conservative mixing, and then compared to observed nitrate:chloride flux ratio
817 at the basin mouth. Derivation of an anthropogenic end member from multiple headwaters
818 also allows for estimation of uncertainty. This approach therefore isolates both the loading
819 and network transformation signal at storm event or under stable base flow scales. This
820 technique could also be applied at different times of year and over time, avoiding some of
821 the assumptions of Miller et al. (2016). Further, these results would be an independent test
822 of river network model predictions.

823 As an example, we applied the statistical model used in Scenario 1 (Table 1;
824 Wollheim et al. 2006) to the fourth order river network in which Wollheim et al. (In Press)
825 deployed the end member sensor approach (the Oyster River watershed, with drainage
826 area = 50 km²). Model predictions of retention across flow conditions indicate that both
827 the model and the observations exhibit a decline in network scale nitrate retention with
828 increasing storm size, and predictions were within the uncertainty of the observations

829 (Figure 6a). However, the observations suggest the model contains incomplete dynamics
830 (e.g. negative retention or mobilization of nitrate during the largest storm events, which is
831 not considered in the statistical model). Deployment of nested sensor networks in a
832 variety of river networks, for a variety of constituents, could be used to test aspects of the
833 RNS hypothesis.

834 Other approaches have relied on synoptic sampling throughout river networks at
835 various snapshots in time using similar principles. For example, Wollheim et al. (2008a)
836 used twenty different synoptic surveys over a two-year period to estimate network
837 retention across different flow conditions. The synoptic survey approach relies on
838 regressions of nitrate concentration vs. land use in headwaters, which are then compared
839 to concentrations at the network outlet. Results suggested that retention in the Ipswich
840 River network was high at low flow, declined with increasing flow, but then increased again
841 at higher flow conditions when abundant fluvial wetlands were connected (as
842 demonstrated by the floodplain scenario in Figure 5). Figure 6b shows nitrate
843 concentrations, measured during three separate synoptic sampling events in a single
844 watershed within the Upper Mississippi River basin, decreasing as modeled nitrate mass
845 travel time increased. In this study most sites with the cumulative travel times greater than
846 ~ 10 hours (Figure 6b black markers, a metric of time spent in a surface water flow path)
847 had > 8% lentic waters (Czuba et al. in review). This demonstrates the potential
848 management strategy of increasing network demand to counteract high supply rates in
849 intensively managed landscapes (Hansen et al. accepted). In a nested watershed study in
850 the Adirondack Mountains, NY, Vidon et al. (2014) showed that stream network features
851 (e.g. presence of lakes and wetlands, headwater vs. lowland) had a dominant role on the
852 bioavailability of DOC across flow conditions. These different approaches could be used to
853 test model predictions, and to compare the function of different river networks with
854 respect to the RNS and the balance of supply and demand.

855

856 **7. Limitations**

857 The models presented here are simple and do not consider many factors that likely
858 also affect network scale function. For example, the models did not represent in-stream
859 sources, which are likely important for sediment and particulate organic matter that settles

860 in streams, or DOC mobilization and nutrient mineralization from stream organic matter or
861 biota. The observations of whole network retention vs. storm size (Figure 6) suggest that
862 mobilization of nutrients from internal stream sources may become important. We also did
863 not consider the spatial and temporal heterogeneity of reaction rates. For example, storm
864 events can cause aquatic process rates to decline with recovery times that vary among
865 different river networks (Reisinger et al. 2017). The impact of short and long-term
866 disturbances on network function can be explored with approach we have outlined here.

867

868 **8. Conclusions**

869 The RNS is a general hypothesis that can serve as a framework for understanding
870 aquatic function at network scales and can be used to generate more detailed hypotheses
871 on riverine retention and transport processes (Table 3). It can be applied generally to
872 multiple constituents, including gaseous, dissolved and particulate species. It suggests how
873 and why network scale removal follows a non-linear pattern with increasing flow as a
874 function of constituent reaction rates and kinetics and the availability of reactivity surface
875 area. It also demonstrates the importance of larger streams and rivers in buffering
876 network scale saturation with increasing flows.

877 The RNS hypothesis looks at network scale function across a range of flow
878 conditions. Understanding the resulting response curves is critical as climate variability
879 and the number of extreme events changes. Extreme events can include catastrophic
880 floods, or a greater frequency of drought and intermittent river networks. To evaluate how
881 systems respond to extreme events, we must place river networks in the context of more
882 common conditions. For example, we can hypothesize that under typical flow conditions,
883 there is a certain response curve (Figure 1b), but that following disturbances caused by
884 extremely high flows (where biota is scoured) or extremely low flows (where biota is
885 dessicated), there will be a shift in the response curve to the left (reduced network scale
886 function). Alternatively, we could also hypothesize that fresh organic matter introduced
887 during extreme high flows enhances some functions or that source limited areas following
888 dry periods result in rapid uptake, causing shifts to the right (enhanced network scale
889 function). The RNS complements the idea that aquatic systems do geomorphic work and
890 have an effective discharge of removal (Doyle 2005) as was applied to understand network

891 scale N removal (Wollheim et al. 2008a). The effective discharge approach integrates over
892 some time period to determine the flow conditions under which river networks receive the
893 most material and when they remove the most inputs, to determine when they transport
894 the most material (geomorphic work). As flow frequencies shift, the work that can be done
895 by river networks will also shift. The RNS can be used to understand these responses.

896 There are a number of research priorities that would help enhance understanding of
897 network scale function and better test the RNS. First, nested *in situ* sensors for more
898 constituents should be deployed in a greater variety of watersheds. Affordable, *in situ*
899 sensors are becoming more available for a variety of reactive nutrients (e.g. EPA Nutrient
900 Sensor Action Challenge), and should be deployed in headwaters of representative land
901 uses and at their basin mouths. Conductivity sensors should always be co-deployed to
902 allow correction for conservative solute transport and dilution, as is typically done in
903 reach-scale studies (Stream Solute Workshop 1990). Aggregation to storm event scales is
904 likely needed to allow comparison across spatial scales, as storm events have different time
905 scales in smaller headwaters compared to larger rivers. These approaches are likely most
906 appropriate for intermediate sized rivers (Wollheim et al. In Press). In larger watersheds,
907 nested networks at multiple hierarchical levels may be needed to account for spatial
908 variability in loading dynamics. As sensors become more affordable, such approaches may
909 become feasible.

910 Second is the need to better understand and quantify spatial heterogeneity of
911 function among water bodies embedded within river networks. Obviously, increased
912 residence times of large lakes, reservoirs, and connected floodplains needs to be integrated,
913 as well as their reaction rates for different constituents. But also important is the role of
914 more advection dominated lentic waters, including beaver ponds, fluvial wetlands, and
915 small reservoirs. We hypothesize that the range of conditions existing in heterogeneous
916 river networks enhances overall network function by allowing different processes to
917 dominate in different parts of the flow path that could alleviate source limitation (e.g.,
918 conditions that alternately favor nitrification and denitrification). This phenomenon will
919 require incorporation of linkages among multiple biogeochemical cycles (e.g., carbon,
920 oxygen, nutrient interactions, Schlesinger et al. 2011, Helton et al. 2017) that also account
921 for the links between microbial communities and functions. Finally, a greater

922 understanding of process rates across the range of flow conditions and response to
923 disturbances are needed. Many tools developed to study streams and rivers require low
924 flow conditions and are not easily applied at high flows (Ensign and Doyle 2006, Tank et al.
925 2008). More effort is needed to estimate reaction rates at higher flows, in higher order
926 reaches, and repeatedly so as to better understand the range of variability and the role of
927 ancillary drivers such as concentration, light, and temperature.

928 The RNS hypothesis helps to understand the complex interplay between demand
929 and supply associated with flow and loading concentrations that can lead to a changing role
930 played by smaller vs. larger streams, and the role of aquatic systems in regulating fluxes to
931 downstream systems. For some constituents, the concern is what proportion of inputs
932 reach downstream systems. For others, the concern is how much of a constituent is
933 actually evading from the network. And for others, the concern is how much of a
934 constituent is accumulating within the network. Anthropogenic changes lead to changes in
935 supply, as well as to both direct and indirect changes in demand. To better understand the
936 role of aquatic systems in continental constituent cycles, and better manage aquatic
937 ecosystem function, including receiving waters, understanding the interplay of supply and
938 demand and how these lead to network scale function will be critical.

939

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949

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1308 Tables

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1310 Table 1. Median reaction rates for different constituents in surface waters. All uptake
1311 velocities are standardized to units of meters per year to facilitate comparison among
1312 different constituents. * = quiescent water.

Constituent	v_f (m yr ⁻¹)	Source
Chloride	0	Assumption
Ammonium	2680	Ensign and Doyle (2006)
Phosphate	1150	Ensign and Doyle (2006)
Nitrate-Total (using solutes)	740	Ensign and Doyle (2006)
Nitrate-Total (using ¹⁵ N)	220	Mulholland et al. (2008)
Nitrate-Denitrification (using ¹⁵ N)	25	Mulholland et al. (2008)
Dissolved Organic Carbon		
- Simple Compounds	1500	Mineau et al. (2016)
- Leaf Leachates	580	Mineau et al. (2016)
- Bulk (summer low flow)	4-37	Wollheim et al. (2015)
Particles	18-93,000*	Cheng (1997)
Sands	>150,000*	Ferguson and Church (2004)
Bacteria (<i>E. coli</i>)	40-300	Drummond et al. (2015)
Gases	37-37,000	Raymond et al. (2012)

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1315 Table 2. Scenarios used to demonstrate different aspects of the river network saturation
 1316 hypothesis.

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Scenario	Model	Network	Width-Down stream vs. Q	Width-At-a-site vs. Q	Uptake Velocity (m yr ⁻¹)	Mean Annual Runoff (mm yr ⁻¹)	Daily Runoff (mm yr ⁻¹)	Loading Conc.	Types of Water Bodies
1. Role of Flow	Statistical Network	7th order	$w=8.3Q^{0.52}$	$w=aQ^{0.1}$	35	500	1-10000	Constant, first order	Channels only
2. Role of Uptake Velocity	Statistical Network	7th order	$w=8.3Q^{0.52}$	$w=aQ^{0.1}$	10-1000	500	1-10000	Constant, first order	Channels only
3. Role of saturating kinetics	Statistical Network	7th order	$w=8.3Q^{0.52}$	$w=aQ^{0.1}$	$vf = 10^{-0.79 * \log C + 2.709} * 365$	500	1-10000	0.2 - 10 mg L ⁻¹	Channels only
4. Role of Channels Only	Spatially explicit Network	5th Order	$w=8.0Q^{0.58}$	$w=aQ^{0.1}$	35	352	3.65-3650	Spatially varying, based on land use	Channels only for Ipswich River network
5. Role of Lakes	Spatially explicit Network	5th Order	$w=8.0Q^{0.58}$	$w=aQ^{0.1}$	35	352	3.65-3650	Spatially varying, based on land use	Scenario 4 + GIS Lakes
6. Role of Beaver ponds	Spatially explicit Network	5th Order	$w=8.0Q^{0.58}$	$w=aQ^{0.1}$	35	352	3.65-3650	Spatially varying, based on land use	Scenario 5 + 0.8 ponds km ⁻¹ , BP W = 10x mean channel W
7. Role of Floodplains	Spatially explicit Network	5th Order	$w=8.0Q^{0.58}$	$w=aQ^{0.1}$	35	352	3.65-3650	Spatially varying, based on land use	Scenario 5 + floodplains on Order 4 and 5 streams, w/ activation @ 2x mean annual Q, w/ FP W 5x channel W

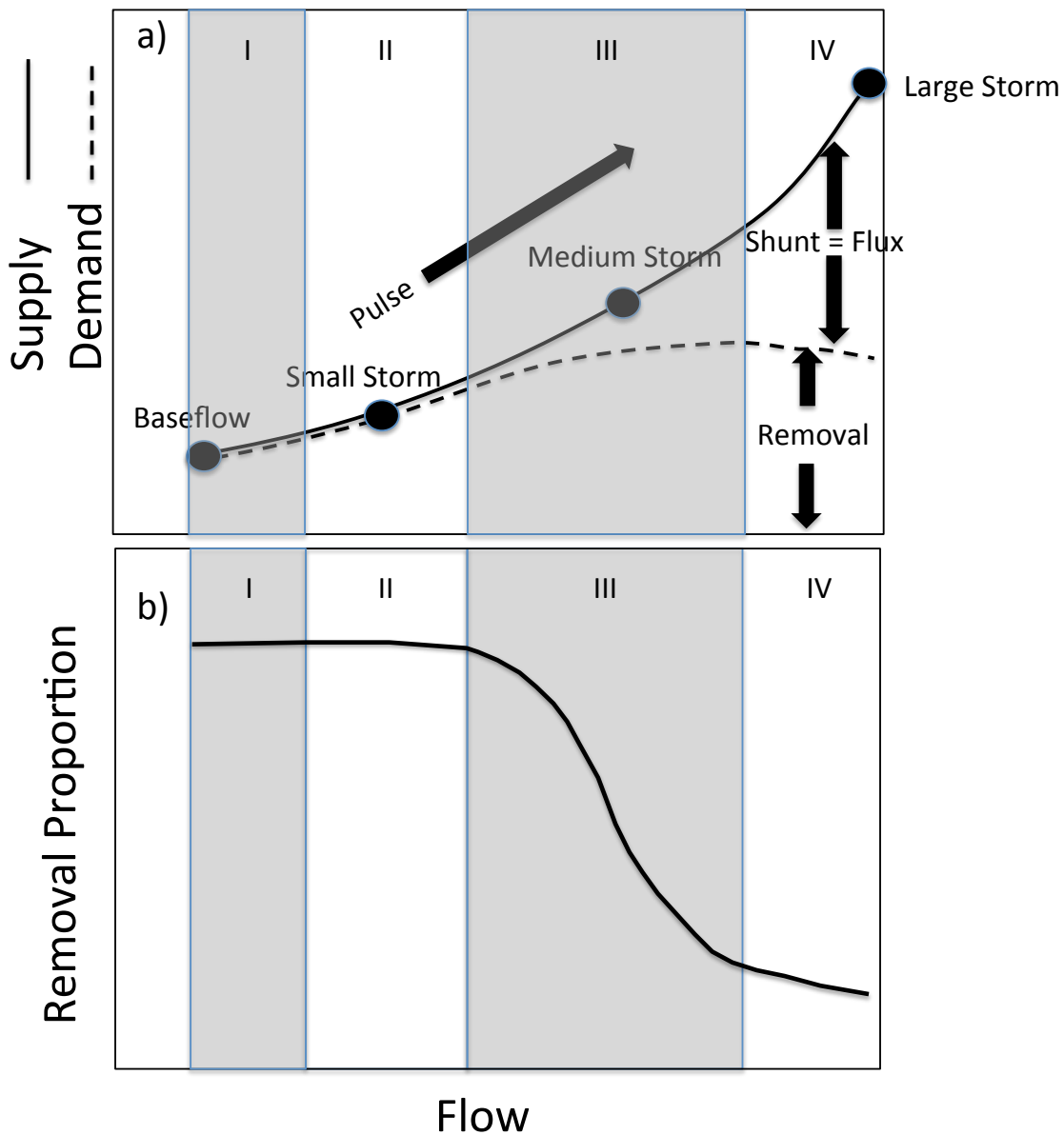
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1319 Table 3. Examples of specific hypotheses generated by the RNS.

Specific Hypotheses
1. Urban and agriculture dominated networks are closer to saturation (Stage 4) for nitrogen than other networks because of increased loading, efficiency loss, and anthropogenic disturbance of the channel networks.
2. Urban and agricultural networks will see greater shift in the removal response curve following extreme events than other river networks due to greater disturbance caused by flow variability.
3. Intermittent river networks will experience less hysteresis in the removal curve following drying than river networks where drying occurs only rarely because the former are adapted to periodic drying.
4. River networks with abundant lakes and fluvial wetlands are less likely to reach saturation (Stage 4) than other river networks because of greater overall constituent demand.
5. River networks with abundant lakes and fluvial wetlands will show smaller changes in network scale removal during and following extreme events than river networks with fewer lakes and fluvial wetlands because they buffer changing conditions that influence both rates of supply and demand.
6. Urban and agriculture dominated networks are further from saturation (Stage 4) for organic carbon than other networks due to an increased demand that results from overall higher lability of organic carbon accompanied by conditions facilitating organic carbon removal such as more abundant nutrients and deforestation of riparian zones
8. Extreme climatic events (i.e., more frequent, large-size storms) will lead to increased loads of more labile organic compounds exported to coastal oceans and stimulate microbial food webs therein, because of greater supply vs. demand imbalances.

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1321 Figure 1. The river network saturation hypothesis, showing a) the change in supply and
 1322 demand across a range of flow conditions, and b) the resulting shape of network scale
 1323 removal proportions as function of flow conditions. Four stages are identified, including
 1324 Stage 1: when removal by network occurs immediately at point of entry and there is little
 1325 export; Stage 2: when constituents begin to be transported further downstream but are
 1326 removed by previously source limited ecosystems downstream; Stage 3: when removal
 1327 increases at a much slower rate than supply; Stage 4: when removal by the network is
 1328 small relative to supply.

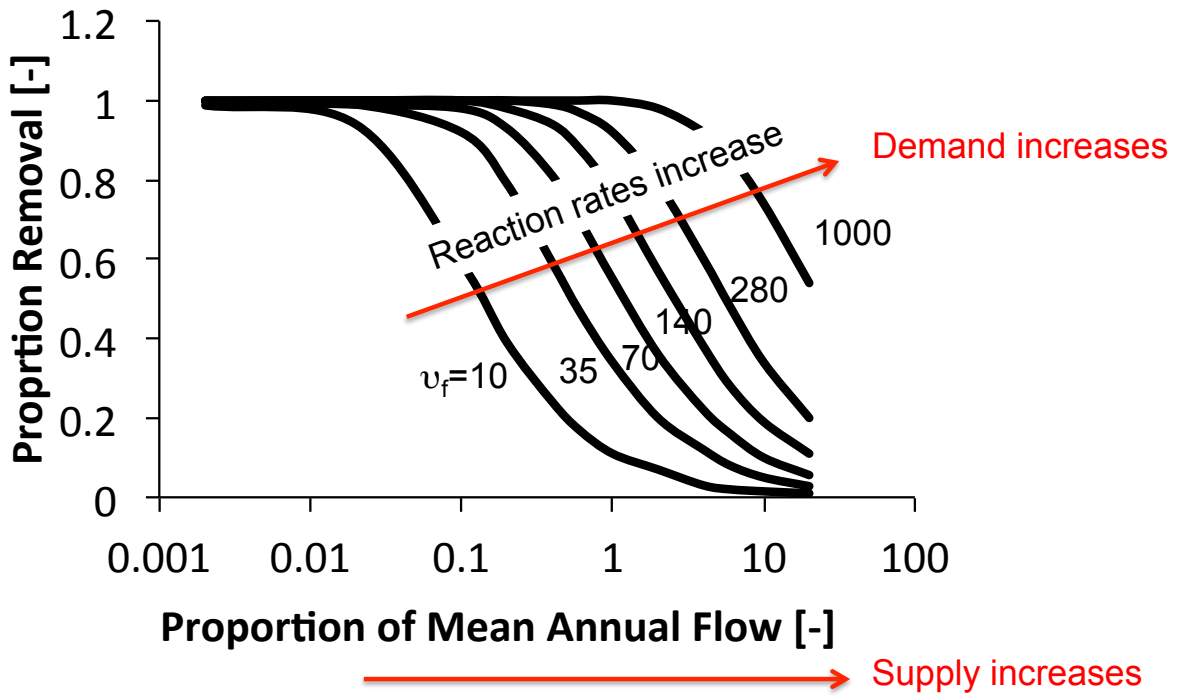


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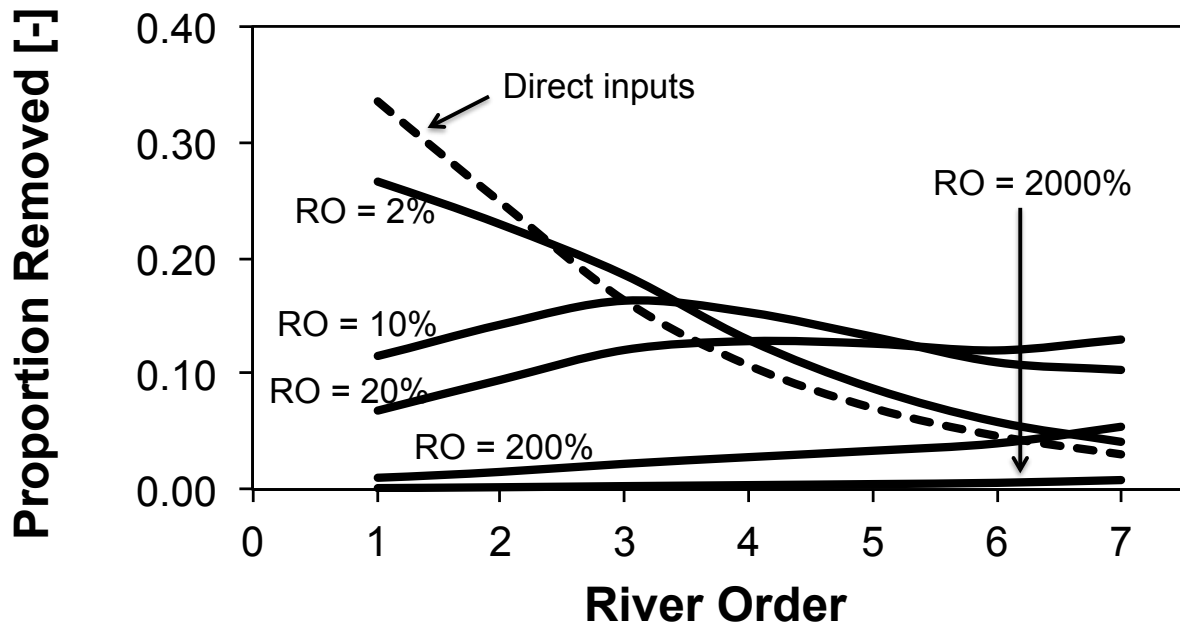
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Figure 2. Network scale removal proportions as a function of flow as a proportion of mean annual flow conditions assuming different constituent reaction rates (Scenarios 1 and 2). v_f in units of $m\ yr^{-1}$.

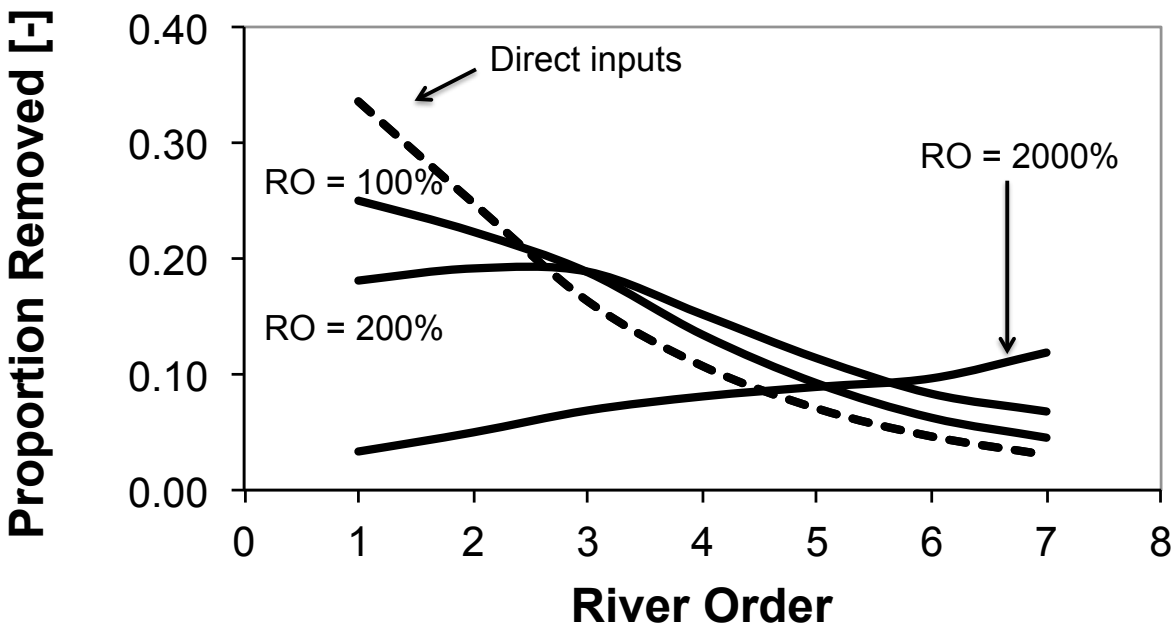


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1342 Figure 3. Distribution of total inputs removed by each river order within a 7th order river
 1343 network as a function of runoff (RO) conditions represented as % of mean annual flow a)
 1344 assuming uptake velocity = 35 m yr⁻¹ and b) assuming uptake velocity = 1000 m yr⁻¹.
 1345 Dotted line shows direct inputs where terrestrial sources first enter the river network, and
 1346 are assumed to be constant across flow conditions. Scenarios 1 and 2.

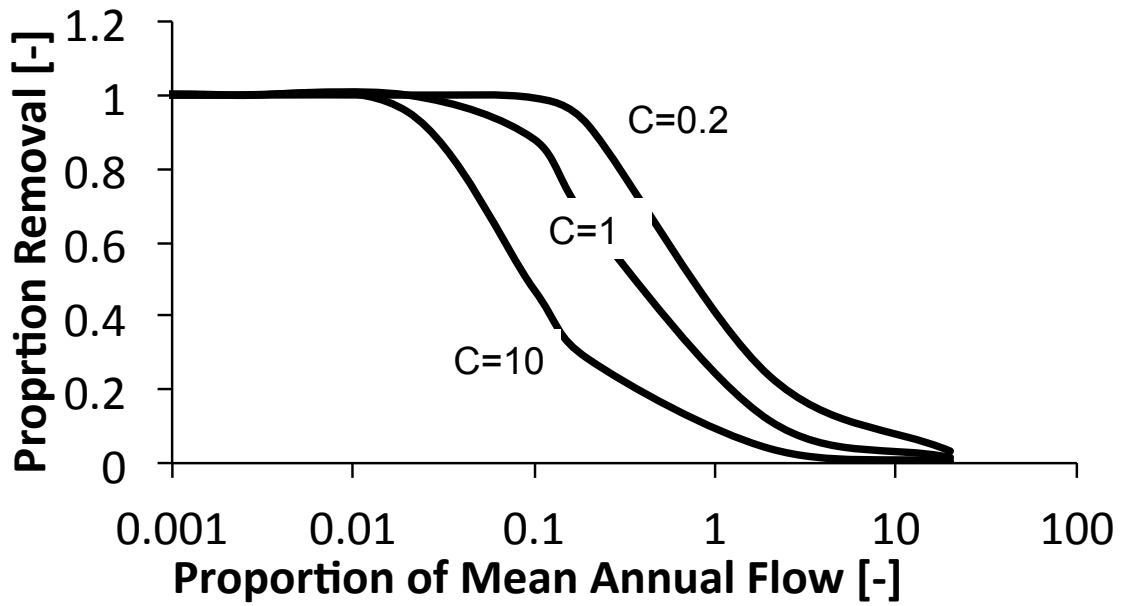


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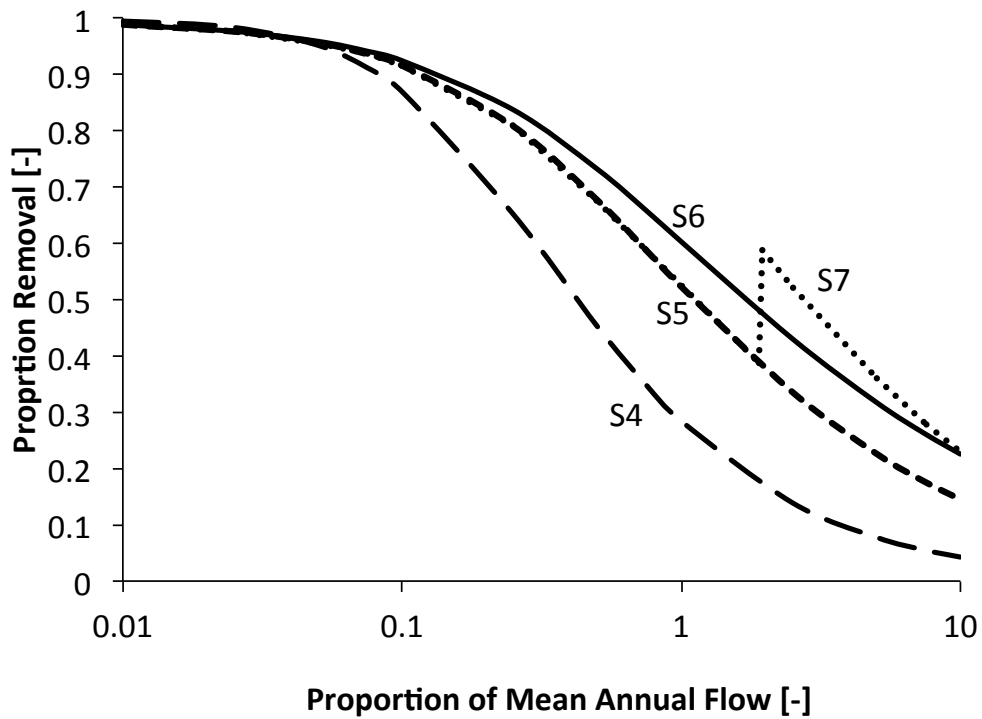
1349 Figure 4. Network scale removal proportions as a function of flow as a proportion of mean
1350 annual flow conditions for different loading concentration (0.2, 1, and 10 mg N L⁻¹, Scenario
1351 3), assuming the uptake velocity vs. concentration relationship reported in Mulholland et al.
1352 2008 and Wollheim et al. 2008a, appropriate for denitrification of nitrate.
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1358 Figure 5. Network scale removal proportions as a function of flow conditions accounting
1359 for different types of aquatic systems in the Ipswich River watershed (Drainage Area = 400
1360 km²), containing a 5th order river network. S4 = channel network only; S5 = S4 + GIS lakes;
1361 S6 = S5 + beaver ponds at density 0.8 km⁻¹, W = 10x mean annual channel width; S7 = S5 +
1362 flood plain activation at 2x mean annual runoff in order 4 and 5 streams where floodplain
1363 width is 5x the mean annual channel width.

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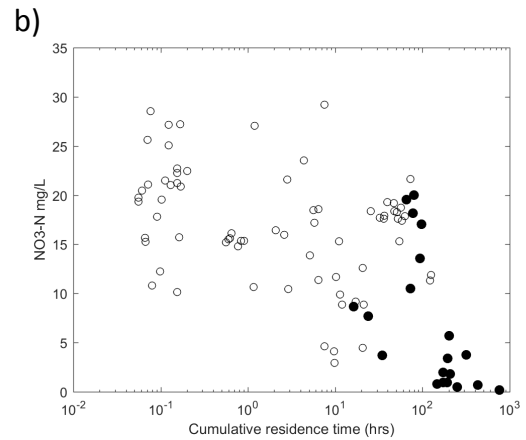
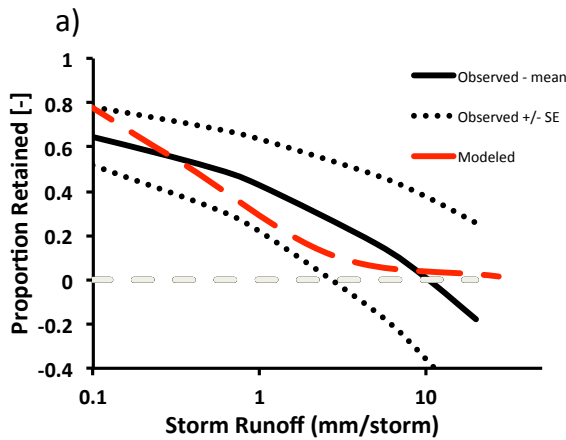
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1370 Figure 6. Empirical estimates of river network scale function as a) proportion of nitrate
1371 removed by river networks for different storm sizes estimated from nested *in situ* sensors
1372 and an end member mixing analysis applied in the Oyster R. Watershed, NH (Wollheim et al.
1373 In Press) compared to model predictions for this watershed assuming $v_f = 35 \text{ m yr}^{-1}$, and b)
1374 change in nitrate concentration with increasing cumulative residence time in the Upper
1375 Mississippi during synoptic surveys conducted during three different years. Closed points
1376 are sites where upstream watershed area contain $> 8\%$ lentic waters.
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